



Cookhouse & Pub

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menu descriptions do not include all ingredients or allergens, please use the allergy information guide to choose suitable dishes for you to eat and enjoy.

We take great care to prevent cross-contamination when preparing your order in our kitchens. However, due to the layout and operation of our kitchens we do not have specific allergen free zones and it is therefore not possible to fully guarantee separation of allergens. There is significant risk of cross-contamination in our buffet areas. **We cannot guarantee your order is 100% free from any allergenic ingredient.**

Please let a member of our team know if you have an allergy or sensitivities to any ingredient, even if you have dined with us before.

In our kitchens we have two fryers, one for chips and fries only and one for all other deep-fried products (non-chip fryer). Cross-contamination of allergens can occur in the non-chip fryer. If you would like further information on our cooking methods, don't be afraid to ask!

The allergen 'Tree Nuts' refers to the following tree nuts and their by-products: almond, Brazil, cashew, hazelnut, macadamia (Queensland nut), pecan, pistachio and walnut. The column 'Tree Nut source (if present)' will show the specific tree nut.

Our drinks allergy information contains the cocktails and similar drinks only. For soft drinks, spirits, wines, beers etc please consult the packaging or ask a member of staff.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time, so please check with us for up-to-date information.

KEY FOR COOKHOUSE & PUB ALLERGY INFORMATION GUIDE

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
COOKHOUSE & PUB SPRING MENU								
ALL DAY BREAKFAST								
BREAKFAST FLATBREAD	2674	639	34.9	6.9	46.3	2.8	33.5	2.3
CLASSIC BREAKFAST- FRIED EGGS	6312	1508	85.2	26.2	102.5	22.2	76.6	7.8
CLASSIC BREAKFAST- BOILED EGGS	6091	1455	79.9	25.9	102.4	22.1	74.3	8.2
CLASSIC BREAKFAST- POACHED	6073	1450	79.9	25.9	102.4	22.1	74.3	8.2
CLASSIC BREAKFAST-SCRAMBLED	6789	1621	99.3	39.5	103.2	22.9	72.7	8.0
VEGGIE BREAKFAST- FRIED EGGS	5238	1251	61.0	13.5	110.9	24.2	56.5	4.3
VEGGIE BREAKFAST- BOILED EGGS	5017	1198	55.7	13.2	110.8	24.1	54.1	4.7
VEGGIE BREAKFAST- POACHED EGGS	4999	1194	55.7	13.2	110.8	24.1	54.1	4.7
VEGGIE BREAKFAST- SCRAMBLED EGGS	5771	1378	75.5	27.1	113.0	26.2	53.6	4.5
SOUP OF THE DAY								
SOUP OF THE DAY- PEA & MINT	1383	330	9.3	3.7	46.5	6.9	11.6	1.0
SOUP OF THE DAY- CARROT & CORIANDER	1326	317	9.0	4.6	45.6	18.9	9.2	2.1
SOUP OF THE DAY- TOMATO, BLACK PEPPER & THYME	1373	328	11.1	4.9	44.1	17.1	10.1	1.9
SOUP OF THE DAY- CREAM OF MUSHROOM	1388	332	11.1	6.1	45.3	6.9	10.4	2.2
SOUP OF THE DAY- MINISTRONE	1321	316	9.6	3.7	44.4	11.7	9.8	2.2
GRAZERS								
JALAPENO DIPPERS	1421	339	23.3	8.3	25.4	4.1	6.5	0.6
GARLIC FLATBREAD WITH CHEESE	2860	683	29.3	14.8	79.1	1.9	23.4	2.2
GARLIC FLATBREAD	2442	583	21.8	10.0	78.4	1.7	16.0	1.8
GARLIC AND CHILLI PRAWNS	606	145	7.4	3.3	0.8	0.3	20.1	1.6
CALAMARI	2408	575	45.6	3.6	25.6	1.5	15.1	3.5
MUSHROOM & STILTON BAKE	1069	255	22.9	12.5	1.7	0.3	9.7	0.8
JERK CHICKEN AND LIME SKEWERS	779	186	5.6	0.8	4.2	4.3	29.0	1.2
SMOTHERED CHICKEN BITES	1710	408	21.8	4.2	34.4	17.0	17.4	1.9
MOROCCAN STYLE LAMB, HOUMOUS AND MINT	1031	246	18.5	5.6	9.7	2.3	9.8	1.2
HOG ROAST BITES	1099	263	9.3	1.3	23.3	11.1	20.9	0.6
STICKY CHICKEN AND DUCK WINGS	2088	499	23.9	5.8	24.8	13.4	46.1	1.9
FETA, OLIVES AND HOUMOUS	1978	472	36.0	5.9	27.5	3.8	8.2	2.0
FLATBREADS								
PEPPERONI	4365	1042	54.6	22.5	87.2	7.3	47.6	6.7
PEPPERONI WITH SALAD	2380	568	29.7	11.8	47.5	6.7	25.6	3.5
MARGHERITA	2725	651	18.8	11.8	86.4	6.5	31.1	3.1
MARGHERITA WITH SALAD	1559	372	11.8	6.4	47.1	6.3	17.4	1.7
PULLED LAMB AND ROASTED VEGETABLES	4360	1041	50.4	19.4	93.4	9.3	48.6	4.7
PULLED LAMB & ROASTED VEG WITH SALAD	2377	568	27.6	10.2	50.6	7.7	26.1	2.5
CHICKEN AND BACON	2869	685	18.7	5.0	80.3	4.2	45.9	3.5
CHICKEN AND BACON WITH SALAD	1784	426	14.3	3.6	44.2	5.3	27.7	2.0

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
LIGHTER BITES								
BURRITO BOWL SALAD	2244	536	22.1	9.4	63.9	20.8	16.4	2.4
BURRITO BOWL SALAD WITH CHICKEN BREAST	2893	691	24.6	10.0	64.0	21.3	49.1	3.5
BURRITO BOWL SALAD WITH GARLIC KING PRAWN SKEWER	2831	676	29.2	12.6	64.4	20.8	36.4	4.0
CHICKEN AND CHORIZO PARCEL PIE	2281	545	26.6	7.5	42.6	12.0	27.7	1.7
SPICY NOODLES	1822	435	13.1	1.9	64.6	22.0	12.4	2.9
SPICY NOODLES WITH CHICKEN BREAST	2471	590	15.5	2.5	64.7	22.5	45.2	4.0
SPICY NOODLES WITH GARLIC KING PRAWN SKEWER	2409	575	20.2	5.1	65.0	22.1	32.5	4.5
GRILLS								
MIXED GRILL	6033	1441	72.0	19.1	90.3	9.7	103.4	5.7
MIXED GRILL WITH SIRLOIN	6714	1604	80.4	23.1	90.4	9.8	123.9	5.8
SMALL MIXED GRILL	3847	919	39.3	9.6	67.6	7.1	69.0	3.2
SMALL MIXED GRILL WITH SIRLOIN	4592	1097	47.6	14.1	67.6	7.1	95.0	3.6
10OZ RIB EYE STEAK	4603	1099	50.6	16.1	84.0	10.1	72.1	2.3
8OZ SIRLOIN STEAK	3826	914	38.2	10.0	81.8	7.9	55.9	2.3
8OZ RUMP STEAK	3774	901	36.3	8.9	81.8	8.1	59.7	2.6
EXTRAS								
HALF RACK OF RIBS	1592	380	21.4	7.8	15.3	12.4	31.5	1.5
BEER BATTERED PRAWNS	659	157	7.6	0.8	7.0	0.4	15.1	1.1
BLUE CHEESE SAUCE	267	64	5.1	3.5	3.0	0.1	1.2	0.5
PEPPER CORN SAUCE	123	29	0.7	0.4	4.1	2.2	1.5	0.7
BURGERS								
THE ULTIMATE BURGER	8436	2015	127.7	36.2	131.4	25.1	78.2	7.1
THE ULTIMATE BURGER WITHOUT BUN	7486	1788	120.6	33.9	97.6	19.5	72.2	6.2
BEER BATTERED CHICKEN BURGER	6553	1565	77.2	14.5	145.5	16.4	66.5	5.7
BEER BATTERED CHICKEN BURGER WITHOUT BUN	5603	1338	70.1	12.1	111.7	10.8	60.4	4.8
CHEDDAR AND BACON BURGER	5304	1267	63.2	22.7	111.3	15.5	56.7	4.2
CHEDDAR AND BACON BURGER WITHOUT BUN	4355	1040	56.1	20.3	77.5	9.9	50.6	3.3
THE VEGAN BURGER	3919	936	31.7	4.5	115.7	22.6	38.8	4.4
THE VEGAN BURGER WITHOUT BUN	2840	678	24.8	3.5	76.1	16.6	30.7	3.9
EXTRAS								
CHEESE	348	83	7.0	4.3	0.0	0.0	5.1	0.4
BACON	132	31	2.0	0.6	0.1	0.0	3.2	0.5
MUSHROOMS	95	23	2.2	0.2	0.1	0.1	0.5	0.0
EXTRA BURGER								
VEGAN	708	169	7.3	0.9	4.8	4.8	18.5	1.6
4OZ BEEF	894	214	15.3	6.9	0.1	0.1	19.0	0.2
6OZ BEEF	1369	327	23.9	10.5	0.1	0.2	27.3	0.3
BATTERED CHICKEN BURGER	2596	620	35.4	3.0	32.4	0.5	43.3	1.9

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
CLASSICS								
TIKKA BUTTERED CHICKEN	4095	978	30.9	12.1	112.3	24.9	57.7	5.7
SMOTHERED CHICKEN	4552	1087	43.1	13.8	109.1	20.7	61.1	5.4
PULLED BEEF PIE	5298	1265	60.1	27.1	136.1	10.7	37.1	4.6
MAC 'N' THREE CHEESES	4253	1016	45.8	25.4	109.2	14.9	38.7	3.8
CLASSIC LASAGNE	3425	818	35.6	17.3	82.6	19.1	38.6	4.1
ROASTED ROOT VEGETABLE WELLINGTON	4553	1087	62.7	34.3	103.7	7.1	22.4	3.4
SAUSAGES IN A GIANT YORKSHIRE PUDDING	5744	1372	68.4	25.6	122.6	12.2	57.0	5.4
QUORN SAUSAGES IN A GIANT YORKSHIRE PUDDING	4753	1135	39.1	12.4	132.3	13.4	50.7	4.5
8OZ CHARGRILLED GAMMON STEAK WITH FRIED EGGS	3962	946	41.7	9.7	64.8	4.5	73.5	4.7
8OZ CHARGRILLED GAMMON STEAK WITH PINEAPPLE	3379	807	24.7	6.1	86.5	25.6	57.9	4.8
8OZ CHARGRILLED GAMMON STEAK WITH ONE OF EACH	3670	877	33.2	7.9	75.7	15.1	65.7	4.7
FISH								
BAKED COD	1529	365	12.6	2.0	31.0	11.9	30.7	1.0
BREADED SCAMPI WITH PEAS	3666	876	42.3	4.5	97.0	6.8	21.5	2.9
BREADED SCAMPI WITH MUSHY PEAS	3825	914	42.4	4.6	103.5	5.5	23.9	3.8
HAND BATTERED FISH AND CHIPS WITH PEAS	3966	947	48.2	5.1	83.2	6.5	40.4	2.9
HAND BATTERED FISH AND CHIPS WITH MUSHY PEAS	4125	985	48.3	5.1	89.7	5.2	42.7	3.8
GIANT BEER BATTERED HADDOCK AND CHIPS WITH PEAS	4608	1101	58.3	12.6	92.2	7.6	47.4	2.8
GIANT BEER BATTERED HADDOCK AND CHIPS WITH MUSHY PEAS	4767	1139	58.4	12.6	98.7	6.3	49.7	3.7
SIDES								
HALLOUMI FRIES	1860	444	35.2	15.0	5.3	2.7	25.9	2.6
MAC 'N' CHEESE	1431	342	16.5	10.1	33.0	5.5	14.7	1.4
CHIPS	1700	406	15.4	2.4	58.1	0.8	5.7	1.4
SWEET POTATO FRIES	1464	350	15.1	1.1	53.2	22.5	2.4	0.6
GARLIC MUSHROOMS	790	189	14.2	3.6	6.1	0.3	8.4	0.4
GARLIC FLATBREAD WITH CHEESE	2860	683	29.3	14.8	79.1	1.9	23.4	2.2
GARLIC FLATBREAD	2442	583	21.8	10.0	78.4	1.7	16.0	1.8
BEER BATTERED ONION RINGS	1172	280	15.0	1.2	31.3	4.2	3.8	0.7
MIXED SALAD	192	46	2.0	0.2	4.5	3.6	1.8	0.1
SUNDAY ROASTS								
LAMB SHANK	5571	1331	68.8	26.3	119.6	17.1	61.4	3.0
ROAST TOPSIDE BEEF	5131	1226	61.5	22.2	119.4	16.9	51.2	2.7
ROAST TURKEY	4698	1122	48.8	16.0	119.7	17.2	53.5	3.6
ROASTED ROOT VEGETABLE WELLINGTON	6773	1618	86.4	37.9	181.0	18.6	31.9	3.6
EXTRAS	1660	397	16.2	2.7	47.5	4.3	13.0	1.0
SPECIAL ROASTS								
PORK COLLAR	5495	1313	62.6	21.2	119.6	17.5	70.2	2.8
HALF ROAST CHICKEN	5382	1285	59.6	18.5	119.6	17.1	70.7	4.1

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
SEASONAL SPECIALS								
SLOW COOKED PORK	3417	816	38.9	18.4	50.2	13.9	61.4	2.4
LAMB SHANK WITH MASH	3372	805	45.1	23.4	43.6	7.8	52.6	2.6
LAMB SHANK ROGAN JOSH	3935	940	37.6	13.5	90.6	7.5	57.0	3.2
SMOKEHOUSE GRILL	7508	1793	87.3	26.7	116.7	33.5	130.0	6.9
MUSHROOM, SPINACH TRUFFLE TART	4418	1055	65.2	29.5	96.2	5.9	16.1	3.0
LUXURY FISH PIE	2504	598	25.3	14.9	63.7	8.8	22.6	3.3
SPANISH CHICKEN	1648	394	11.8	4.3	31.9	14.7	38.1	1.5
OPEN BEEF WELLINGTON	6397	1528	87.5	35.2	110.1	5.2	69.0	4.5
BAKED HONEY MUSTARD SAL_OM	1792	428	23.4	3.0	12.5	7.3	41.5	1.0
SURF N TURF BURGER	6458	1543	82.9	23.1	120.4	18.0	72.6	4.7
SCALLOPS	1114	266	12.3	5.3	22.3	1.3	16.0	1.1
ROASTED VEG TAÇOS	1079	258	12.1	3.5	30.3	5.7	4.9	1.0
CHICKEN AND HALF RACK OF RIBS	5719	1366	61.8	16.7	102.9	30.6	94.3	5.4
THAI MUSSELS	2368	566	24.3	7.7	70.0	23.5	18.0	4.1
WAGYU BURGER	5071	1211	63.1	19.9	103.6	12.2	53.0	5.1
8OZ FILLET	4216	1007	45.6	14.0	85.3	8.5	58.3	2.6
TANDOORI MIXED GRILL WITH RICE	5922	1414	69.3	19.6	110.4	25.4	84.7	9.2
TANDOORI MIXED GRILL WITH CHIPS	6755	1613	84.1	21.9	122.5	26.1	86.1	9.8
VEGGIE TANDOORI BURGER	5548	1325	61.7	9.5	138.0	26.9	43.7	5.6
CHERRY CROWNIE	2803	670	28.9	13.7	90.7	60.3	8.1	0.4
SIPSMITH SLOW GIN & TONIC TRIFLE	1908	456	26.1	14.7	44.8	29.7	6.9	0.4
DESSERTS								
HALF BAKED COOKIE DOUGH	2058	492	20.2	10.9	68.9	46.9	6.1	0.8
TRIPLE CHOCOLATE BROWNIE	2938	702	31.6	17.9	93.1	75.6	7.8	0.4
LUXURY STICKY TOFFEE PUDDING	3434	820	40.3	18.6	102.0	74.0	10.5	0.6
BAKED VANILLA CHEESECAKE	2640	631	28.4	18.3	84.1	56.2	7.3	0.4
THATCHERS GOLD CIDER APPLE CRUMBLE	2723	650	17.3	7.8	107.8	67.7	11.4	1.0
INDULGENT CHOCOLATE CAKE	3072	734	30.1	7.3	104.9	79.6	8.0	0.5
SALTED CARAMEL, BROWNIE AND POPCORN SUNDAE	2822	674	31.8	18.9	83.2	72.7	8.8	0.6
STRAWBERRY FROZEN YOGHURT	717	171	1.4	0.7	33.5	29.3	5.6	0.2
CREAM TEA								
FRUIT SCONE WITH CLOTTED CREAM AND JAM								
FRUIT SCONE	1239	296	10.9	6.4	43.3	18.0	5.4	1.0
RODDA'S CORNISH CLOTTED CREAM	687	164	17.8	11.1	0.6	0.6	0.4	0.0
ICING SUGAR	2	0	0.0	0.0	0.1	0.1	0.0	0.0
ASSORTED JAM PORTIONS- APRICOT	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- BLACKCURRANT	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- RASPBERRY	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- STRAWBERRY	PLEASE REFER TO PACKET FOR INFORMATION							
MINI CHOCOLATE BROWNIE	1222	292	14.4	8.1	36.6	30.2	2.9	0.2
MINI APPLE CRUMBLE	819	196	4.4	1.9	35.2	23.6	2.8	0.4
FRESHLY BAKED COOKIE	782	187	8.6	4.5	24.7	15.2	2.0	0.4
SMARTIES WITH BILL	97	23	0.9	0.5	3.4	3.2	0.2	0.0

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KIDS MENU								
VEGGIE STICKS	73	17	0.2	0.0	3.1	2.9	0.4	0.0
STARTERS								
GARLIC BREAD WITH CUCUMBER STICKS	467	112	4.6	1.4	14.5	0.8	2.5	0.3
CHICKEN MEATBALLS WITH BBQ SAUCE & CUCUMBER STICKS	743	177	5.8	1.7	15.2	7.9	15.3	0.4
MAIN COURSE								
CHICKEN CURRY	1859	444	9.9	4.7	65.4	16.7	20.5	0.5
MARGHERITA FLATBREAD	1626	388	12.1	7.2	48.8	7.9	19.1	1.8
BEEF BURGER	3114	744	31.2	9.9	80.4	9.2	30.7	1.5
CHICKEN BURGER	1910	456	7.5	1.6	64.9	8.9	28.0	1.4
POPPIN' CHICKEN	2175	519	20.5	3.2	61.5	4.5	18.6	1.9
SPAGHETTI BOLGNESE	1347	322	8.4	2.9	44.9	9.6	12.7	0.9
SAUSAGE AND MASH	1683	402	20.8	8.0	31.4	6.7	19.3	1.8
VEGGIE SAUSAGE AND MASH	1481	354	11.8	3.5	37.4	5.3	18.7	2.1
COD CUBES	2465	589	22.1	2.7	75.3	4.8	17.9	2.1
TOMATO PASTA AND CHICKEN MEATBALLS	2200	525	16.9	4.9	61.9	10.2	28.2	1.0
TOMATO PASTA	1503	359	10.0	2.9	54.6	10.1	10.2	0.8
HOTDOG	2667	637	25.5	7.2	78.7	9.7	18.9	1.9
SWAP YOUR SIDES								
CHIPS	1283	307	11.6	1.8	43.9	0.6	4.3	1.1
SWEET POTATO FRIES	837	200	8.6	0.6	30.4	12.9	1.4	0.4
MINI JACKET POTATOES	648	155	0.3	0.2	32.6	3.7	4.1	0.1
MASHED POTATO	550	131	4.5	2.8	19.0	0.6	2.5	0.6
BROWN RICE	804	192	1.2	0.4	39.6	0.1	4.6	0.1
PEAS	197	47	0.4	0.1	6.3	3.3	3.1	0.0
BAKED BEANS	213	51	0.8	0.1	7.2	3.8	2.5	0.4
MINI CORN ON THE COB	330	79	1.8	0.3	12.4	7.8	2.4	0.0
VEGGIE STICKS	109	26	0.2	0.1	4.7	4.4	0.6	0.0
SIDE SALAD	98	23	0.1	0.3	3.5	1.6	1.6	0.0
GARLIC BREAD	456	109	4.6	1.4	14.2	0.5	2.4	0.3
SUNDAY ROAST								
ROAST BEEF	2872	686	29.2	7.7	73.1	10.4	33.7	1.4
ROAST TURKEY	2583	617	20.7	3.6	73.3	10.6	35.2	1.9
DESSERTS								
FRUIT SALAD	205	49	0.1	0.0	10.3	10.3	0.6	0.0
FUNNY FACE SUNDAE	848	202	5.7	3.5	30.8	24.8	4.4	0.1
PANCAKES	908	217	3.3	0.5	42.5	23.0	3.9	0.3
VANILLA ICE CREAM WITH WAFER AND CHOCOLATE SAUCE	829	198	5.5	3.4	30.0	21.9	4.4	0.1
VANILLA ICE CREAM WITH WAFER AND RASPBERRY SAUCE	826	197	5.4	3.3	30.3	22.5	4.3	0.1
VANILLA ICE CREAM WITH WAFER AND CARAMEL SAUCE	832	199	5.8	3.6	29.7	23.2	4.5	0.2
MINI DONUTS	845	202	6.5	3.0	33.0	20.1	2.2	0.2
STRAWBERRY FROZEN YOGHURT	593	142	1.2	0.6	28.3	20.4	4.2	0.1

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
DAYTIME VALUE MENU								
STARTERS								
GARLIC AND HERB BREADED MUSHROOMS	1268	303	14.3	1.1	37.9	8.3	5.4	1.0
POTATO DIPPERS	2076	496	29.4	12.4	34.9	2.6	23.1	1.7
CHICKEN GOUJONS	1700	406	20.0	2.4	33.8	8.6	22.3	1.8
PRAWN COCKTAIL	1732	414	18.0	4.1	40.1	13.4	21.1	2.3
CHICKEN LIVER PORK PATE	2174	519	22.2	9.2	60.8	20.6	16.0	2.0
SOUP OF THE DAY- PEA & MINT	1383	330	9.3	3.7	46.5	6.9	11.6	1.0
SOUP OF THE DAY- CARROT & CORIANDER	1326	317	9.0	4.6	45.6	18.9	9.2	2.1
SOUP OF THE DAY- TOMATO, BLACK PEPPER & THYME	1373	328	11.1	4.9	44.1	17.1	10.1	1.9
SOUP OF THE DAY- CREAM OF MUSHROOM	1388	332	11.1	6.1	45.3	6.9	10.4	2.2
SOUP OF THE DAY- MINISTRONE	1321	316	9.6	3.7	44.4	11.7	9.8	2.2
MAINS								
HAND BATTERED FISH AND CHIPS WITH PEAS	2306	551	25.2	3.2	67.4	6.0	9.2	1.9
HAND BATTERED FISH AND CHIPS WITH MUSHY PEAS	2465	589	25.3	3.2	73.9	4.7	11.5	2.8
GIANT BEER BATTERED HADDOCK AND CHIPS WITH PEAS	4608	1101	58.3	12.6	92.2	7.6	47.4	2.8
GIANT BEER BATTERED HADDOCK AND CHIPS WITH MUSHY PEAS	4767	1139	58.4	12.6	98.7	6.3	49.7	3.7
BREADED SCAMPI WITH PEAS	2306	551	25.2	3.2	67.4	6.0	9.2	1.9
BREADED SCAMPI WITH MUSHY PEAS	2465	589	25.3	3.2	73.9	4.7	11.5	2.8
SMOKEY PAPRIKA CHICKEN BREAST FILLET	3262	779	26.1	5.1	80.7	12.4	49.9	3.5
CLASSIC 6OZ CHEESEBURGER	5041	1204	59.2	21.4	111.0	15.4	50.2	3.3
GRILLED GAMMON STEAK WITH FRIED EGGS	3962	946	41.7	9.7	64.8	4.5	73.5	4.7
GRILLED GAMMON STEAK WITH PINEAPPLE	3379	807	24.7	6.1	86.5	25.6	57.9	4.8
TIKKA BUTTERED CHICKEN	4095	978	30.9	12.1	112.3	24.9	57.7	5.7
SWEET POTATO & FETA LASAGNE	2943	703	38.0	17.1	60.8	16.4	26.4	3.0
SAUSAGE, EGG AND CHIPS	3611	862	44.8	11.8	79.3	9.0	29.5	3.5
THREE CHEESE QUICHE	2382	569	36.2	17.9	41.5	9.7	20.3	1.2
GRILLED CHICKEN & BACON SALAD	1408	336	12.4	2.6	12.7	11.2	41.8	2.5
CLASSIC LASAGNE	2813	672	30.1	14.9	62.9	18.7	34.6	3.6
DESSERTS								
CARAMEL APPLE BETTY	2077	496	18.5	9.8	75.0	36.9	6.4	0.5
LUXURY STICKY TOFFEE PUDDING	3434	820	40.3	18.6	102.0	74.0	10.5	0.6
BAKED VANILLA CHEESECAKE	2640	631	28.4	18.3	84.1	56.2	7.3	0.4
INDULGENT CHOCOLATE CAKE	3072	734	30.1	7.3	104.9	79.6	8.0	0.5
MINI TRIPLE CHOCOLATE BROWNIE	1222	292	14.4	8.1	36.6	30.2	2.9	0.2
MINI THATCHERS APPLE CIDER CRUMBLE	819	196	4.4	1.9	35.2	23.6	2.8	0.4
VANILLA ICE CREAM WITH RASPBERRY SAUCE	868	207	5.1	3.3	34.4	28.3	3.4	0.1
VANILLA ICE CREAM WITH CHOCOLATE SAUCE	874	209	5.3	3.4	33.6	26.5	3.9	0.1
VANILLA ICE CREAM WITH CARAMEL SAUCE	884	211	6.1	3.9	32.5	30.3	4.3	0.2

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
CARVERY MENU								
ROAST TURKEY (PER 100G)	506	121	1.8	0.4	4.2	0.0	72.9	2.5
ROAST BEEF (PER SLICE)	419	100	6.6	2.8	0.0	0.0	10.2	0.1
ROAST GAMMON (PER 100G)	678	162	10.4	4.0	0.2	0.2	16.8	2.8
VEG TART (AS SERVED)	3049	728	46.2	24.1	66.1	1.8	11.5	2.0
YORKSHIRE PUDDING (PER YORKSHIRE)	505	121	3.5	0.4	15.4	0.9	6.4	0.3
STUFFING (PER 100G)	903	216	16.9	2.1	13.6	0.6	1.9	0.9
ROAST POTATO (PER 100G)	749	179	6.5	0.4	27.4	2.3	1.5	0.1
ROOT VEG MASH (Per 100g)	291	69	4.5	2.7	12.0	3.5	1.4	0.6
MASH POTATO (PER 100G)	3112	743	81.6	52.4	1.6	0.8	0.7	1.9
CAUL CHEESE (PER 100G)	522	125	8.8	5.1	4.9	1.9	5.8	0.7
RED CABBAGE (PER 100G)	385	92	0.4	0.1	21.0	16.8	0.6	0.6
SAVOY CABBAGE (PER 100G)	447	107	8.3	5.2	4.2	4.2	2.5	0.7
PEAS (PER 100G)	506	121	4.8	2.7	11.2	5.9	5.5	0.1
GRAVY (PER 100G)	164	39	2.0	0.2	4.5	0.1	0.3	0.8
SAUCES (PER 28G)								
CRANBERRY SAUCE	210	50	0.0	0.0	12.3	12.2	0.1	0.1
ENGLISH MUSTARD	206	49	2.9	0.4	4.2	3.3	1.7	2.5
HORSERADISH SAUCE	217	52	3.7	0.5	3.6	3.4	1.0	1.4
APPLE SAUCE	113	27	0.0	0.0	6.3	5.3	0.1	0.0

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BUFFET MENU								
GARLIC BREADED MUSHROOMS PER PIECE	112	27	1.4	0.1	2.9	0.1	0.5	0.1
ONION RINGS PER PIECE	167	40	2.2	0.2	4.3	0.5	0.5	0.1
POPPIN CHICKEN PER PIECE	85	20	1.0	0.2	1.3	0.0	1.5	0.1
CHICKEN GOUJONS PER PIECE	354	85	4.6	0.5	5.7	0.2	5.1	0.3
POTATO DIPPERS PER 100G	808	193	11.0	4.6	15.2	0.6	8.0	0.4
CHIPS PER 100G	850	203	7.7	1.2	29.1	0.4	2.8	0.7
TORTILLA CHIPS PER 30G	600	143	6.3	0.8	18.9	0.5	1.9	0.2
VEG BATONS PER PIECE								
CUCUMBER	4	1	0.0	0.0	0.1	0.1	0.1	0.0
PEPPER RED	15	4	0.0	0.0	0.6	0.6	0.1	0.0
CARROTS MEDIUM	18	4	0.0	0.0	0.8	0.7	0.1	0.0
TEMPURA PRAWNS PER PIECE	211	50	3.1	0.3	4.2	0.0	1.4	0.2
GARLIC BREAD PER PIECE	456	109	4.6	1.4	14.2	0.5	2.4	0.3
CHEESY GARLIC BREAD PER PIECE	595	142	7.1	3.0	14.3	0.6	4.8	0.4
MIXED SALAD PER 100G	157	38	1.7	0.2	4.0	3.0	0.9	0.2
SAUSAGE ROLLS PER PIECE	469	112	7.7	3.5	8.6	0.3	2.2	0.4
QUICHE PER PIECE	414	99	7.5	3.7	4.2	0.6	4.1	0.2
SANDWICHES PER QUARTER								
HAM & MUSTARD	738	176	6.1	2.7	15.4	2.5	14.0	1.7
CHEESE & TOMATO	607	145	6.3	3.5	15.5	2.6	6.0	0.5
PRAWNS & DRESSING	628	150	5.9	1.8	17.0	3.9	6.5	0.7
EGG MAYO	570	136	5.6	2.1	15.1	2.0	5.4	0.5
CHICKEN & BACON MAYO	733	175	6.7	2.0	15.6	2.3	12.3	0.9
DIPS 10G EACH								
BBQ SAUCE	50	12	0.0	0.0	2.9	2.5	0.1	0.1
REDUCED FAT SOUR CREAM	56	13	1.0	0.7	0.5	0.5	0.6	0.0
THAI SWEET CHILLI DIPPING SAUCE	82	20	0.0	0.0	4.8	4.2	0.1	0.3
GUACAMOLE	63	15	1.3	0.3	0.6	0.1	0.1	0.0
TZATZIKI	18	4	0.0	0.0	0.5	0.5	0.5	0.0
BROWNIE PER PIECE	611	146	7.2	4.0	18.3	15.1	1.4	0.1
PROFITEROLES PER PIECE	207	50	4.1	2.3	2.3	1.0	0.8	0.0
DIP 10G EACH								
CHOCOLATE SAUCE	107	26	0.1	0.1	6.0	3.9	0.2	0.0

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
COOKHOUSE & PUB SPRING MENU																				
ALL DAY BREAKFAST																				
BREAKFAST FLATBREAD																				
SOURDOUGH SHEET	YES	YES	Y	Y																
SEMOLINA	YES	YES	Y																	
CHERRY TOMATOES	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO					Y													
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
KIDS SAUSAGE	NO	NO	Y																	
SMOKED DRY CURED STREAKY BACON	NO	NO																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
EXTRA VIRGIN OLIVE OIL	YES	YES																		
BREAKFAST FLATBREAD																				
	NO	NO	Y	Y			Y													
CLASSIC BREAKFAST- FRIED EGGS																				
HASH BROWNS	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO					Y													
SALTED BUTTER BLOCK	YES	NO						Y												
BACK BACON	NO	NO																		
BAKED BEANS	YES	YES																		
SMITHFIELD SAUSAGE	NO	NO	Y				Y					Y								
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
CLASSIC BREAKFAST- FRIED EGGS																				
	NO	NO	Y		Y		Y	Y				Y								
CLASSIC BREAKFAST- BOILED EGGS																				
HASH BROWNS	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO					Y													
SALTED BUTTER BLOCK	YES	NO						Y												
BACK BACON	NO	NO																		
BAKED BEANS	YES	YES																		
SMITHFIELD SAUSAGE	NO	NO	Y				Y					Y								
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
CLASSIC BREAKFAST- BOILED EGGS																				
	NO	NO	Y		Y		Y	Y				Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
			Wheat Products	Rye Products	Barley Products	Oat Products															
CLASSIC BREAKFAST- POACHED																					
HASH BROWNS	YES	YES																			
CAGE FREE MED BARN EGGS	YES	NO					Y														
SALTED BUTTER BLOCK	YES	NO						Y													
BACK BACON	NO	NO																			
BAKED BEANS	YES	YES																			
SMITHFIELD SAUSAGE	NO	NO	Y					Y				Y									
RAPSEED OIL	YES	YES																			
RAPSEED OIL	YES	YES																			
WHITE BLOOMER BREAD	YES	YES	Y																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y																
TOMATO M	YES	YES																			
MUSHROOM FLAT	YES	YES																			
CLASSIC BREAKFAST- POACHED																					
HASH BROWNS	NO	NO	Y		Y			Y	Y			Y									
CLASSIC BREAKFAST-SCRAMBLED																					
HASH BROWNS	YES	YES																			
CAGE FREE MED BARN EGGS	YES	NO						Y													
SEMI SKIMMED MILK	YES	NO							Y												
SALTED BUTTER BLOCK	YES	NO							Y												
SALTED BUTTER BLOCK	YES	NO							Y												
BACK BACON	NO	NO																			
BAKED BEANS	YES	YES																			
SMITHFIELD SAUSAGE	NO	NO	Y					Y				Y									
RAPSEED OIL	YES	YES																			
RAPSEED OIL	YES	YES																			
WHITE BLOOMER BREAD	YES	YES	Y																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y																
TOMATO M	YES	YES																			
MUSHROOM FLAT	YES	YES																			
CLASSIC BREAKFAST-SCRAMBLED																					
HASH BROWNS	NO	NO	Y		Y			Y	Y			Y									
VEGGIE BREAKFAST- FRIED EGGS																					
HASH BROWNS	YES	YES																			
CAGE FREE MED BARN EGGS	YES	NO						Y													
SALTED BUTTER BLOCK	YES	NO							Y												
BAKED BEANS	YES	YES																			
RAPSEED OIL	YES	YES																			
RAPSEED OIL	YES	YES																			
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y												
WHITE BLOOMER BREAD	YES	YES	Y																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y																
TOMATO M	YES	YES																			
MUSHROOM FLAT	YES	YES																			
VEGGIE BREAKFAST- FRIED EGGS																					
HASH BROWNS	YES	NO	Y		Y			Y	Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
VEGGIE BREAKFAST- BOILED EGGS																				
HASH BROWNS	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO					Y													
SALTED BUTTER BLOCK	YES	NO						Y												
BAKED BEANS	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
QUORN CUMBERLAND SAUSAGE	YES	NO	Y				Y	Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
VEGGIE BREAKFAST- BOILED EGGS																				
HASH BROWNS	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO					Y													
SALTED BUTTER BLOCK	YES	NO						Y												
BAKED BEANS	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
QUORN CUMBERLAND SAUSAGE	YES	NO	Y				Y	Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
VEGGIE BREAKFAST- POACHED EGGS																				
HASH BROWNS	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO					Y													
SALTED BUTTER BLOCK	YES	NO						Y												
BAKED BEANS	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
QUORN CUMBERLAND SAUSAGE	YES	NO	Y				Y	Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
VEGGIE BREAKFAST- POACHED EGGS																				
HASH BROWNS	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO					Y													
SEMI SKIMMED MILK	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
BAKED BEANS	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
QUORN CUMBERLAND SAUSAGE	YES	NO	Y				Y	Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
VEGGIE BREAKFAST- SCRAMBLED EGGS																				
HASH BROWNS	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO					Y													
SEMI SKIMMED MILK	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
BAKED BEANS	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
QUORN CUMBERLAND SAUSAGE	YES	NO	Y				Y	Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
VEGGIE BREAKFAST- SCRAMBLED EGGS																				
HASH BROWNS	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO					Y													
SEMI SKIMMED MILK	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
BAKED BEANS	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
QUORN CUMBERLAND SAUSAGE	YES	NO	Y				Y	Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
VEGGIE BREAKFAST- SCRAMBLED EGGS																				
HASH BROWNS	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO					Y													
SEMI SKIMMED MILK	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
BAKED BEANS	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
QUORN CUMBERLAND SAUSAGE	YES	NO	Y				Y	Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOMATO M	YES	YES																		
MUSHROOM FLAT	YES	YES																		
VEGGIE BREAKFAST- SCRAMBLED EGGS																				
HASH BROWNS	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO					Y													
SEMI SKIMMED MILK	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
BAKED BEANS	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
QUORN CUMBERLAND SAUSAGE	YES	NO	Y				Y	Y												
WHITE BLOOMER BREAD	YES																			

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SOUP OF THE DAY- CARROT & CORIANDER																				
SALTED BUTTER BLOCK	YES	NO						Y												
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
CARROT & CORIANDER SOUP	YES	NO						Y												
SOUP OF THE DAY- CARROT & CORIANDER																				
SALTED BUTTER BLOCK	YES	NO						Y												
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOMATO, BLACK PEPPER & THYME SOUP	YES	NO						Y												
SOUP OF THE DAY- TOMATO, BLACK PEPPER & THYME																				
SALTED BUTTER BLOCK	YES	NO						Y												
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOMATO, BLACK PEPPER & THYME SOUP	YES	NO						Y												
SOUP OF THE DAY- TOMATO, BLACK PEPPER & THYME																				
SOUP OF THE DAY- CREAM OF MUSHROOM																				
SALTED BUTTER BLOCK	YES	NO						Y												
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
CREAM OF MUSHROOM SOUP	YES	NO	Y					Y												
SOUP OF THE DAY- CREAM OF MUSHROOM																				
SOUP OF THE DAY- MINISTRONE																				
SALTED BUTTER BLOCK	YES	NO						Y												
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
MINISTRONE SOUP	YES	YES	Y											Y						
SOUP OF THE DAY- MINISTRONE																				
GRAZERS																				
JALAPENO DIPPERS																				
JALAPENO POPPERS	YES	NO	Y				Y	Y												
REDUCED FAT SOUR CREAM	YES	NO						Y												
RAPESEED OIL	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
JALAPENO DIPPERS																				
GARLIC FLATBREAD WITH CHEESE																				
SOURDOUGH SHEET	YES	YES	Y	Y																
SEMOLINA	YES	YES	Y																	
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
GARLIC FLATBREAD WITH CHEESE																				
GARLIC FLATBREAD																				
SOURDOUGH SHEET	YES	YES	Y	Y																
SEMOLINA	YES	YES	Y																	
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
FRESH HERBS FLAT PARSLEY	YES	YES																		
GARLIC FLATBREAD																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GARLIC AND CHILLI PRAWNS																				
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
EASY PEEL KING PRAWNS	NO	NO								Y										
TOMATO M	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
CHILLIES RED	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
EXTRA VIRGIN OLIVE OIL	YES	YES																		
LEMON CASE	YES	NO																		
LIMES	YES	NO																		
GARLIC AND CHILLI PRAWNS																				
	NO	NO						Y		Y										
CALAMARI																				
CALAMARI	NO	NO	Y								Y									
GARLIC MAYONNAISE	YES	NO						Y												
FRESH HERBS FLAT PARSLEY	YES	YES																		
LEMON CASE	YES	NO																		
CALAMARI																				
	NO	NO	Y					Y			Y									
MUSHROOM & STILTON BAKE																				
STILTON	YES	NO						Y												
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
MUSHROOM CUP	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
FRESH HERBS ROSEMARY	YES	YES																		
MUSHROOM & STILTON BAKE																				
	YES	NO						Y												
JERK CHICKEN AND LIME SKEWERS																				
RAW CHICKEN INNER FILLET	NO	NO																		
RAPESEED OIL	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
JERK SAUCE	YES	YES																		
LIMES	YES	NO																		
JERK CHICKEN AND LIME SKEWERS																				
	NO	NO																		
SMOTHERED CHICKEN BITES																				
HUNTERS CHICKEN BITES	NO	NO	Y					Y			Y			Y	Y					
RAPESEED OIL	YES	YES																		
AGED CHEESE SAUCE	YES	NO					Y	Y												
FRESH HERBS FLAT PARSLEY	YES	YES																		
SMOTHERED CHICKEN BITES																				
	NO	NO	Y				Y	Y			Y			Y	Y					
MOROCCAN STYLE LAMB, HOUMOUS AND MINT																				
POMEGRANATE SEEDS	YES	YES																		
HOUMOUS	YES	YES					Y													
LAMB KOFTA	NO	NO	Y									Y								
FRESH HERBS MINT	YES	YES																		
MOROCCAN STYLE LAMB, HOUMOUS AND MINT																				
	NO	NO	Y				Y					Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
HOG ROAST BITES																				
RAPESEED OIL	YES	YES																		
APPLE SAUCE	YES	YES										Y								
PEASHOOTS	YES	YES																		
HOG ROAST BITES	NO	NO	Y									Y								
HOG ROAST BITES																				
HOG ROAST BITES	NO	NO	Y									Y								
STICKY CHICKEN AND DUCK WINGS																				
SESAME SEEDS	YES	YES											Y							
CHILLIES RED	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
KOREAN SPICY BBQ SAUCE	YES	YES	Y				Y													
DUCK WINGS	NO	NO					Y													
TULIP CHICKEN WINGS	NO	NO																		
STICKY CHICKEN AND DUCK WINGS																				
STICKY CHICKEN AND DUCK WINGS	NO	NO	Y				Y						Y							
FETA, OLIVES AND HOUMOUS																				
SOURDOUGH SHEET	YES	YES	Y	Y																
SEMOLINA	YES	YES	Y																	
HOUMOUS	YES	YES					Y													
BALSAMIC GLAZE	YES	YES										Y								
MIXED OLIVES & FETA	YES	NO							Y											
EXTRA VIRGIN OLIVE OIL	YES	YES																		
FETA, OLIVES AND HOUMOUS																				
FETA, OLIVES AND HOUMOUS	YES	NO	Y	Y			Y		Y			Y								
FLATBREADS																				
PEPPERONI																				
SOURDOUGH SHEET	YES	YES	Y	Y																
SEMOLINA	YES	YES	Y																	
SLICED PEPPERONI	NO	NO																		
TOMATO PIZZA TOPPING	YES	YES	Y																	
ROCKET LEAF	YES	YES																		
FRESH MOZZARELLA BALL	YES	NO							Y											
PEPPERONI																				
PEPPERONI	NO	NO	Y	Y					Y											
PEPPERONI WITH SALAD																				
SOURDOUGH SHEET	YES	YES	Y	Y																
SEMOLINA	YES	YES	Y																	
SALAD LEAF MIX	YES	YES																		
SLICED PEPPERONI	NO	NO																		
TOMATO PIZZA TOPPING	YES	YES	Y																	
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
ROCKET LEAF	YES	YES																		
FRESH MOZZARELLA BALL	YES	NO							Y											
PEPPERONI WITH SALAD																				
PEPPERONI WITH SALAD	NO	NO	Y	Y					Y			Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MARGHERITA																				
SOURDOUGH SHEET	YES	YES	Y	Y																
SEMOLINA	YES	YES	Y																	
TOMATO PIZZA TOPPING	YES	YES	Y																	
FRESH HERBS BASIL	YES	YES																		
FRESH MOZZARELLA BALL	YES	NO						Y												
MARGHERITA																				
SOURDOUGH SHEET	YES	YES	Y	Y																
SEMOLINA	YES	YES	Y																	
SALAD LEAF MIX	YES	YES																		
TOMATO PIZZA TOPPING	YES	YES	Y																	
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
FRESH MOZZARELLA BALL	YES	NO						Y												
MARGHERITA WITH SALAD																				
SOURDOUGH SHEET	YES	NO	Y	Y				Y				Y			Y					
SEMOLINA	YES	NO	Y	Y				Y				Y			Y					
HOUMOUS	YES	YES					Y													
LAMB PULLED SPICED AFRICAN	NO	NO																		
SCOTCH BONNET SAUCE	YES	YES																		
TOMATO PIZZA TOPPING	YES	YES	Y																	
FRESH HERBS CORIANDER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
FRESH MOZZARELLA BALL	YES	NO						Y												
GREEK STYLE YOGHURT	YES	NO						Y												
COURGETTES 1X1KG	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
EXTRA VIRGIN OLIVE OIL	YES	YES																		
TABLE SALT	YES	YES																		
PULLED LAMB AND ROASTED VEGETABLES																				
SOURDOUGH SHEET	YES	YES	Y	Y																
SEMOLINA	YES	YES	Y																	
HOUMOUS	YES	YES					Y													
LAMB PULLED SPICED AFRICAN	NO	NO																		
SCOTCH BONNET SAUCE	YES	YES																		
TOMATO PIZZA TOPPING	YES	YES	Y																	
FRESH HERBS CORIANDER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
FRESH MOZZARELLA BALL	YES	NO						Y												
GREEK STYLE YOGHURT	YES	NO						Y												
COURGETTES 1X1KG	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
EXTRA VIRGIN OLIVE OIL	YES	YES																		
TABLE SALT	YES	YES																		
PULLED LAMB AND ROASTED VEGETABLES																				
SOURDOUGH SHEET	NO	NO	Y	Y			Y		Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
PULLED LAMB & ROASTED VEG WITH SALAD																				
SOURDOUGH SHEET	YES	YES	Y	Y																
SEMOLINA	YES	YES	Y																	
COURGETTES 1X1KG	YES	YES																		
HOUMOUS	YES	YES					Y													
LAMB PULLED SPICED AFRICAN	NO	NO																		
SCOTCH BONNET SAUCE	YES	YES																		
SALAD LEAF MIX	YES	YES																		
TOMATO PIZZA TOPPING	YES	YES	Y																	
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
FRESH MOZZARELLA BALL	YES	NO						Y												
EXTRA VIRGIN OLIVE OIL	YES	YES																		
GREEK STYLE YOGHURT	YES	NO						Y												
TABLE SALT	YES	YES																		
PULLED LAMB & ROASTED VEG WITH SALAD																				
	NO	NO	Y	Y			Y	Y				Y			Y					
CHICKEN AND BACON																				
SOURDOUGH SHEET	YES	YES	Y	Y																
SEMOLINA	YES	YES	Y																	
CAGE FREE MED BARN EGGS	YES	NO					Y													
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO					Y								Y					
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
CHICKEN AND BACON																				
	NO	NO	Y	Y			Y								Y					
CHICKEN AND BACON WITH SALAD																				
SOURDOUGH SHEET	YES	YES	Y	Y																
SEMOLINA	YES	YES	Y																	
CAGE FREE MED BARN EGGS	YES	NO					Y													
SALAD LEAF MIX	YES	YES																		
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO					Y								Y					
FRENCH DRESSING	YES	YES										Y			Y					
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
CHICKEN AND BACON WITH SALAD																				
	NO	NO	Y	Y			Y					Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
LIGHTER BITES																				
BURRITO BOWL SALAD																				
SALAD LEAF MIX	YES	YES																		
REDUCED FAT SOUR CREAM	YES	NO						Y												
RAPESEED OIL	YES	YES																		
FRENCH DRESSING	YES	YES										Y				Y				
8 INCH TORTILLA	YES	YES	Y																	
TOMATO M	YES	YES																		
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
BURRITO MIX	YES	YES													Y					
LIMES	YES	NO																		
BURRITO BOWL SALAD																				
SALAD LEAF MIX	YES	YES																		
REDUCED FAT SOUR CREAM	YES	NO						Y												
RAPESEED OIL	YES	YES																		
FRENCH DRESSING	YES	YES										Y				Y				
8 INCH TORTILLA	YES	YES	Y																	
TOMATO M	YES	YES																		
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
BURRITO MIX	YES	YES													Y					
LIMES	YES	NO																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
BURRITO BOWL SALAD WITH CHICKEN BREAST																				
SALAD LEAF MIX	YES	YES																		
REDUCED FAT SOUR CREAM	YES	NO						Y												
RAPESEED OIL	YES	YES																		
FRENCH DRESSING	YES	YES										Y				Y				
8 INCH TORTILLA	YES	YES	Y																	
TOMATO M	YES	YES																		
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
BURRITO MIX	YES	YES													Y					
LIMES	YES	NO																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
BURRITO BOWL SALAD WITH CHICKEN BREAST																				
SALAD LEAF MIX	YES	YES																		
REDUCED FAT SOUR CREAM	YES	NO						Y												
RAPESEED OIL	YES	YES																		
FRENCH DRESSING	YES	YES										Y				Y				
8 INCH TORTILLA	YES	YES	Y																	
TOMATO M	YES	YES																		
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
BURRITO MIX	YES	YES													Y					
LIMES	YES	NO																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
BURRITO BOWL SALAD WITH CHICKEN BREAST																				
SALAD LEAF MIX	YES	YES																		
REDUCED FAT SOUR CREAM	YES	NO						Y												
RAPESEED OIL	YES	YES																		
FRENCH DRESSING	YES	YES										Y				Y				
8 INCH TORTILLA	YES	YES	Y																	
TOMATO M	YES	YES																		
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
BURRITO MIX	YES	YES													Y					
LIMES	YES	NO																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
BURRITO BOWL SALAD WITH CHICKEN BREAST																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
			Wheat Products	Rye Products	Barley Products	Oat Products															
BURRITO BOWL SALAD WITH GARLIC KING PRAWN SKEWER																					
SALAD LEAF MIX	YES	YES																			
REDUCED FAT SOUR CREAM	YES	NO						Y													
RAPESEED OIL	YES	YES																			
FRENCH DRESSING	YES	YES										Y			Y						
8 INCH TORTILLA	YES	YES	Y																		
TOMATO M	YES	YES																			
TOMATO M	YES	YES																			
CUCUMBER	YES	YES																			
LETTUCE ICEBERG	YES	YES																			
ONIONS RED	YES	YES																			
ONIONS RED	YES	YES																			
PEPPER RED	YES	YES																			
PEPPER RED	YES	YES																			
FRESH HERBS CORIANDER	YES	YES																			
MOZZ/MILD CHEDDAR MIX	YES	NO						Y													
BURRITO MIX	YES	YES												Y							
LIMES	YES	NO																			
GARLIC AND PARSLEY SPREAD	YES	NO						Y													
EASY PEEL KING PRAWNS	NO	NO								Y											
BURRITO BOWL SALAD WITH GARLIC KING PRAWN SKEWER	NO	NO	Y					Y		Y		Y		Y	Y						
CHICKEN AND CHORIZO PARCEL PIE																					
SALAD LEAF MIX	YES	YES																			
FRENCH DRESSING	YES	YES										Y			Y						
TOMATO M	YES	YES																			
TOMATO CHERRY RED	YES	YES																			
CUCUMBER	YES	YES																			
ONIONS RED	YES	YES																			
ONIONS RED	YES	YES																			
PEPPER RED	YES	YES																			
FRESH HERBS FLAT PARSLEY	YES	YES																			
POTATO MID	YES	YES																			
EXTRA VIRGIN OLIVE OIL	YES	YES																			
EXTRA VIRGIN OLIVE OIL	YES	YES																			
CHX CHORIZO PIE	NO	NO	Y					Y	Y												
LEMON CASE	YES	NO																			
CHICKEN AND CHORIZO PARCEL PIE	NO	NO	Y					Y	Y			Y			Y						
SPICY NOODLES																					
FIRECRACKER NOODLES	YES	YES	Y					Y						Y							
SESAME SEEDS	YES	YES												Y							
FRESH HERBS CORIANDER	YES	YES																			
SPICY NOODLES	YES	YES	Y					Y						Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SPICY NOODLES WITH CHICKEN BREAST																				
FIRECRACKER NOODLES	YES	YES	Y				Y							Y						
SESAME SEEDS	YES	YES												Y						
FRESH HERBS CORIANDER	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
SPICY NOODLES WITH CHICKEN BREAST																				
	NO	NO	Y				Y							Y						
SPICY NOODLES WITH GARLIC KING PRAWN SKEWER																				
FIRECRACKER NOODLES	YES	YES	Y				Y							Y						
SESAME SEEDS	YES	YES												Y						
FRESH HERBS CORIANDER	YES	YES																		
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
EASY PEEL KING PRAWNS	NO	NO								Y										
SPICY NOODLES WITH GARLIC KING PRAWN SKEWER																				
	NO	NO	Y				Y	Y		Y				Y						
GRILLS																				
MIXED GRILL																				
CAGE FREE MED BARN EGGS	YES	NO					Y													
BEER BATTERED ONION RINGS	YES	NO	Y		Y															
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
BRITISH PREMIER INN SAUSAGES	NO	NO	Y										Y							
GARDEN PEAS	YES	YES																		
GAMMON STEAK 8OZ	NO	NO																		
8OZ RUMP STEAK	NO	NO																		
TOMATO M	YES	YES																		
CHIPS SKIN ON	YES	YES																		
MIXED GRILL																				
	NO	NO	Y		Y		Y							Y						
MIXED GRILL WITH SIRLOIN																				
CAGE FREE MED BARN EGGS	YES	NO					Y													
BEER BATTERED ONION RINGS	YES	NO	Y		Y															
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
BRITISH PREMIER INN SAUSAGES	NO	NO	Y										Y							
GARDEN PEAS	YES	YES																		
GAMMON STEAK 8OZ	NO	NO																		
TOMATO M	YES	YES																		
CHIPS SKIN ON	YES	YES																		
8OZ SIRLOIN	NO	NO																		
MIXED GRILL WITH SIRLOIN																				
	NO	NO	Y		Y		Y							Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SMALL MIXED GRILL																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
KIDS SAUSAGE	NO	NO	Y																	
GARDEN PEAS	YES	YES																		
GAMMON STEAK 8OZ	NO	NO																		
TOMATO M	YES	YES																		
CHIPS SKIN ON	YES	YES																		
TOPSIDE MINUTE STEAK	NO	NO																		
SMALL MIXED GRILL																				
NO	NO	Y						Y												
SMALL MIXED GRILL WITH SIRLOIN																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
KIDS SAUSAGE	NO	NO	Y																	
GARDEN PEAS	YES	YES																		
GAMMON STEAK 8OZ	NO	NO																		
TOMATO M	YES	YES																		
CHIPS SKIN ON	YES	YES																		
8OZ SIRLOIN	NO	NO																		
SMALL MIXED GRILL WITH SIRLOIN																				
NO	NO	Y						Y												
10OZ RIB EYE STEAK																				
BEER BATTERED ONION RINGS	YES	NO	Y			Y														
RIBEYE STEAK 10OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
CHIPS SKIN ON	YES	YES																		
10OZ RIB EYE STEAK																				
NO	NO	Y				Y														
8OZ SIRLOIN STEAK																				
BEER BATTERED ONION RINGS	YES	NO	Y			Y														
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
8OZ SIRLOIN	NO	NO																		
TOMATO M	YES	YES																		
CHIPS SKIN ON	YES	YES																		
8OZ SIRLOIN STEAK																				
NO	NO	Y				Y														

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
8OZ RUMP STEAK																				
BEER BATTERED ONION RINGS	YES	NO	Y		Y															
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
8OZ RUMP STEAK	NO	NO																		
TOMATO M	YES	YES																		
CHIPS SKIN ON	YES	YES																		
8OZ RUMP STEAK	NO	NO	Y		Y															
EXTRAS																				
HALF RACK OF RIBS																				
RAPESEED OIL	YES	YES																		
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BBQ SAUCE	YES	YES																		
HALF RACK OF RIBS	NO	NO																		
BEER BATTERED PRAWNS																				
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
EASY PEEL KING PRAWNS	NO	NO									Y									
DOOM BAR CASK	NO	NO			Y															
BEER BATTERED PRAWNS	NO	NO	Y		Y						Y									
BLUE CHEESE SAUCE																				
BLUE CHEESE SAUCE	NO	NO							Y					Y						
BLUE CHEESE SAUCE	NO	NO							Y					Y						
PEPPERCORN SAUCE																				
PEPPERCORN SAUCE	NO	NO	Y						Y					Y						
PEPPERCORN SAUCE	NO	NO	Y						Y					Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BURGERS																				
THE ULTIMATE BURGER																				
BACONNAISE	YES	NO						Y												Y
COLESLAW MIX	YES	YES																		
PAPRIKA PEPPER	YES	YES																		
CHEESE SLICES	YES	NO						Y												
SEMI SKIMMED MILK	YES	NO						Y												
PLAIN FLOUR	YES	YES	Y																	
AGED CHEESE SAUCE	YES	NO					Y		Y											
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y											Y	
PICKLED CUCUMBER SPEARS	YES	YES																	Y	
STEAK BURGER 4OZ	NO	NO																		
SESAME SEEDED BURGER BUN	YES	NO	Y						Y	Y			Y							
SMOKED DRY CURED STREAKY BACON	NO	NO																		
MUSHROOM CUP	YES	YES																		
ONIONS RED	YES	YES																		
PEASHOOTS	YES	YES																		
CHIPS SKIN ON	YES	YES																		
TABLE SALT	YES	YES																		
THE ULTIMATE BURGER	NO	NO	Y					Y	Y	Y				Y					Y	
THE ULTIMATE BURGER WITHOUT BUN																				
BACONNAISE	YES	NO						Y												Y
COLESLAW MIX	YES	YES																		
PAPRIKA PEPPER	YES	YES																		
CHEESE SLICES	YES	NO								Y										
SEMI SKIMMED MILK	YES	NO								Y										
PLAIN FLOUR	YES	YES	Y																	
AGED CHEESE SAUCE	YES	NO						Y		Y										
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y											Y	
PICKLED CUCUMBER SPEARS	YES	YES																	Y	
STEAK BURGER 4OZ	NO	NO																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
MUSHROOM CUP	YES	YES																		
ONIONS RED	YES	YES																		
PEASHOOTS	YES	YES																		
CHIPS SKIN ON	YES	YES																		
TABLE SALT	YES	YES																		
THE ULTIMATE BURGER WITHOUT BUN	NO	NO	Y					Y	Y	Y									Y	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BEER BATTERED CHICKEN BURGER																				
COLESLAW MIX	YES	YES																		
CHEESE SLICES	YES	NO						Y												
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO					Y								Y					
LIGHT MAYONNAISE	YES	NO					Y								Y					
PIRI PIRI SAUCE	YES	YES										Y								
SESAME SEEDED BURGER BUN	YES	NO	Y				Y	Y					Y		Y					
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
CHIPS SKIN ON	YES	YES																		
DOOM BAR CASK	NO	NO			Y															
BEER BATTERED CHICKEN BURGER																				
COLESLAW MIX	YES	YES																		
CHEESE SLICES	YES	NO						Y												
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO					Y								Y					
LIGHT MAYONNAISE	YES	NO					Y								Y					
PIRI PIRI SAUCE	YES	YES										Y								
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
CHIPS SKIN ON	YES	YES																		
DOOM BAR CASK	NO	NO			Y															
BEER BATTERED CHICKEN BURGER WITHOUT BUN																				
COLESLAW MIX	YES	YES																		
CHEESE SLICES	YES	NO						Y												
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO					Y								Y					
LIGHT MAYONNAISE	YES	NO					Y								Y					
PIRI PIRI SAUCE	YES	YES										Y								
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
CHIPS SKIN ON	YES	YES																		
DOOM BAR CASK	NO	NO			Y															
BEER BATTERED CHICKEN BURGER WITHOUT BUN																				
COLESLAW MIX	YES	YES																		
CHEESE SLICES	YES	NO						Y												
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO					Y								Y					
LIGHT MAYONNAISE	YES	NO					Y								Y					
PIRI PIRI SAUCE	YES	YES										Y								
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
CHIPS SKIN ON	YES	YES																		
DOOM BAR CASK	NO	NO			Y															
BEER BATTERED CHICKEN BURGER WITHOUT BUN																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHEESE AND BACON BURGER																				
COLESLAW MIX	YES	YES																		
CHEESE SLICES	YES	NO						Y												
RAPSEED OIL	YES	YES																		
RAPSEED OIL	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
CHIPS SKIN ON	YES	YES																		
6OZ STEAK BURGER	NO	NO						Y	Y				Y		Y					
CHEESE AND BACON BURGER																				
COLESLAW MIX	YES	YES																		
CHEESE SLICES	YES	NO						Y												
RAPSEED OIL	YES	YES																		
RAPSEED OIL	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
CHIPS SKIN ON	YES	YES																		
6OZ STEAK BURGER	NO	NO						Y	Y							Y				
CHEESE AND BACON BURGER WITHOUT BUN																				
COLESLAW MIX	YES	YES																		
CHEESE SLICES	YES	NO						Y												
RAPSEED OIL	YES	YES																		
RAPSEED OIL	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
CHIPS SKIN ON	YES	YES																		
6OZ STEAK BURGER	NO	NO						Y	Y							Y				
CHEESE AND BACON BURGER WITHOUT BUN																				
SALAD LEAF MIX	YES	YES																		
RAPSEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
FRENCH DRESSING	YES	YES										Y				Y				
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
CHIPS SKIN ON	YES	YES																		
VEGAN BURGER	YES	YES	Y					Y												
BBQ PULLED VEGGIES	YES	YES	Y					Y												
VEGAN BUN	YES	YES	Y	Y			Y	Y					Y			Y				
THE VEGAN BURGER																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
			Wheat Products	Rye Products	Barley Products	Oat Products															
THE VEGAN BURGER WITHOUT BUN																					
SALAD LEAF MIX	YES	YES																			
RAPESEED OIL	YES	YES																			
BBQ SAUCE	YES	YES																			
FRENCH DRESSING	YES	YES										Y			Y						
TOMATO CHERRY RED	YES	YES																			
CUCUMBER	YES	YES																			
ONIONS RED	YES	YES																			
CHIPS SKIN ON	YES	YES																			
VEGAN BURGER	YES	YES	Y				Y														
BBQ PULLED VEGGIES	YES	YES	Y				Y														
THE VEGAN BURGER WITHOUT BUN																					
YES	YES	Y					Y					Y			Y						
EXTRAS																					
CHEESE																					
CHEESE SLICES	YES	NO							Y												
CHEESE	YES	NO							Y												
BACON																					
SMOKED DRY CURED STREAKY BACON	NO	NO																			
BACON	NO	NO																			
MUSHROOMS																					
RAPESEED OIL	YES	YES																			
MUSHROOM FLAT	YES	YES																			
MUSHROOMS	YES	YES																			
BURGERS																					
VEGAN BURGER	YES	YES	Y				Y														
STEAK BURGER 4OZ	NO	NO																			
6OZ STEAK BURGER	NO	NO																			
BATTERED CHICKEN BURGER																					
PLAIN FLOUR	YES	YES	Y																		
RAPESEED OIL	YES	YES																			
CHICKEN BREAST	NO	NO																			
BATTER MIX	YES	YES	Y																		
DOOM BAR CASK	NO	NO				Y															
BATTERED CHICKEN BURGER	NO	NO	Y			Y															

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CLASSICS																				
TIKKA BUTTERED CHICKEN																				
BASMATI RICE	YES	YES																		
MANGO CHUTNEY	YES	YES																		
CHICKEN MAKHANI CURRY	NO	NO							Y											
PLAIN POPPADOMS	YES	YES																		
RAPESEED OIL	YES	YES																		
GREEK STYLE YOGHURT	YES	NO							Y											
PLAIN NAAN	YES	NO	Y				Y		Y											
FRESH HERBS CORIANDER	YES	YES																		
TIKKA BUTTERED CHICKEN	NO	NO	Y				Y		Y											
SMOTHERED CHICKEN																				
SALAD LEAF MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
BBQ SAUCE	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
GARLIC BREAD SLICES	YES	NO	Y						Y											
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
CHIPS SKIN ON	YES	YES																		
SMOTHERED CHICKEN	NO	NO	Y						Y			Y			Y					
PULLED BEEF PIE																				
OPEN COTTAGE PIE	NO	NO	Y		Y			Y							Y					
SALTED BUTTER BLOCK	YES	NO							Y											
MASHED POTATO	YES	NO							Y											
GRAVY CONCENTRATE	NO	NO													Y					
VEG MIX GREEN	YES	NO					Y		Y											
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
PULLED BEEF PIE	NO	NO	Y		Y		Y	Y	Y						Y					
MAC 'N' THREE CHEESES																				
SOURDOUGH SHEET	YES	YES	Y	Y																
SEMOLINA	YES	YES	Y																	
MAC & CHEESE	YES	NO	Y						Y											
SALAD LEAF MIX	YES	YES																		
GARLIC AND PARSLEY SPREAD	YES	NO							Y											
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
MAC 'N' THREE CHEESES	YES	NO	Y	Y					Y			Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CLASSIC LASAGNE																				
SOURDOUGH SHEET	YES	YES	Y	Y																
SEMOLINA	YES	YES	Y																	
SALAD LEAF MIX	YES	YES																		
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
FRENCH DRESSING	YES	YES										Y			Y					
MEAT LASAGNE	NO	NO	Y		Y			Y	Y						Y	Y				
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
CLASSIC LASAGNE																				
	NO	NO	Y	Y	Y			Y	Y			Y		Y	Y					
ROASTED ROOT VEGETABLE WELLINGTON																				
ROOT VEG WELLINGTON	YES	NO	Y					Y	Y							Y				
SALTED BUTTER BLOCK	YES	NO							Y											
VEGETARIAN ROAST GRAVY	YES	NO	Y						Y					Y						
MASHED POTATO	YES	NO							Y											
VEG MIX GREEN	YES	NO					Y		Y											
ROASTED ROOT VEGETABLE WELLINGTON																				
	YES	NO	Y				Y	Y	Y					Y	Y					
SAUSAGES IN A GIANT YORKSHIRE PUDDING																				
SALTED BUTTER BLOCK	YES	NO							Y											
MASHED POTATO	YES	NO							Y											
SMITHFIELD SAUSAGE	NO	NO	Y						Y				Y							
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
LARGE YORKSHIRE PUDDING	YES	NO	Y						Y	Y										
ONIONS RED	YES	YES																		
VEG MIX GREEN	YES	NO					Y		Y											
SAUSAGES IN A GIANT YORKSHIRE PUDDING																				
	NO	NO	Y				Y	Y	Y				Y	Y						
QUORN SAUSAGES IN A GIANT YORKSHIRE PUDDING																				
SALTED BUTTER BLOCK	YES	NO							Y											
VEGETARIAN ROAST GRAVY	YES	NO	Y						Y					Y						
MASHED POTATO	YES	NO							Y											
RAPESEED OIL	YES	YES																		
QUORN CUMBERLAND SAUSAGE	YES	NO	Y						Y	Y										
LARGE YORKSHIRE PUDDING	YES	NO	Y						Y	Y										
ONIONS RED	YES	YES																		
VEG MIX GREEN	YES	NO					Y		Y											
QUORN SAUSAGES IN A GIANT YORKSHIRE PUDDING																				
	YES	NO	Y				Y	Y	Y					Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
8OZ CHARGRILLED GAMMON STEAK WITH FRIED EGGS																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
GAMMON STEAK 8OZ	NO	NO																		
CHIPS SKIN ON	YES	YES																		
8OZ CHARGRILLED GAMMON STEAK WITH FRIED EGGS																				
	NO	NO						Y												
8OZ CHARGRILLED GAMMON STEAK WITH PINEAPPLE																				
PINEAPPLE IN JUICE	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
GAMMON STEAK 8OZ	NO	NO																		
CHIPS SKIN ON	YES	YES																		
8OZ CHARGRILLED GAMMON STEAK WITH PINEAPPLE																				
	NO	NO																		
8OZ CHARGRILLED GAMMON STEAK WITH ONE OF EACH																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
PINEAPPLE IN JUICE	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
GAMMON STEAK 8OZ	NO	NO																		
CHIPS SKIN ON	YES	YES																		
8OZ CHARGRILLED GAMMON STEAK WITH ONE OF EACH																				
	NO	NO						Y												
FISH																				
BAKED COD																				
RAPESEED OIL	YES	YES																		
POTATO MID	YES	YES																		
PEASHOOTS	YES	YES																		
LEMON CASE	YES	NO																		
MSC COD LOINS	NO	NO																		
RATATOUILLE	YES	NO							Y	Y										
BAKED COD																				
	NO	NO							Y	Y										
BREADED SCAMPI WITH PEAS																				
WHITBY SCAMPI	NO	NO	Y								Y									
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
TARTARE SAUCE	YES	NO							Y								Y			
CHIPS SKIN ON	YES	YES																		
LEMON CASE	YES	NO																		
BREADED SCAMPI WITH PEAS																				
	NO	NO	Y						Y		Y						Y			

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
			Wheat Products	Rye Products	Barley Products	Oat Products															
BREADED SCAMPI WITH MUSHY PEAS																					
WHITBY SCAMPI	NO	NO	Y								Y										
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
MUSHY PEAS	YES	YES																			
TARTARE SAUCE	YES	NO					Y								Y						
CHIPS SKIN ON	YES	YES																			
LEMON CASE	YES	NO																			
BREADED SCAMPI WITH MUSHY PEAS																					
	NO	NO	Y				Y			Y					Y						
HAND BATTERED FISH AND CHIPS WITH PEAS																					
BATTER MIX	YES	YES	Y																		
PLAIN FLOUR	YES	YES	Y																		
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
POLLOCK FILLETS	NO	NO							Y												
GARDEN PEAS	YES	YES																			
TARTARE SAUCE	YES	NO					Y								Y						
CHIPS SKIN ON	YES	YES																			
LEMON CASE	YES	NO																			
HAND BATTERED FISH AND CHIPS WITH PEAS																					
	NO	NO	Y				Y		Y						Y						
HAND BATTERED FISH AND CHIPS WITH MUSHY PEAS																					
BATTER MIX	YES	YES	Y																		
PLAIN FLOUR	YES	YES	Y																		
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
MUSHY PEAS	YES	YES																			
POLLOCK FILLETS	NO	NO							Y												
TARTARE SAUCE	YES	NO					Y		Y						Y						
CHIPS SKIN ON	YES	YES																			
LEMON CASE	YES	NO																			
HAND BATTERED FISH AND CHIPS WITH MUSHY PEAS																					
	NO	NO	Y				Y		Y						Y						
GIANT BEER BATTERED HADDOCK AND CHIPS WITH PEAS																					
BATTER MIX	YES	YES	Y																		
PLAIN FLOUR	YES	YES	Y																		
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
GARDEN PEAS	YES	YES																			
HADDOCK FILLET LARGE	NO	NO							Y		Y										
TARTARE SAUCE	YES	NO						Y							Y						
CHIPS SKIN ON	YES	YES																			
LEMON CASE	YES	NO																			
DOOM BAR CASK	NO	NO				Y															
GIANT BEER BATTERED HADDOCK AND CHIPS WITH PEAS																					
	NO	NO	Y			Y			Y		Y				Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GIANT BEER BATTERED HADDOCK AND CHIPS WITH MUSHY PEAS																				
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
MUSHY PEAS	YES	YES																		
HADDOCK FILLET LARGE	NO	NO							Y											
TARTARE SAUCE	YES	NO							Y							Y				
CHIPS SKIN ON	YES	YES																		
LEMON CASE	YES	NO																		
DOOM BAR CASK	NO	NO			Y															
GIANT BEER BATTERED HADDOCK AND CHIPS WITH MUSHY PEAS																				
	NO	NO	Y		Y				Y		Y					Y				
SIDES																				
HALLOUMI FRIES																				
SEMOLINA	YES	YES	Y																	
SCOTCH BONNET SAUCE	YES	YES																		
SEMI SKIMMED MILK	YES	NO							Y											
RAPESEED OIL	YES	YES																		
HALLOUMI	YES	NO							Y											
GREEK STYLE YOGHURT	YES	NO							Y											
HALLOUMI FRIES																				
	YES	NO	Y						Y											
MAC 'N' CHEESE																				
MAC & CHEESE	YES	NO	Y						Y											
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
MAC 'N' CHEESE																				
	YES	NO	Y						Y											
CHIPS																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
CHIPS																				
	YES	YES																		
SWEET POTATO FRIES																				
SWEET POTATO FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
SWEET POTATO FRIES																				
	YES	YES																		
GARLIC MUSHROOMS																				
GARLIC AND PARSLEY SPREAD	YES	NO							Y											
MUSHROOM CUP	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
GARLIC MUSHROOMS																				
	YES	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GARLIC FLATBREAD WITH CHEESE																				
SOURDOUGH SHEET	YES	YES	Y	Y																
SEMOLINA	YES	YES	Y																	
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
GARLIC FLATBREAD WITH CHEESE																				
YES	NO	Y	Y					Y												
GARLIC FLATBREAD																				
SOURDOUGH SHEET	YES	YES	Y	Y																
SEMOLINA	YES	YES	Y																	
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
FRESH HERBS FLAT PARSLEY	YES	YES																		
GARLIC FLATBREAD																				
YES	NO	Y	Y					Y												
BEER BATTERED ONION RINGS																				
BEER BATTERED ONION RINGS	YES	NO	Y		Y															
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS																				
YES	NO	Y		Y																
MIXED SALAD																				
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
MIXED SALAD																				
YES	YES											Y			Y					
SUNDAY ROASTS																				
LAMB SHANK																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
SALTED BUTTER BLOCK	YES	NO						Y												
LAMB SHANK	NO	NO																		
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
POTATOES ROAST CUT	YES	YES																		
VEG MIX GREEN	YES	NO					Y		Y											
ROOT VEG MASH	YES	NO							Y											
LAMB SHANK																				
NO	NO	Y					Y	Y	Y					Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
ROAST TOPSIDE BEEF																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
SALTED BUTTER BLOCK	YES	NO						Y												
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
BEEF TOPSIDE JOINT	NO	NO																		
POTATOES ROAST CUT	YES	YES																		
VEG MIX GREEN	YES	NO				Y		Y												
ROOT VEG MASH	YES	NO						Y												
ROAST TOPSIDE BEEF																				
	NO	NO	Y				Y	Y	Y					Y						
ROAST TURKEY																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
SALTED BUTTER BLOCK	YES	NO						Y												
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
COOKED SLICED TURKEY BREAST	NO	NO																		
POTATOES ROAST CUT	YES	YES																		
VEG MIX GREEN	YES	NO				Y		Y												
ROOT VEG MASH	YES	NO						Y												
ROAST TURKEY																				
	NO	NO	Y				Y	Y	Y					Y						
ROASTED ROOT VEGETABLE WELLINGTON																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
ROOT VEG WELLINGTON	YES	NO	Y				Y	Y							Y					
SALTED BUTTER BLOCK	YES	NO						Y												
VEGETARIAN ROAST GRAVY	YES	NO	Y					Y						Y						
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
VEG MIX GREEN	YES	NO				Y		Y												
ROOT VEG MASH	YES	NO						Y												
ROASTED ROOT VEGETABLE WELLINGTON																				
	YES	NO	Y				Y	Y	Y					Y	Y					
EXTRAS																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
KIDS SAUSAGE	NO	NO	Y																	
POTATOES ROAST CUT	YES	YES																		
EXTRAS																				
	NO	NO	Y				Y	Y						Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SPECIAL ROASTS																				
PORK COLLAR																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
SALTED BUTTER BLOCK	YES	NO						Y												
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
SLOW COOKED PORK COLLAR	NO	NO																		
GRAVY CONCENTRATE	NO	NO												Y						
POTATOES ROAST CUT	YES	YES																		
VEG MIX GREEN	YES	NO				Y		Y												
ROOT VEG MASH	YES	NO						Y												
PORK COLLAR	NO	NO	Y				Y	Y	Y					Y						
HALF ROAST CHICKEN																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y				Y	Y												
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
SALTED BUTTER BLOCK	YES	NO						Y												
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
GRAVY CONCENTRATE	NO	NO												Y						
POTATOES ROAST CUT	YES	YES																		
VEG MIX GREEN	YES	NO				Y		Y												
ROASTED HALF CHICKEN	NO	NO																		
ROOT VEG MASH	YES	NO						Y												
HALF ROAST CHICKEN	NO	NO	Y				Y	Y	Y					Y						
SEASONAL SPECIALS																				
SLOW COOKED PORK																				
SALTED BUTTER BLOCK	YES	NO						Y												
MASHED POTATO	YES	NO						Y												
SLOW COOKED PORK COLLAR	NO	NO																		
MALBEC SAUCE	NO	NO						Y				Y								
APPLE SAUCE	YES	YES										Y								
VEG MIX GREEN	YES	NO				Y		Y												
SLOW COOKED PORK	NO	NO				Y		Y				Y								
LAMB SHANK WITH MASH																				
SALTED BUTTER BLOCK	YES	NO						Y												
MASHED POTATO	YES	NO						Y												
LAMB SHANK	NO	NO																		
MALBEC SAUCE	NO	NO										Y								
VEG MIX GREEN	YES	NO				Y		Y												
LAMB SHANK WITH MASH	NO	NO				Y		Y				Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
			Wheat Products	Rye Products	Barley Products	Oat Products															
LAMB SHANK ROGAN JOSH																					
ROGAN JOSH SAUCE	YES	NO						Y						Y							
BASMATI RICE	YES	YES																			
LAMB SHANK	NO	NO																			
GREEK STYLE YOGHURT	YES	NO																			
PLAIN NAAN	YES	NO	Y				Y	Y													
FRESH HERBS MINT	YES	YES																			
LAMB SHANK ROGAN JOSH																					
	NO	NO	Y				Y	Y						Y							
SMOKEHOUSE GRILL																					
BEER BATTERED ONION RINGS	YES	NO	Y		Y																
COLESLAW MIX	YES	YES																			
SALAD LEAF MIX	YES	YES																			
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
LIGHT MAYONNAISE	YES	NO						Y								Y					
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																			
PAPRIKA CHICKEN BREAST	NO	NO																			
FRENCH DRESSING	YES	YES										Y			Y						
8OZ RUMP STEAK	NO	NO																			
TENNESSEE WHISKEY GLAZE	YES	NO	Y				Y														
TOMATO CHERRY RED	YES	YES																			
CUCUMBER	YES	YES																			
ONIONS RED	YES	YES																			
FRESH HERBS FLAT PARSLEY	YES	YES																			
CHIPS SKIN ON	YES	YES																			
SMOKED SAUSAGE	NO	NO	Y									Y									
SMOKEHOUSE GRILL																					
	NO	NO	Y		Y		Y	Y				Y			Y						
MUSHROOM, SPINACH TRUFFLE TART																					
SALAD LEAF MIX	YES	YES																			
RAPESEED OIL	YES	YES																			
FRENCH DRESSING	YES	YES										Y			Y						
TOMATO CHERRY RED	YES	YES																			
CUCUMBER	YES	YES																			
ONIONS RED	YES	YES																			
CHIPS SKIN ON	YES	YES																			
MUSHROOM SPINACH & TRUFFLE TART	YES	NO	Y					Y							Y						
MUSHROOM, SPINACH TRUFFLE TART																					
	YES	NO	Y					Y				Y			Y						
LUXURY FISH PIE																					
SALTED BUTTER BLOCK	YES	NO							Y												
MASHED POTATO	YES	NO							Y												
FISH PIE MIX	NO	NO	Y						Y	Y	Y			Y							
GARDEN PEAS	YES	YES																			
FRESH HERBS FLAT PARSLEY	YES	YES																			
VEG MIX GREEN	YES	NO					Y		Y												
MOZZ/MILD CHEDDAR MIX	YES	NO							Y												
LUXURY FISH PIE																					
	NO	NO	Y				Y		Y	Y	Y			Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SPANISH CHICKEN																				
SPICY TOMATO SAUCE	YES	NO																		Y
TOMATOES MIXED INCA 3KG	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
POTATO MID	YES	YES																		
PEASHOOTS	YES	YES																		
SPANISH CHICKEN																				
	NO	NO						Y						Y						
OPEN BEEF WELLINGTON																				
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
PUFF PASTRY SHEETS	YES	YES	Y																	
FILLET STEAK 8OZ	NO	NO																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
MALBEC SAUCE	NO	NO						Y				Y								
SMOKED DRY CURED STREAKY BACON	NO	NO																		
MUSHROOM CUP	YES	YES																		
MUSHROOM FLAT	YES	YES																		
FRESH HERBS ROSEMARY	YES	YES																		
FRESH HERBS THYME	YES	YES																		
CHIPS SKIN ON	YES	YES																		
OPEN BEEF WELLINGTON																				
	NO	NO	Y					Y				Y								
BAKED HONEY MUSTARD SAL,OM																				
HONEY MUSTARD DRESSING	YES	NO						Y							Y					
HERB DRESSING	YES	YES																		
COURGETTES 1X1KG	YES	YES																		
SKINLESS SALMON TAIL	NO	NO							Y											
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
POTATO MID	YES	YES																		
EXTRA VIRGIN OLIVE OIL	YES	YES																		
PEASHOOTS	YES	YES																		
TABLE SALT	YES	YES																		
BAKED HONEY MUSTARD SAL,OM																				
	NO	NO						Y	Y						Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
			Wheat Products	Rye Products	Barley Products	Oat Products															
SURF N TURF BURGER																					
SURF & TURF SAUCE	NO	NO	Y					Y	Y	Y	Y		Y							Y	
COLESLAW MIX	YES	YES																			
BATTER MIX	YES	YES																			
PLAIN FLOUR	YES	YES	Y																		
RAPESEED OIL	YES	YES																			
LIGHT MAYONNAISE	YES	NO						Y											Y		
PICKLED CUCUMBER SPEARS	YES	YES																	Y		
STEAK BURGER 4OZ	NO	NO																			
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y					Y							
EASY PEEL KING PRAWNS	NO	NO									Y										
TOMATO M	YES	YES																			
LETTUCE ICEBERG	YES	YES																			
ONIONS RED	YES	YES																			
CHIPS SKIN ON	YES	YES																			
DOOM BAR CASK	NO	NO			Y																
SURF N TURF BURGER	NO	NO	Y		Y			Y	Y	Y	Y		Y	Y					Y		
SCALLOPS																					
SOURDOUGH SHEET	YES	YES	Y	Y																	
SEMOLINA	YES	YES	Y																		
MSC CANDIAN SCALLOPS	NO	NO										Y									
GARLIC AND PARSLEY SPREAD	YES	NO							Y												
SMOKED DRY CURED STREAKY BACON	NO	NO																			
FRESH HERBS FLAT PARSLEY	YES	YES																			
LEMON CASE	YES	NO																			
SCALLOPS	NO	NO	Y	Y					Y			Y									
ROASTED VEG TACOS																					
COURGETTES 1X1KG	YES	YES																			
AVOCADO HALVES	YES	YES																			
8 INCH TORTILLA	YES	YES	Y																		
TOMATO M	YES	YES																			
TOMATO M	YES	YES																			
ONIONS RED	YES	YES																			
ONIONS RED	YES	YES																			
ONIONS RED	YES	YES																			
PEPPER RED	YES	YES																			
PEPPER RED	YES	YES																			
CHILLIES RED	YES	YES																			
FRESH HERBS CORIANDER	YES	YES																			
FRESH HERBS FLAT PARSLEY	YES	YES																			
EXTRA VIRGIN OLIVE OIL	YES	YES																			
EXTRA VIRGIN OLIVE OIL	YES	YES																			
LEMON CASE	YES	NO																			
LIMES	YES	NO																			
TABLE SALT	YES	YES																			
ROASTED VEG TACOS	YES	NO	Y																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHICKEN AND HALF RACK OF RIBS																				
COLESLAW MIX	YES	YES																		
SALAD LEAF MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
BBQ SAUCE	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
CHIPS SKIN ON	YES	YES																		
ROASTED HALF CHICKEN	NO	NO																		
CHICKEN AND HALF RACK OF RIBS	NO	NO						Y				Y			Y					
THAI MUSSELS																				
SWEET POTATO FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
CHILLIES RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
LIMES	YES	NO																		
THAI SAUCE	YES	NO					Y						Y	Y						
MUSSELS	NO	NO									Y									
THAI MUSSELS	NO	NO					Y				Y			Y	Y					
WAGYU BURGER																				
TRUFFLE OIL	YES	YES																		
TRUFFLE PARM SEASONING	NO	NO								Y			Y							
BRITISH WAGYU BURGER	NO	NO																		
CHEESE SLICES	YES	NO								Y										
CRACKED BLACK PEPPER	YES	YES																		
RAPESEED OIL	YES	YES																		
LIGHT MAYONNAISE	YES	NO								Y								Y		
PICKLED CUCUMBER SPEARS	YES	YES																		
SESAME SEEDED BURGER BUN	YES	NO	Y							Y	Y			Y						
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
CHIPS SKIN ON	YES	YES																		
WAGYU BURGER	NO	NO	Y							Y	Y			Y	Y				Y	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
			Wheat Products	Rye Products	Barley Products	Oat Products															
8OZ FILLET																					
BEER BATTERED ONION RINGS	YES	NO	Y		Y																
FILLET STEAK 8OZ	NO	NO																			
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
GARDEN PEAS	YES	YES																			
PRAWN AND LOBSTER SAUCE	NO	NO						Y	Y	Y		Y		Y							
TOMATO M	YES	YES																			
CHIPS SKIN ON	YES	YES																			
8OZ FILLET																					
NO	NO	Y		Y				Y	Y	Y		Y		Y							
TANDOORI MIXED GRILL WITH RICE																					
TANDOORI RUB	YES	YES																		Y	
BASMATI RICE	YES	YES																			
LAMB KOFTA	NO	NO	Y									Y									
MANGO CHUTNEY	YES	YES																			
TANDOORI SMOKED SAUSAGE	NO	NO	Y									Y								Y	
PLAIN POPPADOMS	YES	YES																			
RAPESEED OIL	YES	YES																			
SWEET POTATO BHAJI	YES	YES	Y																		
MINI VEGETABLE SAMOSA	NO	NO	Y									Y									
CHICKEN BREAST	NO	NO																			
GREEK STYLE YOGHURT	YES	NO						Y													
CUCUMBER	YES	YES																			
FRESH HERBS CORIANDER	YES	YES																			
FRESH HERBS MINT	YES	YES																			
TANDOORI MIXED GRILL WITH RICE																					
NO	NO	Y						Y				Y								Y	
TANDOORI MIXED GRILL WITH CHIPS																					
TANDOORI RUB	YES	YES																		Y	
LAMB KOFTA	NO	NO	Y									Y									
MANGO CHUTNEY	YES	YES																			
TANDOORI SMOKED SAUSAGE	NO	NO	Y									Y								Y	
PLAIN POPPADOMS	YES	YES																			
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
SWEET POTATO BHAJI	YES	YES	Y																		
MINI VEGETABLE SAMOSA	NO	NO	Y									Y									
CHICKEN BREAST	NO	NO																			
GREEK STYLE YOGHURT	YES	NO						Y													
CUCUMBER	YES	YES																			
FRESH HERBS CORIANDER	YES	YES																			
FRESH HERBS MINT	YES	YES																			
CHIPS SKIN ON	YES	YES																			
TANDOORI MIXED GRILL WITH CHIPS																					
NO	NO	Y						Y				Y								Y	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
			Wheat Products	Rye Products	Barley Products	Oat Products															
VEGGIE TANDOORI BURGER																					
TANDOORI RUB	YES	YES																		Y	
COLESLAW MIX	YES	YES																			
RAPESEED OIL	YES	YES																			
SWEET POTATO BHAJI	YES	YES	Y																		
LIGHT MAYONNAISE	YES	NO						Y											Y		
GREEK STYLE YOGHURT	YES	NO							Y												
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y					Y							
TOMATO M	YES	YES																			
CUCUMBER	YES	YES																			
LETTUCE ICEBERG	YES	YES																			
ONIONS RED	YES	YES																			
FRESH HERBS MINT	YES	YES																			
CHIPS SKIN ON	YES	YES																			
VEGAN BURGER	YES	YES	Y				Y														
VEGGIE TANDOORI BURGER	YES	NO	Y				Y	Y	Y					Y					Y		
CHERRY CROWNIE																					
BLACK CHERRY CROWNIE	YES	NO	Y				Y	Y	Y												
FRESH HERBS MINT	YES	YES																			
VANILLA ICE CREAM	YES	NO							Y												
CHERRY CROWNIE	YES	NO	Y				Y	Y	Y												
SIPSMITH SLOW GIN & TONIC TRIFLE																					
DAIRY AEROSOL CREAM	YES	NO							Y												
CUSTARD RTS	YES	NO							Y												
FRESH HERBS MINT	YES	YES																			
CHOCSTIX	YES	NO					Y		Y												
SIPSMITH SLOE G&T TRIFLE SPONGE	YES	NO	Y					Y	Y	Y											
SIPSMITH SLOW GIN & TONIC TRIFLE	YES	NO	Y				Y	Y	Y	Y											
DESSERTS																					
HALF BAKED COOKIE DOUGH																					
COOKIE DOUGH PUCK	YES	NO	Y				Y	Y													
CHOCOLATE SAUCE	YES	YES					Y														
CARAMEL SAUCE	YES	NO							Y												
VANILLA ICE CREAM	YES	NO							Y												
HALF BAKED COOKIE DOUGH	YES	NO	Y				Y	Y	Y												
TRIPLE CHOCOLATE BROWNIE																					
TRIPLE CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y												
FRESH HERBS MINT	YES	YES																			
CHOCOLATE SAUCE	YES	YES					Y														
VANILLA ICE CREAM	YES	NO							Y												
TRIPLE CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
LUXURY STICKY TOFFEE PUDDING																				
CUSTARD RTS	YES	NO						Y												
STICKY TOFFEE PUDDING	YES	NO	Y					Y	Y											
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y	Y											
LUXURY STICKY TOFFEE PUDDING																				
YES	NO	Y					Y	Y												
BAKED VANILLA CHEESECAKE																				
BAKED CHEESECAKE	YES	NO	Y			Y		Y	Y											
HEDGEROW BERRIES IN SAUCE	YES	YES																		
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y	Y											
BAKED VANILLA CHEESECAKE																				
YES	NO	Y			Y		Y	Y												
THATCHERS GOLD CIDER APPLE CRUMBLE																				
APPLE & CIDER FILLING	YES	NO						Y				Y								
CUSTARD RTS	YES	NO						Y												
SHORTCAKE OATY CRUMBLE	YES	NO	Y			Y														
VANILLA ICE CREAM	YES	NO						Y	Y											
THATCHERS GOLD CIDER APPLE CRUMBLE																				
YES	NO	Y			Y		Y	Y				Y								
INDULGENT CHOCOLATE CAKE																				
CHOCOLATE CAKE GF	YES	NO						Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO						Y	Y											
INDULGENT CHOCOLATE CAKE																				
YES	NO					Y	Y	Y												
SALTED CARAMEL, BROWNIE AND POPCORN SUNDAE																				
DAIRY AEROSOL CREAM	YES	NO						Y												
SALTED CARAMEL SAUCE	YES	NO						Y												
TRIPLE CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y											
POPCORN SWEET N SALTY	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y	Y											
SALTED CARAMEL, BROWNIE AND POPCORN SUNDAE																				
YES	NO	Y				Y	Y	Y												
STRAWBERRY FROZEN YOGHURT																				
FRESH HERBS MINT	YES	YES																		
STRAWBERRIES	YES	YES																		
STRAWBERRY FROZEN YOGHURT	YES	NO						Y												
STRAWBERRY FROZEN YOGHURT																				
YES	NO							Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CREAM TEA																				
FRUIT SCONE WITH CLOTTED CREAM AND JAM																				
FRUIT SCONE	YES	NO	Y					Y	Y											
RODDA'S CORNISH CLOTTED CREAM	YES	NO						Y	Y											
ICING SUGAR	YES	NO																		
ASSORTED JAM PORTIONS- APRICOT																				PLEASE REFER TO PACKET FOR INFORMATION
ASSORTED JAM PORTIONS- BLACKCURRANT																				PLEASE REFER TO PACKET FOR INFORMATION
ASSORTED JAM PORTIONS- RASPBERRY																				PLEASE REFER TO PACKET FOR INFORMATION
ASSORTED JAM PORTIONS- STRAWBERRY																				PLEASE REFER TO PACKET FOR INFORMATION
MINI CHOCOLATE BROWNIE																				
TRIPLE CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y											
MINI CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y											
MINI APPLE CRUMBLE																				
APPLE & CIDER FILLING	YES	NO						Y				Y								
CUSTARD RTS	YES	NO						Y												
SHORTCAKE OATY CRUMBLE	YES	NO	Y			Y		Y												
MINI APPLE CRUMBLE	YES	NO	Y			Y		Y				Y								
FRESHLY BAKED COOKIE																				
COOKIE DOUGH PUCK	YES	NO	Y				Y	Y												
FRESHLY BAKED COOKIE	YES	NO	Y				Y	Y												
SMARTIES WITH BILL																				
SMARTIES		NO	Y					Y												
SMARTIES WITH BILL		NO	Y					Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
KIDS MENU																				
VEGGIE STICKS																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
VEGGIE STICKS	YES	YES																		
STARTERS																				
GARLIC BREAD WITH CUCUMBER STICKS																				
GARLIC BREAD SLICES	YES	NO	Y						Y											
CUCUMBER	YES	YES																		
GARLIC BREAD WITH CUCUMBER STICKS	YES	NO	Y						Y											
CHICKEN MEATBALLS WITH BBQ SAUCE & CUCUMBER STICKS																				
BBQ SAUCE	YES	YES																		
CUCUMBER	YES	YES																		
CHICKEN MEATBALLS KIDS	NO	NO																		
CHICKEN MEATBALLS WITH BBQ SAUCE & CUCUMBER STICKS	NO	NO																		
MAIN COURSE																				
CHICKEN CURRY																				
CHICKEN CURRY KIDS	NO	NO	Y						Y											
BROWN RICE KIDS	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
CHICKEN CURRY	NO	NO	Y						Y											
MARGHERITA FLATBREAD																				
TOMATO PIZZA TOPPING	YES	YES	Y																	
FRESH HERBS BASIL	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
SOURDOUGH SHEET	YES	YES	Y	Y																
SEMOLINA	YES	YES	Y																	
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
MARGHERITA FLATBREAD	YES	NO	Y	Y					Y											
BEEF BURGER																				
STEAK BURGER 4OZ	NO	NO																		
GRILLED CORN ON THE COB	YES	YES																		
BURGER BUN KIDS	YES	NO	Y						Y											
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
BEEF BURGER	NO	NO	Y						Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHICKEN BURGER																				
BAKED BEANS	YES	YES																		
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
BURGER BUN KIDS	YES	NO	Y					Y												
POTATO MID	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
CHICKEN BURGER																				
	NO	NO	Y					Y								Y				
POPPIN' CHICKEN																				
BAKED BEANS	YES	YES																		
MINI CHICKEN CHUNKS	NO	NO	Y						Y											
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
POPPIN' CHICKEN																				
	NO	NO	Y						Y											
SPAGHETTI BOLGNESE																				
SPAGHETTI BOLOGNAISE	NO	NO	Y												Y					
GARLIC BREAD SLICES	YES	NO	Y						Y											
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
SPAGHETTI BOLGNESE																				
	NO	NO	Y						Y						Y					
SAUSAGE AND MASH																				
PEAS GRADE A	YES	YES																		
MASHED POTATO	YES	NO							Y											
GRAVY CONCENTRATE	NO	NO													Y					
KIDS SAUSAGE	NO	NO	Y																	
SAUSAGE AND MASH																				
	NO	NO	Y						Y						Y					
VEGGIE SAUSAGE AND MASH																				
VEGETARIAN ROAST GRAVY	YES	NO	Y						Y						Y					
MASHED POTATO	YES	NO							Y											
QUORN CUMBERLAND SAUSAGE	YES	NO	Y						Y	Y										
GARDEN PEAS	YES	YES																		
VEGGIE SAUSAGE AND MASH																				
	YES	NO	Y						Y	Y					Y					
COD CUBES																				
COD CUBES	NO	NO	Y							Y										
GARDEN PEAS	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
COD CUBES																				
	NO	NO	Y							Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
TOMATO PASTA AND CHICKEN MEATBALLS																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CHICKEN MEATBALLS KIDS	NO	NO																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
TOMATO PASTA AND CHICKEN MEATBALLS																				
	NO	NO	Y					Y												
TOMATO PASTA																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
TOMATO PASTA																				
	YES	NO	Y					Y												
HOTDOG																				
HOT DOG	NO	NO																		
GRILLED CORN ON THE COB	YES	YES																		
HOT DOG BUN KIDS	YES	NO	Y					Y												
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
HOTDOG																				
	NO	NO	Y					Y												
SWAP YOUR SIDES																				
CHIPS																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
CHIPS																				
	YES	YES																		
SWEET POTATO FRIES																				
RAPESEED OIL	YES	YES																		
SWEET POTATO FRIES	YES	YES																		
SWEET POTATO FRIES																				
	YES	YES																		
MINI JACKET POTATOES																				
POTATO MID	YES	YES																		
MINI JACKET POTATOES																				
	YES	YES																		
MASHED POTATO																				
MASHED POTATO	YES	NO						Y												
MASHED POTATO																				
	YES	NO						Y												
BROWN RICE																				
BROWN RICE KIDS	YES	YES																		
BROWN RICE																				
	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
PEAS																				
GARDEN PEAS	YES	YES																		
PEAS	YES	YES																		
BAKED BEANS																				
BAKED BEANS	YES	YES																		
BAKED BEANS	YES	YES																		
MINI CORN ON THE COB																				
GRILLED CORN ON THE COB	YES	YES																		
MINI CORN ON THE COB	YES	YES																		
VEGGIE STICKS																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
VEGGIE STICKS	YES	YES																		
SIDE SALAD																				
SALAD LEAF MIX	YES	YES																		
CUCUMBER	YES	YES																		
PINKSTAR SLAW	YES	YES																		
SIDE SALAD	YES	YES																		
GARLIC BREAD																				
GARLIC BREAD SLICES	YES	NO	Y						Y											
GARLIC BREAD	YES	NO	Y						Y											
SUNDAY ROAST																				
ROAST BEEF																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
GRAVY CONCENTRATE	NO	NO													Y					
BEEF TOPSIDE JOINT	NO	NO																		
GARDEN PEAS	YES	YES																		
ROOT VEG MASH	YES	NO							Y											
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
ROAST BEEF	NO	NO	Y					Y	Y						Y					
ROAST TURKEY																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
GRAVY CONCENTRATE	NO	NO													Y					
GARDEN PEAS	YES	YES																		
COOKED SLICED TURKEY BREAST	NO	NO																		
ROOT VEG MASH	YES	NO							Y											
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
ROAST TURKEY	NO	NO	Y					Y	Y						Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
			Wheat Products	Rye Products	Barley Products	Oat Products															
DESSERTS																					
FRUIT SALAD																					
FRUIT SALAD	YES	YES																			
FUNNY FACE SUNDAE																					
STRAWBERRY LACES	YES	YES	Y																		
VANILLA ICE CREAM	YES	NO						Y													
CUP CONES	YES	YES	Y																		
MARSHMALLOWS	NO	NO																			
MINI SMARTIES	NO	NO						Y													
FUNNY FACE SUNDAE	NO	NO	Y					Y		Y											
PANCAKES																					
REDUCED SUGAR PANCAKE	YES	NO	Y						Y	Y											
BANANAS	YES	YES																			
STRAWBERRIES	YES	YES																			
CHOCOLATE SAUCE	YES	YES						Y													
PANCAKES	YES	NO	Y					Y	Y	Y											
VANILLA ICE CREAM WITH WAFER AND CHOCOLATE SAUCE																					
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y											
CHOCOLATE SAUCE	YES	YES						Y													
VANILLA ICE CREAM	YES	NO								Y											
VANILLA ICE CREAM WITH WAFER AND CHOCOLATE SAUCE	YES	NO	Y					Y		Y											
VANILLA ICE CREAM WITH WAFER AND RASPBERRY SAUCE																					
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y											
RASPBERRY SAUCE	YES	YES																			
VANILLA ICE CREAM	YES	NO								Y											
VANILLA ICE CREAM WITH WAFER AND RASPBERRY SAUCE	YES	NO	Y					Y		Y											
VANILLA ICE CREAM WITH WAFER AND CARAMEL SAUCE																					
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y											
CARAMEL SAUCE	YES	NO								Y											
VANILLA ICE CREAM	YES	NO								Y											
VANILLA ICE CREAM WITH WAFER AND CARAMEL SAUCE	YES	NO	Y					Y		Y											
MINI DONUTS																					
MINI RING DOUGHNUTS- SUGARED	YES	NO	Y					Y	Y	Y	Y										
CHOCOLATE SAUCE	YES	YES						Y													
MINI SMARTIES	NO	NO								Y											
MINI DONUTS	NO	NO	Y					Y	Y	Y	Y										
STRAWBERRY FROZEN YOGHURT																					
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y											
STRAWBERRY FROZEN YOGHURT	YES	NO								Y											
STRAWBERRY FROZEN YOGHURT	YES	NO	Y					Y		Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
DAYTIME VALUE MENU																				
GARLIC AND HERB BREADED MUSHROOMS																				
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
POTATO DIPPERS																				
REDUCED FAT SOUR CREAM	YES	NO							Y											
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	YES	YES																		
SMOKED DRY CURED STREAKY BACON	NO	NO																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
POTATO DIPPERS	NO	NO							Y											
CHICKEN GOUJONS																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y						Y											
CHICKEN GOUJONS	NO	NO	Y						Y											
PRAWN COCKTAIL																				
SALTED BUTTER BLOCK	YES	NO							Y											
PAPRIKA PEPPER	YES	YES																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO							Y							Y				
WARM WATER PRAWNS	NO	NO									Y									
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
LEMON CASE	YES	NO																		
PRAWN COCKTAIL	NO	NO	Y		Y				Y	Y		Y				Y				
CHICKEN LIVER PORK PATE																				
SALTED BUTTER BLOCK	YES	NO							Y											
ONION MARMALADE	YES	YES																		
CHICKEN PATE WITH HERBS	NO	NO	Y						Y	Y										
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
CHICKEN LIVER PORK PATE	NO	NO	Y		Y				Y	Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SOUP OF THE DAY- PEA & MINT																				
SALTED BUTTER BLOCK	YES	NO						Y												
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
PEA & MINT SOUP	YES	YES												Y						
SOUP OF THE DAY- PEA & MINT																				
SALTED BUTTER BLOCK	YES	NO						Y												
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
CARROT & CORIANDER SOUP	YES	NO						Y												
SOUP OF THE DAY- CARROT & CORIANDER																				
SALTED BUTTER BLOCK	YES	NO	Y		Y			Y												
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOMATO, BLACK PEPPER & THYME SOUP	YES	NO						Y												
SOUP OF THE DAY- TOMATO, BLACK PEPPER & THYME																				
SALTED BUTTER BLOCK	YES	NO	Y		Y			Y												
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
CREAM OF MUSHROOM SOUP	YES	NO	Y					Y												
SOUP OF THE DAY- CREAM OF MUSHROOM																				
SALTED BUTTER BLOCK	YES	NO						Y												
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
MINISTRONE SOUP	YES	YES	Y											Y						
SOUP OF THE DAY- MINISTRONE																				
MAINS																				
HAND BATTERED FISH AND CHIPS WITH PEAS																				
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
POLLOCK FILLETS	NO	NO							Y											
GARDEN PEAS	YES	YES																		
TARTARE SAUCE	YES	NO						Y							Y					
CHIPS SKIN ON	YES	YES																		
LEMON CASE	YES	NO																		
HAND BATTERED FISH AND CHIPS WITH PEAS																				
	NO	NO	Y					Y		Y					Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
HAND BATTERED FISH AND CHIPS WITH MUSHY PEAS																				
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
MUSHY PEAS	YES	YES																		
POLLOCK FILLETS	NO	NO							Y											
TARTARE SAUCE	YES	NO							Y						Y					
CHIPS SKIN ON	YES	YES																		
LEMON CASE	YES	NO																		
HAND BATTERED FISH AND CHIPS WITH MUSHY PEAS																				
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
HADDOCK FILLET LARGE	NO	NO								Y										
TARTARE SAUCE	YES	NO							Y						Y					
CHIPS SKIN ON	YES	YES																		
LEMON CASE	YES	NO																		
DOOM BAR CASK	NO	NO		Y																
GIANT BEER BATTERED HADDOCK AND CHIPS WITH PEAS																				
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
MUSHY PEAS	YES	YES																		
HADDOCK FILLET LARGE	NO	NO								Y										
TARTARE SAUCE	YES	NO							Y						Y					
CHIPS SKIN ON	YES	YES																		
LEMON CASE	YES	NO																		
DOOM BAR CASK	NO	NO		Y																
GIANT BEER BATTERED HADDOCK AND CHIPS WITH MUSHY PEAS																				
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
MUSHY PEAS	YES	YES																		
HADDOCK FILLET LARGE	NO	NO								Y										
TARTARE SAUCE	YES	NO							Y						Y					
CHIPS SKIN ON	YES	YES																		
LEMON CASE	YES	NO																		
DOOM BAR CASK	NO	NO		Y																
GIANT BEER BATTERED HADDOCK AND CHIPS WITH MUSHY PEAS																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CLASSIC 6OZ CHEESEBURGER																				
COLESLAW MIX	YES	YES																		
CHEESE SLICES	YES	NO						Y												
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y					Y						
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
CHIPS SKIN ON	YES	YES																		
6OZ STEAK BURGER	NO	NO																		
CLASSIC 6OZ CHEESEBURGER																				
	NO	NO	Y																	
GRILLED GAMMON STEAK WITH FRIED EGGS																				
CAGE FREE MED BARN EGGS	YES	NO																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
GAMMON STEAK 8OZ	NO	NO																		
CHIPS SKIN ON	YES	YES																		
GRILLED GAMMON STEAK WITH FRIED EGGS																				
	NO	NO																		
GRILLED GAMMON STEAK WITH PINEAPPLE																				
PINEAPPLE IN JUICE	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
GAMMON STEAK 8OZ	NO	NO																		
CHIPS SKIN ON	YES	YES																		
GRILLED GAMMON STEAK WITH PINEAPPLE																				
	NO	NO																		
TIKKA BUTTERED CHICKEN																				
BASMATI RICE	YES	YES																		
MANGO CHUTNEY	YES	YES																		
CHICKEN MAKHANI CURRY	NO	NO																		
PLAIN POPPADOMS	YES	YES																		
RAPESEED OIL	YES	YES																		
GREEK STYLE YOGHURT	YES	NO																		
PLAIN NAAN	YES	NO	Y																	
FRESH HERBS CORIANDER	YES	YES																		
TIKKA BUTTERED CHICKEN																				
	NO	NO	Y																	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SWEET POTATO & FETA LASAGNE																				
SOURDOUGH SHEET	YES	YES	Y	Y																
SEMOLINA	YES	YES	Y																	
SALAD LEAF MIX	YES	YES																		
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
FRENCH DRESSING	YES	YES										Y				Y				
SPINACH & FETA LASAGNE	YES	NO	Y					Y	Y					Y	Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
SWEET POTATO & FETA LASAGNE																				
	YES	NO	Y	Y				Y	Y			Y		Y	Y					
SAUSAGE, EGG AND CHIPS																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
BAKED BEANS	YES	YES																		
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
BRITISH PREMIER INN SAUSAGES	NO	NO	Y									Y								
CHIPS SKIN ON	YES	YES																		
SAUSAGE, EGG AND CHIPS																				
	NO	NO	Y					Y				Y								
THREE CHEESE QUICHE																				
SALTED BUTTER	YES	NO							Y											
POTATO MID	YES	YES																		
QUICHE CHZ CRUSTLESS	YES	NO	Y					Y	Y											
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y				Y				
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
THREE CHEESE QUICHE																				
	YES	NO	Y					Y	Y			Y			Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

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Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
GRILLED CHICKEN & BACON SALAD																				
SALAD LEAF MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
FRENCH DRESSING	YES	YES										Y			Y					
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
GRILLED CHICKEN & BACON SALAD																				
	NO	NO											Y		Y					
CLASSIC LASAGNE																				
SOURDOUGH SHEET	YES	YES	Y	Y																
SEMOLINA	YES	YES	Y																	
SALAD LEAF MIX	YES	YES																		
GARLIC AND PARSLEY SPREAD	YES	NO							Y											
FRENCH DRESSING	YES	YES										Y			Y					
MEAT LASAGNE	NO	NO	Y		Y			Y	Y						Y	Y				
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
CLASSIC LASAGNE																				
	NO	NO	Y	Y	Y			Y	Y			Y			Y	Y				
DESSERTS																				
CARAMEL APPLE BETTY																				
CARAMEL APPLE CRUMBLE PIE	YES	NO	Y					Y	Y	Y										
CUSTARD RTS	YES	NO																		
CARAMEL APPLE BETTY																				
	YES	NO	Y					Y	Y	Y										
LUXURY STICKY TOFFEE PUDDING																				
CUSTARD RTS	YES	NO								Y										
STICKY TOFFEE PUDDING	YES	NO	Y						Y	Y										
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO								Y										
LUXURY STICKY TOFFEE PUDDING																				
	YES	NO	Y						Y	Y										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

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Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BAKED VANILLA CHEESECAKE																				
BAKED CHEESECAKE	YES	NO	Y			Y		Y	Y											
HEDGEROW BERRIES IN SAUCE	YES	YES																		
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
BAKED VANILLA CHEESECAKE																				
BAKED VANILLA CHEESECAKE	YES	NO	Y			Y		Y	Y											
INDULGENT CHOCOLATE CAKE																				
CHOCOLATE CAKE GF	YES	NO						Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
INDULGENT CHOCOLATE CAKE																				
INDULGENT CHOCOLATE CAKE	YES	NO					Y	Y	Y											
MINI TRIPLE CHOCOLATE BROWNIE																				
TRIPLE CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y											
MINI TRIPLE CHOCOLATE BROWNIE																				
MINI TRIPLE CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y											
MINI THATCHERS APPLE CIDER CRUMBLE																				
APPLE & CIDER FILLING	YES	NO							Y				Y							
CUSTARD RTS	YES	NO							Y											
SHORTCAKE OATY CRUMBLE	YES	NO	Y			Y			Y											
MINI THATCHERS APPLE CIDER CRUMBLE																				
MINI THATCHERS APPLE CIDER CRUMBLE	YES	NO	Y			Y			Y				Y							
VANILLA ICE CREAM WITH RASPBERRY SAUCE																				
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
VANILLA ICE CREAM WITH RASPBERRY SAUCE																				
VANILLA ICE CREAM WITH RASPBERRY SAUCE	YES	NO							Y											
VANILLA ICE CREAM WITH CHOCOLATE SAUCE																				
CHOCOLATE SAUCE	YES	YES					Y													
VANILLA ICE CREAM	YES	NO							Y											
VANILLA ICE CREAM WITH CHOCOLATE SAUCE																				
VANILLA ICE CREAM WITH CHOCOLATE SAUCE	YES	NO					Y		Y											
VANILLA ICE CREAM WITH CARAMEL SAUCE																				
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
VANILLA ICE CREAM WITH CARAMEL SAUCE																				
VANILLA ICE CREAM WITH CARAMEL SAUCE	YES	NO							Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
COOKHOUSE & PUB CARVERY MENU																				
ROAST TURKEY																				
TURKEY CROWN	NO	NO																		
SALTED BUTTER	YES	NO						Y												
ROAST TURKEY																				
	NO	NO						Y												
ROAST BEEF																				
BEEF TOPSIDE JOINT	NO	NO																		
SALTED BUTTER	YES	NO						Y												
ROAST BEEF																				
	NO	NO						Y												
ROAST GAMMON																				
UNSMOKED GAMMON JOINT	NO	NO																		
ROAST GAMMON																				
	NO	NO																		
VEG WELLINGTON																				
ROOT VEG WELLINGTON	YES	NO	Y					Y	Y									Y		
VEGETARIAN ROAST GRAVY	YES	NO	Y						Y					Y						
VEG WELLINGTON																				
	YES	NO	Y					Y	Y					Y	Y					
YORKSHIRE PUDDING																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
YORKSHIRE PUDDING																				
	YES	NO	Y					Y	Y											
STUFFING																				
SAGE AND ONION STUFFING MIX	YES	YES	Y																	
SALTED BUTTER	YES	NO						Y												
RAPSEED OIL	YES	YES																		
ONIONS RED	YES	YES																		
TABLE SALT	YES	YES																		
STUFFING																				
	YES	NO	Y					Y												
ROAST POTATO																				
ROCK SALT	YES	YES																		
RAPSEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
ROAST POTATO																				
	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
ROOT VEG MASH																				
SALTED BUTTER	YES	NO						Y												
ROOT VEG MASH	YES	NO						Y												
ROOT VEG MASH	YES	NO						Y												
MASH POTATO																				
MASHED POTATO	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
MASH POTATO	YES	NO						Y												
CAUL CHEESE																				
CAULIFLOWER CHEESE	YES	NO						Y	Y											
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
CAUL CHEESE	YES	NO						Y	Y											
RED CABBAGE																				
RED CABBAGE	YES	YES																		
RED CABBAGE	YES	YES																		
SAVOY CABBAGE																				
SHREDDED SAVOY CABBAGE	YES	YES																		
SALTED BUTTER	YES	NO						Y												
SAVOY CABBAGE	YES	NO						Y												
PEAS																				
PEAS GRADE A	YES	YES																		
SALTED BUTTER	YES	NO						Y												
PEAS	YES	NO						Y												
GRAVY																				
GRAVY CONCENTRATE	NO	NO												Y						
GRAVY	NO	NO												Y						
SAUCES																				
CRANBERRY SAUCE	YES	YES																		
ENGLISH MUSTARD	YES	YES	Y													Y				
HORSERADISH SAUCE	YES	NO						Y	Y							Y				
APPLE SAUCE	YES	YES										Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
COOKHOUSE & PUB BUFFET																				
GARLIC BREADED MUSHROOMS																				
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
GARLIC BREADED MUSHROOMS	NO	NO	Y																	
ONION RINGS																				
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
ONION RINGS	NO	NO	Y		Y															
POPPIN CHICKEN																				
RAPESEED OIL	YES	YES																		
MINI CHICKEN CHUNKS	NO	NO	Y					Y												
POPPIN CHICKEN	NO	NO	Y					Y												
CHICKEN GOUJONS																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
CHICKEN GOUJONS	NO	NO	Y					Y												
POTATO DIPPERS																				
REDUCED FAT SOUR CREAM	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
POTATO DIPPERS	YES	NO						Y												
CHIPS																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
CHIPS	YES	YES																		
TORTILLA CHIPS & DIP																				
REDUCED FAT SOUR CREAM	YES	NO						Y												
TORTILLA CHIPS	YES	YES																		
AVOCADO HALVES	YES	YES																		
TOMATO M	YES	YES																		
ONIONS RED	YES	YES																		
CHILLIES RED	YES	YES																		
LIMES	YES	NO																		
TORTILLA CHIPS & DIP	YES	NO						Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
VEG BATONS & DIP																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
VEG BATONS & DIP																				
YES	NO							Y												
TEMPURA PRAWNS																				
RAPESEED OIL	YES	YES																		
TEMPURA BATTERED TAIL ON KING PRAWNS	NO	NO	Y							Y										
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
TEMPURA PRAWNS																				
NO	NO	Y								Y										
GARLIC BREAD																				
GARLIC BREAD SLICES	YES	NO	Y							Y										
GARLIC BREAD																				
YES	NO	Y								Y										
CHEESY GARLIC BREAD																				
GARLIC BREAD SLICES	YES	NO	Y							Y										
MOZZ/MILD CHEDDAR MIX	YES	NO								Y										
CHEESY GARLIC BREAD																				
YES	NO	Y								Y										
MIXED SALAD																				
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
MIXED SALAD																				
YES	YES											Y			Y					
SAUSAGE ROLLS																				
COCKTAIL SAUSAGE ROLLS	NO	NO	Y									Y								
SAUSAGE ROLLS																				
NO	NO	Y										Y								
QUICHE																				
QUICHE CHZ CRUSTLESS	YES	NO	Y					Y	Y											
QUICHE																				
YES	NO	Y						Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
SANDWICHES																				
HAM & MUSTARD																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
ENGLISH MUSTARD	YES	YES	Y												Y					
THICK CUT HAM SLICES	NO	NO																		
SALTED BUTTER	YES	NO						Y												
HAM & MUSTARD	NO	NO	Y		Y			Y							Y					
CHEESE & TOMATO																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
CHEESE SLICES	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
TOMATO M	YES	YES																		
CHEESE & TOMATO	YES	NO	Y		Y			Y												
PRAWNS & DRESSING																				
SALTED BUTTER	YES	NO						Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
COOKED & PEELED COLD WATER PRAWNS	NO	NO								Y										
PRAWNS & DRESSING	NO	NO	Y		Y			Y	Y		Y				Y					
EGG MAYO																				
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
SALTED BUTTER	YES	NO						Y												
CAGE FREE MED BARN EGGS	YES	NO						Y												
WHOLE BLACK PEPPER	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
TABLE SALT	YES	YES																		
EGG MAYO	YES	NO	Y		Y			Y	Y						Y					
CHICKEN & BACON MAYO																				
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SMOKED DRY CURED STREAKY BACON	NO	NO																		
SALTED BUTTER	YES	NO								Y										
CHICKEN & BACON MAYO	NO	NO	Y		Y			Y	Y						Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BROWNIE																				
TRIPLE CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y											
CHOCOLATE SAUCE	YES	YES	Y				Y													
BROWNIE	YES	NO	Y				Y	Y	Y											
PROFITEROLES																				
PROFITEROLES	YES	NO	Y					Y	Y											
CHOCOLATE SAUCE	YES	YES					Y													
PROFITEROLES	YES	NO	Y				Y	Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
COOKHOUSE & PUB SPRING DRINKS																				
SMOOTHIES																				
KALE KICK																				
FRESH APPLE JUICE	YES	YES																		
GREEN REVIVER	YES	YES																		
KALE KICK																				
FRESH APPLE JUICE	YES	YES																		
BERRY BURST	YES	YES																		
BERRY GO ROUND																				
FRESH APPLE JUICE	YES	YES																		
BERRY BURST	YES	YES																		
BERRY GO ROUND																				
HOT CHOCOLATE																				
C&P HOT CHOCOLATE																				
COSTA HOT CHOCOLATE	YES	NO																		
WHOLE MILK	YES	NO							Y											
DAIRY AEROSOL CREAM	YES	NO							Y											
MINI SMARTIES	NO	NO							Y											
MARSHMALLOWS	NO	NO																		
CAPPUCCINO DUSTING	YES	YES																		
C&P HOT CHOCOLATE																				
	NO	NO							Y											
BAILEYS CHOCOLAT LUXE HOT CHOCOLATE																				
COSTA HOT CHOCOLATE	YES	NO																		
WHOLE MILK	YES	NO							Y											
BAILEY'S LUXE	NO	NO							Y											
DAIRY AEROSOL CREAM	YES	NO							Y											
MINI SMARTIES	NO	NO							Y											
MARSHMALLOWS	NO	NO																		
CAPPUCCINO DUSTING	YES	YES																		
BAILEYS CHOCOLAT LUXE HOT CHOCOLATE																				
	NO	NO							Y											

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
BARREL AND HOPS																				
CARLING	NO	NO	Y		Y															
COORS LIGHT DRAUGHT	NO	NO	Y		Y															
STELLA 4.8%	YES	YES			Y															
SAN MIGUEL	YES	YES			Y							Y								
GUINNESS	NO	NO			Y															
CIDER																				
THATCHERS	YES	YES										Y								
CARLING BLACK FRUIT	YES	NO										Y								
DRAUGHT WINES																				
MONVIN BIANCO	YES	NO					Y	Y				Y								
VINO FRIZZANTE	YES	YES										Y								
MERLOT CABERNET	YES	NO					Y	Y				Y								
COCKTAILS																				
PROSECCO WITH A TWIST- STRAWBERRY																				
VINO FRIZZANTE	YES	YES										Y								
TEISSIERE STRAWBERRY	YES	YES																		
STRAWBERRIES	YES	YES																		
PROSECCO WITH A TWIST- STRAWBERRY	YES	YES										Y								
PROSECCO WITH A TWIST- PEACH																				
VINO FRIZZANTE	YES	YES										Y								
TEISSIERE SYRUP PEACH	YES	YES																		
STRAWBERRIES	YES	YES																		
PROSECCO WITH A TWIST- PEACH	YES	YES										Y								
PROSECCO WITH A TWIST- PASSIONFRUIT																				
VINO FRIZZANTE	YES	YES										Y								
TEISSIERE SYRUP PASSIONFRUIT	YES	YES																		
ORANGE MEDIUM	YES	NO																		
PROSECCO WITH A TWIST- PASSIONFRUIT	YES	NO										Y								

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MOJITO																				
DRAUGHT MOJITO	YES	YES																		
LIME	YES	NO																		
FRESH HERBS MINT	YES	YES																		
MOJITO																				
DRAUGHT MOJITO	YES	NO																		
MOJITO WITH A TWIST- STRAWBERRY																				
DRAUGHT MOJITO	YES	YES																		
LIME	YES	NO																		
FRESH HERBS MINT	YES	YES																		
TEISSIERE STRAWBERRY	YES	YES																		
STRAWBERRIES	YES	YES																		
MOJITO WITH A TWIST- STRAWBERRY																				
DRAUGHT MOJITO	YES	NO																		
MOJITO WITH A TWIST- PEACH																				
DRAUGHT MOJITO	YES	YES																		
LIME	YES	NO																		
FRESH HERBS MINT	YES	YES																		
TEISSIERE SYRUP PEACH	YES	YES																		
STRAWBERRIES	YES	YES																		
MOJITO WITH A TWIST- PEACH																				
DRAUGHT MOJITO	YES	NO																		
MOJITO WITH A TWIST- PASSIONFRUIT																				
DRAUGHT MOJITO	YES	YES																		
LIME	YES	NO																		
FRESH HERBS MINT	YES	YES																		
TEISSIERE SYRUP PASSIONFRUIT	YES	YES																		
ORANGE MEDIUM	YES	NO																		
MOJITO WITH A TWIST- PASSIONFRUIT																				
DRAUGHT MOJITO	YES	NO																		
PASSION FRUIT MARTINI																				
ABSOLUT VANILLA	NO	NO																		
FUNKIN PASSIONFRUIT MARTINI MIX	YES	YES																		
VINO FRIZZANTE	YES	YES											Y							
PASSIONFRUIT	YES	YES																		
PASSION FRUIT MARTINI																				
DRAUGHT MOJITO	NO	NO											Y							

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
MOCKTAILS																				
CHERRY BAKEWELL																				
SUNPRIDE CRANBERRY	YES	YES																		
CHERRY PUREE	YES	YES																		
AMARETTO SYRUP	YES	YES																		
LEMONS	YES	NO																		
COCKTAIL CHERRIES WITH STEM	YES	YES																		
FRESH HERBS MINT	YES	YES																		
CHERRY BAKEWELL	YES	NO																		
MANGO MOCKTAIL																				
FRESH HERBS MINT	YES	YES																		
ODK Mango Puree	YES	YES																		
ODK WHITE SUGAR SYRUP	YES	YES																		
LIME	YES	NO																		
FEVER TREE GINGER BEER	YES	YES																		
MANGO MOCKTAIL	YES	NO																		
GIN & TONIC WITH A TWIST																				
BASE																				
FEVER TREE LIGHT TONIC	YES	YES																		
FRESH HERBS MINT	YES	YES																		
LIMES	YES	NO																		
BASE	YES	NO																		
GIN																				
GORDONS GIN	NO	NO																		
GORDONS PINK GIN	YES	YES																		
BOMBAY SAPPHIRE	YES	YES																		
SIPSMITH GIN	YES	YES																		
HENDRICKS	YES	YES																		
WARNER EDWARDS RHUBARB GIN	YES	YES																		
TANQUERAY FLOR DE SEVILLA	YES	YES																		
STRAWBERRY																				
TEISSEIRE STRAWBERRY	YES	YES																		
STRAWBERRIES	YES	YES																		
STRAWBERRY	YES	YES																		

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
PEACH																				
TEISSIERE SYRUP PEACH	YES	YES																		
STRAWBERRIES	YES	YES																		
PEACH																				
TEISSIERE SYRUP PEACH	YES	YES																		
PASSIONFRUIT																				
TEISSIERE SYRUP PASSIONFRUIT	YES	YES																		
ORANGE MEDIUM	YES	NO																		
PASSIONFRUIT																				
ORANGE MEDIUM	YES	NO																		