

Main NGCI MENU

The meals on this menu are made with ingredients which do not intentionally contain gluten. However, we handle gluten-containing ingredients in our kitchens so we cannot guarantee our dishes are 100% gluten free. Please ensure you make your server aware when ordering from this menu.

STARTERS

Loaded Potato Dippers

With cheese & bacon. Served with reduced-fat soured cream (428kcal)

Classic Prawn Cocktail**

Served with non-gluten-containing bloomer bread (368kcal)

Tomato Soup ♡

Served with non-gluten-containing bloomer bread (291kcal)

♡ Vegan option available just ask! (199kcal)

Loaded Nachos ♡

With nacho cheese, red chillies, tomato salsa & reduced-fat soured cream (471kcal)

♣ Add chipotle beef chilli (+125kcal)

♡ Go Vegan, swap cheese for Violife slice (527kcal)



MAINS

8oz' Rump

British & Irish rump steak served with grilled tomato, peas, skin-on chips or mixed salad (653kcal for chips or 418kcal for salad)

8oz' Sirloin

British & Irish sirloin steak served with grilled tomato, peas, skin-on chips or mixed salad (653kcal for chips or 418kcal for salad)

Smothered Chicken

Topped with bacon, cheese & smoky BBQ sauce. Served with skin-on chips, coleslaw & a salad garnish (731kcal)

♣ Upgrade to double-smothered chicken (+312kcal)



Chicken Tikka Curry

Served with white rice (534kcal)

7oz' Gammon Steak

With skin-on chips, peas, grilled tomato (661kcal) & your choice of fried eggs (+216kcal), grilled pineapple rings (+44kcal) or one of each (+130kcal)

Fresh Mixed Salad ♡

A mix of cos lettuce, cherry tomatoes, red peppers, cucumber & sweetcorn (98kcal)

♣ Add a grilled chicken breast (+155kcal)

♣ Add your choice of dressing:

French Dressing ♡ (+66kcal)

Marie Rose Dressing ♡ (+98kcal)

BURGERS

All our burgers are served in a non-gluten-containing brioche bun with skin-on chips & coleslaw, unless otherwise stated. Swap your bun for a fresh mixed salad. (-125kcal)

Big Stack Burger

Two 1/4lb* steak burgers, Cheddar, lettuce, gherkin, red onion & burger sauce (1,231kcal)



Cheese & Bacon Burger

A 1/4lb* steak burger with tomato, lettuce, red onion & burger sauce (957kcal)

Spicy Grilled Chicken Burger

Grilled chicken breast with tomato, lettuce, red onion & spicy mayo (809kcal)

BURGER UPGRADES

♣ + 1/4lb* steak burger (+214kcal)

♣ + streaky bacon x2 (+63kcal)

♣ + cheese slice ♡ (+83kcal)

SIDES

Mixed Side Salad ♡ (42kcal)

Skin-on Chips ♡ (277kcal)

Coleslaw ♡ (154kcal)

Chipotle Beef Chilli Topped Chips

Topped with cheese sauce, chipotle beef chilli & reduced-fat soured cream (401kcal)

Go large (802kcal serves 2; 401kcal per serve)

DESSERTS

Ice Cream Sundae with Cadbury® Dairy Milk Caramel Nibbles ♡

Cadbury® Dairy Milk Caramel Nibbles, chocolate & caramel sauces and a chocolate flake (509kcal)



Mixed Berries Cheesecake ♡ ♡

Baked New York-style cheesecake, topped with mixed berries. Served with vanilla ice cream (613kcal)

Fruit Salad ♡ (106kcal)

Adults need around 2,000kcal a day.

Don't worry, we know there are allergens in our food that we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Menu descriptions may not list every individual ingredient, so please ask for more information. Ingredients can occasionally be substituted or changed at short notice, so please review the allergy information on the website at the time of your visit and ask your server when you arrive. The calories provided are based on the average serving size for the whole dish as detailed on the menu, unless otherwise stated. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information *Approx weight uncooked ♡ Suitable for vegetarians. ♡ Suitable for vegans and vegetarians. Our vegan dishes are made to a vegan recipe, but we cannot guarantee that they are suitable for those with MILK or EGG allergies. **Fish, meat, and poultry dishes may contain bones/shell. Full nutrition information is available on our website. Cadbury® is a registered trademark of Mondelez International used under licence. All subject to availability. All our Kids' dishes meet our children's nutrition criteria. 1 of your 5 a day, 2 of your 5 a day, 1 of 5 a day is a minimum of 40g of fruit or vegetables, or 150ml pure juice. Calorie information on an average serving for each dish is provided to help you make an informed choice. Children between 5-10 years old need around 1,800kcal a day, this will vary by age and some children will need less, and some will need more. Full nutrition information is available on our website. Great Ormond Street Hospital Children's Charity. Registered charity no. 1160024. Price promotions excluded from charity donation.



For every 2-course meal sold, we donate 20p to GOSH



At least 2 of your 5 a day in every meal when served with two sides

Kids' NGCI MENU

2-COURSE MEAL DEAL

Pick a starter and a main
Small Tums
Big Yums

Scrummy STARTERS

Tortilla Chips

Served with cucumber, yoghurt & mint dip & diced tomatoes (163kcal)

♥ Vegan option available, just ask! (150kcal)

Veggie Sticks

Served with a cucumber, yoghurt & mint dip (28kcal)



Small TUMS

2 courses

Grilled Chicken Breast

Served with skin-on chips (236kcal)

Big YUMS

2 courses

Grilled Chicken Breast Burger

Served in a non-gluten-containing burger bun with skin-on chips (412kcal)

Beef Burger

Served in a non-gluten-containing burger bun with skin-on chips (548kcal)

Swap your Skin-on Chips ♥ (158kcal) for Mash ♥ (110kcal) or Mini Jacket Potatoes ♥ (155kcal)

ADD TWO yummy sides

2 Mini Corn On The Cobs ♥ 1 (48kcal)

Peas ♥ 1 (47kcal)

Baked Beans ♥ 1 (41kcal)

Mini Salad ♥ 1 (28kcal)

Perfect PUDDINGS

Add

Berry Blast Sundae

Frozen strawberry yoghurt, mixed berries, a whip of cream & sprinkle (125kcal)

Fruit Salad ♥ 2 (50kcal)

Pip Organic Rainbow Fruity Ice Lolly ♥ (18kcal)

Vanilla Ice Cream

Topped with a crumbled chocolate flake (139kcal)

Pip Organic Berry Ice Lolly ♥ (16kcal)

We care about all our guests, especially our youngest ones. It's why we've designed our kids' menu with the help of our clever nutritionist



The Important Stuff

- 100% responsibly-sourced fish
- 100% chicken breast
- 100% UK and Irish beef
- No genetically-modified ingredients

We promise:

- To provide carefully controlled levels of calories, fat, saturates, sugar & salt †
- To meet the nutritional needs of children †
- To include 2 of their 5-a-day in all our main meals

- To offer yummy vegetarian options
- To never use artificial colours or flavours †
- To offer a range of no-added-sugar drink †

Sunday ROAST NGCI

Served every Sunday 12-6pm

SEE MAIN MENU FOR PRICING

Choose from our 3 succulent meats. Can't decide? Why not have all 3? (1,105kcal)

Beef

Sourced from British & Irish farms (1,175kcal)

Turkey

Succulent & tender (1,031kcal)

Gammon

Roasted until golden (1,108kcal)

All our roasts are served with crispy roast potatoes, stuffing, a selection of vegetables & gravy, unless otherwise stated.

Kids' ROAST NGCI

Choose from our 3 delicious meats:

Beef (585kcal)

Turkey (489kcal)

Gammon (541kcal)

Served with roast potatoes, a selection of vegetables & gravy.

SEE MAIN MENU FOR PRICING