

**Whitbread PUBs**



**COOKHOUSE+PUB**

*Allergy Information Guide Information:*

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; **we cannot say that any dish on our menus is "free-from" any allergen**, but only that it does not contain that allergen as an ingredient. Our allergen information sheet **does not** include any **"may contains"** information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before as ingredients may be substituted or changed at short notice.

Our allergen information covers the following major allergens: **Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut) , Pecan, Pistachio, Walnut)** and products thereof.

Items that are added as a choice, upgrade or addition must be checked and the allergen information considered in addition to the main meal.

**Our vegan dishes are made to a vegan recipe, but we cannot guarantee that they are suitable for those with MILK or EGG allergies. Please speak to your server if you any dietary requirements.**

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

## KEY FOR WHITBREAD PUBS ALLERGY INFORMATION GUIDE

<b>Y</b>	The allergen is present
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**COOKHOUSE+PUB**

Product Description	Allergens Present																	
	Cereals Containing Gluten																	
	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
COCKTAILS																		
APEROL SPRITZ											Y							
PASSION FRUIT MARTINI											Y							
RUM PUNCH																		
PINA COLADA																		
BLUE LAGOON																		
MIDNIGHT WOO WOO																		
PACKAGED MOCKTAILS - SEE PACKAGING																		
PACKAGED LOWS & NOS - SEE PACKAGING																		
SHOTS																		
TEQUILA ROSE							Y											
EL JIMADOR BLANCO TEQUILA																		
EL JIMADOR REPOSADO TEQUILA																		
ANTICA CLASSIC SAMBUCA																		
ANTICA BLACK SAMBUCA																		
BABY GUINNESS							Y											
SPIRITS																		
GIN																		
BOMBAY SAPPHIRE LONDON DRY																		
BOMBAY SAPPHIRE CITRON PRESSÉ																		
WHITLEY NEILL DISTILLER'S CUT LONDON DRY																		
WHITLEY NEILL RHUBARB & GINGER																		
WHITLEY NEILL RASPBERRY																		
JJ LONDON DRY																		
JJ PINK																		

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VODKA																		
ABSOLUT® ORIGINAL																		
ABSOLUT® PASSIONFRUIT																		
JJ RASPBERRY																		
JJ ARTISANAL																		
WHISKEY																		
TALISKER 10 YO																		
GLENFIDDICH 12 YO																		
JAMESON IRISH WHISKEY																		
JACK DANIELS HONEY																		
JACK DANIELS NO.7 BOURBON																		
RUM																		
DEAD MANS FINGERS SPICED																		
BACARDI																		
MALIBU																		
CAPTAIN MORGAN DARK																		
CAPTAIN MORGAN SPICED																		
MIXERS - SEE PACKAGING																		
DRAUGHT BEERS & CIDERS																		
CARLING	Y		Y															
COORS	Y		Y															
CRUZCAMPO			Y															
MADRI	Y		Y															
BIRRA MORETTI			Y															
GUINNESS			Y															
STRONGBOW											Y							
SALT ALPACALYPSE			Y															
DOOM BAR (KEG)			Y															
DOOM BAR (CASK)			Y					Y										
STRONGBOW DARK FRUITS											Y							
WORTHINGTON'S	Y		Y															
SHARP'S ATLANTIC PALE ALE	Y		Y															
INCH'S CIDER											Y							
PACKAGED BEERS & CIDERS - SEE PACKAGING																		

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PACKAGED SOFT DRINKS - SEE PACKAGING																		
PACKAGED KIDS DRINKS - SEE PACKAGING																		

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HOT DRINKS																		
LATTE							Y											
CAPPUCCINO							Y											
FLAT WHITE							Y											
AMERICANO BLACK																		
AMERICANO WHITE (+ 95ML SEMI SKIMMED MILK)							Y											
ESPRESSO																		
ESPRESSO																		
HOT CHOCOLATE							Y											
HOT CHOCOLATE WITH CREAM							Y											
S'MORES HOT CHOCOLATE					Y		Y											
PG TIPS ENGLISH BREAKFAST (BLACK)																		
PG TIPS PEPPERMINT HERBAL																		
PG TIPS RASBERRY HERBAL																		
PG TIPS GREEN TEA																		
PG TIPS EARL GREY																		
PG TIPS DECAF																		
SOYA DRINK					Y													
OAT DRINK				Y														
WHOLE / SEMI SKIMMED MILK							Y											
AFTER DINNER DRINKS																		
BAILEYS LATTE							Y											
IRISH COFFEE							Y											
COFFEE SYRUP																		
SWEETBIRD VANILLA SUGAR FREE SYRUP																		
SWEETBIRD HAZELNUT SUGAR FREE SYRUP																		
SWEETBIRD SALTED CARAMEL SUGAR FREE SYRUP																		

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WINES																		
WHITE																		
THE NED, SAUVIGNON BLANC											Y							
ANDREW PEACE, CHARDONNAY											Y							
JACK RABBIT, PINOT GRIGIO											Y							
JAM SHED, CHARDONNAY						Y	Y				Y							
VISTAMAR MATINAL, SAUVIGNON BLANC											Y							
CATARRATTO, PINOT GRIGIO											Y							
VINA ARROBA CHARDONNAY (HOUSE WHITE)											Y							
RED																		
CAMPO VIEJO, RIOJA											Y							
ANDREW PEACE, SHIRAZ											Y							
FLAGSTONE POETRY, MERLOT											Y							
JAM SHED, SHIRAZ						Y	Y				Y							
VISTAMAR MATINAL, MERLOT											Y							
FINCA DEL ALTA, MALBEC											Y							
VINA ARROBA TEMPRANILLO (HOUSE RED)											Y							
ROSE																		
THE NED, ROSE											Y							
JACK RABBIT, WHITE ZINFANDEL											Y							
VINO POMONA, ROSE											Y							
SPARKLING																		
SETTE BELLO, PROSECCO DOC											Y							
PROSECCO FOR ONE											Y							