



For every 3-course meal sold, we donate 20p to GOSH

KIDS'



At least 2 of your 5 a day in every meal when served with two sides!

3-COURSE MEAL DEAL 5.99



Pick a starter, main and pudding or enjoy a main course on its own for 4.99



STARTERS

SCRUMMY STARTERS. JUST 99P

Baked Garlic & Parsley Flatbread 
(248kcal)






Tortilla Chips 
Served with a cucumber, yoghurt & mint dip and diced tomatoes (164kcal)
 Vegan option available, just ask (150kcal)


Veggie Sticks  
Served with a cucumber, yoghurt & mint dip (30kcal)

MAINS



GRAB JUST A MAIN FOR 4.99

Swap your Skin-on Chips  (146kcal) for Mash  (110kcal) or Mini Jacket Potato  (155kcal) Just ask!

Oven-Baked Fish Bites**
Breaded pollock fish bites served with skin-on chips (439kcal)


Spaghetti Bolognese 
Beef bolognese sauce cooked with tomato, onions, carrots and spaghetti (288kcal)

Chicken Breast
Served with skin-on chips (223kcal)

10-Veg Tomato Pasta   (235kcal)



Margherita Pizza  (376kcal)

Pork Sausages, Mash & Gravy (344kcal)
Make it veggie, swap to GARDEN GOURMET® Sensational™ sausages  (279kcal)

Steak Burger
With lettuce and tomato in our 50/50 white and wholemeal bun served with skin-on chips (509kcal)



Oven Baked Poppin' Chicken
Breaded chicken bites made with 100% chicken breast, served with skin-on chips (287kcal)

Mac & Cheese  
With butternut squash and broccoli, in a cauliflower-cheese sauce (270kcal)

4oz' Rump Steak
Served with skin-on chips (305kcal)

PICK 2 SIDES

2 Mini Corn On The Cobs   (48kcal) Baked Beans   (41kcal) Peas   (47kcal) Veggie Sticks   (16kcal)

We care about all our guests, especially our youngest ones. It's why we've designed our kids' menu with the help of our clever nutritionist


The Important Stuff

- 100% responsibly-sourced fish
- 100% chicken breast
- 100% UK and Irish beef
- No genetically-modified ingredients

We promise:

- To provide carefully controlled levels of calories, fat, saturates, sugar and salt*
- To meet the nutritional needs of children†
- To include 2 of their 5 a day in all our main meals

- To offer yummy vegetarian options
- To never use artificial colours or flavours*
- To offer a range of no-added sugar drinks*

Puddings this way 

PUDDINGS

PUDS FOR PENNIES. JUST 99P

Strawberry Smash Sundae 🍓

Frozen strawberry yoghurt with meringue, fresh strawberries and a whip of cream (125kcal)

Vanilla Dairy Ice Cream 🍦

With a wafer and sprinkled with chocolate (192kcal)

Strawberry Frozen Yoghurt 🍓

With a wafer (128kcal)

Fruit Salad 🍓🍌🍏

A selection of pineapple, oranges, red apple, green apple and red grapes (50kcal)

Pancakes 🍌🍦

With fresh banana, chocolate sauce and a whip of cream (252kcal)

Chocolate Brownie 🍫

Served with vanilla dairy ice cream (323kcal)



DRINKS

PIP Organic Juice

2.09

These PIPtastic juices are made from only the tastiest organic fruits, providing 1 of your 5 a day and containing absolutely no nasties.

Choose from Cloudy Apple or Strawberry & Blackcurrant (77 kcal / 74 kcal)

Fruit Shoot

1.89

Apple & Blackcurrant or Orange (14 kcal)

No added sugar

Capri-Sun Orange

1.89

No added sugar (10 kcal)

Don't worry, we know there are allergens in our food that we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Menu descriptions may not list every individual ingredient, please ask for more information. Ingredients can occasionally be substituted or changed at short notice so please review the allergy information on the website at the time of your visit and ask your server when you arrive. 🍓 = suitable for vegetarians, 🍌 = suitable for vegans and vegetarians. Our vegan dishes are made to a vegan recipe but we cannot guarantee that they are suitable for those with MILK or EGG allergies. 🍌 = 1 of your 5 a day, 🍏 = 2 of your 5 a day. **May contain small bones. Meat, fish and poultry dishes may contain bones. *Approximate weight uncooked ^All the dishes on the kids menu meet strict nutrition criteria. We have allowed a slightly higher added sugar content for the chocolate brownie dessert, as we know how much kids love these occasional treats. †Based on 5-10-year-olds. 1 of 5 a day = a minimum of 40g of fruit or vegetables, or 150ml pure juice. We've provided you with the calorie information for each dish to help you make an informed choice. Children between 5-10 years old need around 1,800 calories a day. This will vary by age and level of activity, as some children will need less and some will need more. Full nutrition information is available on our website. Calorie information is based on an average serving. Images are for illustrative purposes only. GARDEN GOURMET® Reg. Trademark used in agreement with the Trademark owner. Great Ormond Street Hospital Children's Charity. Registered charity no. 1160024. Price promotions excluded from charity donation.