



# Cookhouse & Pub

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menu descriptions do not include all ingredients or allergens, please use the allergy information guide to choose suitable dishes for you to eat and enjoy.

We take great care to prevent cross-contamination when preparing your order in our kitchens. However, due to the layout and operation of our kitchens we do not have specific allergen free zones and it is therefore not possible to fully guarantee separation of allergens. There is significant risk of cross-contamination in our buffet areas. **We cannot guarantee your order is 100% free from any allergenic ingredient.**

Please let a member of our team know if you have an allergy or sensitivities to any ingredient, even if you have dined with us before.

In our kitchens we have two fryers, one for chips and fries only and one for all other deep-fried products (non-chip fryer). Cross-contamination of allergens can occur in the non-chip fryer. If you would like further information on our cooking methods, don't be afraid to ask!

The allergen 'Tree Nuts' refers to the following tree nuts and their by-products: almond, Brazil, cashew, hazelnut, macadamia (Queensland nut), pecan, pistachio and walnut. The column 'Tree Nut source (if present)' will show the specific tree nut.

Our drinks allergy information contains the cocktails and similar drinks only. For soft drinks, spirits, wines, beers etc please consult the packaging or ask a member of staff.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time, so please check with us for up-to-date information.

## KEY FOR COOKHOUSE & PUB ALLERGY INFORMATION GUIDE

**Y** The allergen is present

**YES** Suitable for ovo-lacto vegetarians/ vegans

**NO** Not suitable for ovo-lacto vegetarians/ vegans

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>COOKHOUSE &amp; PUB AUTUMN MENU</b>								
SALT POPCORN per tub	155	37	0.8	0.4	5.5	0.1	1.1	0.0
<b>STARTERS &amp; GRAZERS</b>								
SOUP OF THE DAY- LEEK & POTATO	1307	312	8.3	2.6	46.5	4.2	9.5	1.5
SOUP OF THE DAY- MUSHROOM	1219	291	10.1	5.6	36.3	5.7	10.1	2.1
SOUP OF THE DAY- BROCCOLI	1068	255	5.0	2.6	38.1	7.2	11.9	2.5
SOUP OF THE DAY- CARROT & CORIANDER	1093	261	6.5	2.0	39.3	4.8	7.1	2.2
CHICKEN LIVER PATE	2193	524	22.2	9.2	61.5	20.1	16.3	2.0
PRAWN COCKTAIL	1763	421	17.9	4.2	39.8	13.3	23.3	2.2
GARLIC FLATBREAD WITH CHEESE	3873	925	36.7	14.4	115.9	2.9	28.8	3.1
GARLIC FLATBREAD	3454	825	29.2	9.6	115.3	2.7	21.4	2.6
MUSHROOM & STILTON BAKE	1429	341	30.7	13.6	3.6	0.4	11.3	0.7
HONEY & MUSTARD CHICKEN SKEWERS	905	216	6.7	1.1	9.0	7.7	29.5	1.2
GARLIC & CHILLI KING PRAWNS	640	153	7.9	3.3	0.6	0.4	19.2	1.2
OVEN-BAKED CAMEMBERT	2769	661	40.0	24.7	40.3	15.6	34.3	2.9
TOMATO BRUSCHETTA	1864	445	33.8	8.2	27.9	4.5	5.7	1.6
CHICKEN WINGS WITH PIRI PIRI SAUCE	1192	285	15.4	4.4	12.4	0.8	23.3	2.8
CHICKEN WINGS WITH BREWDOG PUNK IPATM BBQ SAUCE	1348	322	14.9	4.3	23.6	11.4	23.4	1.3
CHICKEN WINGS WITH HARISSA & RED PEPPER SAUCE	1333	318	17.8	4.5	15.8	5.2	23.5	1.8
CALAMARI	2425	579	46.0	3.6	25.6	1.5	15.1	3.5
SMOTHERED CHICKEN BITES	1710	408	21.8	4.2	34.4	17.0	17.4	1.9
<b>FLATBREADS</b>								
MARGHERITA	3600	860	24.2	10.4	119.9	6.4	36.8	3.8
PEPPERONI	4871	1163	52.1	18.8	120.4	7.1	49.5	6.6
PULLED LAMB & ROASTED VEG	5261	1257	55.4	18.0	129.0	10.3	54.5	5.7
CHICKEN & BACON	3873	925	24.3	4.5	119.5	6.6	51.8	4.5
<b>COOKHOUSE &amp; PUB FAVOURITES</b>								
<b>BURGERS</b>								
BEER-BATTERED CHICKEN BURGER	5235	1250	56.7	11.5	120.7	14.1	58.9	5.4
THE ULTIMATE BURGER	8122	1940	127.2	34.8	119.4	22.1	73.7	7.3
CHEDDAR & BACON BURGER	5002	1195	62.8	21.3	99.3	12.4	52.1	4.3
VEGAN SLOPPY JOE BURGER	4806	1148	54.7	10.7	118.3	18.0	38.3	3.7
<b>EXTRAS</b>								
CHEESE	348	83	7.0	4.3	0.0	0.0	5.1	0.4
BACON	132	31	2.0	0.6	0.1	0.0	3.2	0.5
MUSHROOMS	185	44	3.2	0.3	1.5	0.1	1.8	0.1
4OZ BEEF BURGER	894	214	15.3	6.9	0.1	0.1	19.0	0.2
SWEET POTATO FRIES SWAP	1216	290	15.0	1.5	35.7	12.7	1.1	0.7

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>GRILLS</b>								
8OZ RUMP STEAK	3780	903	36.3	8.9	81.8	8.1	59.7	2.6
8OZ SIRLOIN STEAK	3833	915	38.2	10.0	81.8	7.9	55.9	2.3
10OZ RIB EYE STEAK	4609	1101	50.6	16.1	84.0	10.1	72.1	2.2
MIXED GRILL	6171	1474	67.9	17.1	87.9	9.8	122.7	5.8
MIXED GRILL WITH RUMP STEAK	6799	1624	74.4	20.0	88.0	10.0	147.1	6.2
CHICKEN & HALF RACK OF RIBS	4210	1006	37.7	8.3	100.4	35.6	61.3	4.3
CHICKEN & FULL RACK OF RIBS	5383	1286	50.2	13.0	122.4	53.1	81.3	5.1
<b>PIES</b>								
BEEF & DOOM BAR PIE	4682	1118	59.8	33.1	107.1	5.9	32.6	3.5
CHICKEN, MUSHROOM & LEEK PIE	5010	1197	67.0	27.6	119.0	8.0	23.0	3.8
COTTAGE PIE	2673	638	27.7	14.0	51.2	7.7	41.9	3.3
FAKE & ALE PIE	3213	767	37.7	12.1	86.2	14.7	16.4	2.7
<b>EXTRAS</b>								
HALF RACK OF RIBS WITH BREWDOG PUNK IPATM BBQ SAUCE	1162	277	12.5	4.7	21.0	17.0	20.1	0.8
BEER-BATTERED PRAWNS	659	157	7.6	0.8	7.0	0.4	15.1	1.1
BLUE CHEESE SAUCE	267	64	5.1	3.5	3.0	0.1	1.2	0.5
PEPPERCORN SAUCE	123	29	0.7	0.4	4.1	2.2	1.5	0.7
HOLLANDAISE SAUCE	340	81	6.8	3.0	4.2	1.8	0.7	0.5
BUTTERED CORN ON THE COB	649	155	6.7	3.1	18.6	11.8	3.7	0.1
<b>COOKHOUSE CLASSICS</b>								
<b>CLASSICS</b>								
ALL DAY BREAKFAST	5430	1297	65.4	19.9	103.3	23.2	66.8	5.6
VEGETARIAN ALL DAY BREAKFAST	4721	1127	49.6	12.7	107.2	22.6	53.2	4.0
LARGE ALL DAY BREAKFAST	6568	1569	84.3	25.6	106.5	24.0	88.8	6.9
SAUSAGE & MASH	2823	674	35.8	15.2	50.0	6.2	33.6	3.5
VEGETARIAN SAUSAGE & MASH	2392	571	24.5	8.3	53.1	6.9	26.8	3.3
8OZ CHARGRILLED GAMMON WITH EGGS	3816	912	40.6	9.2	64.8	4.5	67.4	4.3
8OZ CHARGRILLED GAMMON WITH PINEAPPLE RINGS	3234	772	23.6	5.6	86.5	25.6	51.7	4.3
8OZ CHARGRILLED GAMMON WITH ONE OF EACH	3525	842	32.1	7.4	75.6	15.0	59.6	4.3
CHICKEN TIKKA CURRY	4087	976	30.9	12.1	111.9	24.5	57.7	5.7
SMOTHERED CHICKEN	4550	1087	43.2	13.8	108.5	20.4	61.3	5.4
DOUBLE SMOTHERED CHICKEN	5768	1378	53.3	19.3	118.1	28.6	101.6	7.3
LAMB SHANK	3372	805	45.1	23.4	43.6	7.8	52.6	2.6
MOZZARELLA STUFFED CHICKEN	3893	930	40.1	13.4	67.1	7.8	70.4	3.9
<b>PASTAS &amp; SALADS</b>								
LUXURY LASAGNE	4458	1065	49.2	21.3	97.2	14.4	55.8	4.1
MUSHROOM RISOTTO	2440	583	28.5	9.8	68.7	2.7	11.8	2.2
BURRITO BOWL SALAD WITH CHICKEN	2678	640	20.7	9.7	56.0	17.7	51.7	3.2
VEGETARIAN BURRITO BOWL SALAD	2030	485	18.2	9.1	55.9	17.2	19.0	2.1
BURRITO BOWL SALAD WITH KING PRAWNS	2643	631	25.9	12.3	56.1	17.2	38.0	3.2
HALLOUMI SALAD	1364	326	24.1	14.3	4.4	3.8	21.0	2.0
HONEY & MUSTARD CHICKEN SKEWERS SALAD	1085	259	8.7	1.3	13.3	11.4	30.9	1.4

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>FISH</b>								
HAND-BATTERED FISH & CHIPS WITH PEAS	3986	952	48.0	5.1	84.3	7.6	40.8	3.9
HAND-BATTERED FISH & CHIPS WITH MUSHY PEAS	4145	990	48.1	5.1	90.8	6.3	43.1	4.8
HAND-BATTERED HADDOCK & CHIPS WITH PEAS	4628	1105	58.1	12.6	93.3	8.7	47.8	3.8
HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4787	1143	58.2	12.6	99.8	7.4	50.1	4.7
BREADED SCAMPI WITH PEAS	3656	873	42.0	4.5	96.9	6.8	21.6	2.9
BREADED SCAMPI WITH MUSHY PEAS	3815	911	42.1	4.6	103.5	5.5	23.9	3.8
BACON WRAPPED COD LOIN	2393	572	30.0	13.1	37.8	5.0	34.1	3.3
<b>SIDES</b>								
HALLOUMI FRIES	2274	543	44.3	15.5	4.9	3.1	31.0	3.6
SWEET POTATO FRIES	1216	290	15.0	1.5	35.7	12.7	1.1	0.7
GARLIC MUSHROOMS	512	122	10.4	3.3	2.1	0.3	3.7	0.1
TENDERSTEM BROCCOLI	426	102	7.3	2.8	3.2	2.1	4.7	0.2
SKIN-ON CHIPS	1700	406	15.4	2.4	58.1	0.8	5.7	1.4
GARLIC FLATBREAD WITH CHEESE	3873	925	36.7	14.4	115.9	2.9	28.8	3.1
BEER-BATTERED ONION RINGS	1172	280	15.0	1.2	31.3	4.2	3.8	0.7
TOPPED FRIES	2489	594	26.3	8.2	67.8	8.4	18.7	2.9
<b>SOMETHING SWEET</b>								
CHOC & CARAMEL SUNDAE WITH CADBURY NIBBLES	2256	539	20.4	12.9	76.4	63.7	8.4	0.5
BLACK FOREST SUNDAE	2470	590	24.0	14.7	78.2	67.1	9.8	0.3
TRIPLE CHOCOLATE BROWNIE	2682	641	22.8	13.0	95.6	74.6	8.8	0.4
VEGAN APPLE PIE	1324	316	10.6	3.2	50.1	27.7	3.7	0.4
INDULGENT CHOCOLATE CAKE	3075	734	30.1	7.3	105.0	79.6	8.0	0.6
HALF BAKED COOKIE DOUGH	2061	492	20.2	10.9	69.0	46.9	6.2	0.9
LUXURY STICKY TOFFEE PUDDING WITH CUSTARD	3157	754	37.7	17.0	94.2	66.7	8.8	0.6
LUXURY STICKY TOFFEE PUDDING WITH ICE CREAM	3015	720	37.4	17.0	86.4	62.6	7.6	0.5
BAKED VANILLA FLAVOUR CHEESECAKE	2648	633	28.1	18.1	85.7	61.2	7.1	0.4
THATCHERS GOLD CIDER APPLE CRUMBLE WITH CUSTARD	2519	602	17.0	7.5	101.8	64.8	8.2	0.9
THATCHERS GOLD CIDER APPLE CRUMBLE WITH ICE CREAM	2378	568	16.6	7.5	94.0	60.7	7.0	0.8
LEMON TART	1885	450	24.5	13.5	52.1	32.4	5.0	0.6
CHOCOLATE FONDANT	2365	565	30.2	10.6	63.9	38.3	7.0	0.9
STRAWBERRY FROZEN YOGHURT	679	162	1.3	0.7	31.7	27.5	5.3	0.2
<b>MINI PUDDINGS</b>								
MINI CHOCOLATE BROWNIE	1091	261	10.0	5.6	37.7	29.7	3.3	0.1
MINI PROFITEROLES	774	185	13.3	7.4	13.4	7.1	2.7	0.1
SCONE	2069	494	28.7	17.5	52.3	25.7	5.9	1.1

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>KIDS MENU</b>								
VEGGIE STICKS	73	17	0.2	0.0	3.1	2.9	0.4	0.0
<b>STARTERS</b>								
GARLIC BREAD WITH CUCUMBER STICKS	467	112	4.6	1.4	14.5	0.8	2.5	0.3
CHICKEN MEATBALLS WITH BBQ SAUCE & CUCUMBER STICKS	743	177	5.8	1.7	15.2	7.9	15.3	0.4
<b>MAIN COURSE</b>								
CHICKEN CURRY	1859	444	9.9	4.7	65.4	16.7	20.5	0.5
MARGHERITA FLATBREAD	2138	511	15.0	6.9	69.0	9.5	22.3	2.3
BEEF BURGER	3114	744	31.2	9.9	80.4	9.2	30.7	1.5
CHICKEN BURGER	1910	456	7.5	1.6	64.9	8.9	28.0	1.4
POPPIN' CHICKEN	2175	519	20.5	3.2	61.5	4.5	18.6	1.9
SPAGHETTI BOLGNESE	1347	322	8.4	2.9	44.9	9.6	12.7	0.9
SAUSAGE AND MASH	1678	401	20.8	8.0	31.4	6.7	19.3	1.8
VEGGIE SAUSAGE AND MASH	1583	378	14.5	3.7	37.4	6.2	18.8	2.3
COD CUBES	2661	636	29.8	4.8	71.1	5.1	16.1	1.4
TOMATO PASTA AND CHICKEN MEATBALLS	2200	525	16.9	4.9	61.9	10.2	28.2	1.0
TOMATO PASTA	1503	359	10.0	2.9	54.6	10.1	10.2	0.8
HOTDOG	2667	637	25.5	7.2	78.7	9.7	18.9	1.9
<b>SWAP YOUR SIDES</b>								
CHIPS	1283	307	11.6	1.8	43.9	0.6	4.3	1.1
SWEET POTATO FRIES	837	200	8.6	0.6	30.4	12.9	1.4	0.4
MINI JACKET POTATOES	648	155	0.3	0.2	32.6	3.7	4.1	0.1
MASHED POTATO	550	131	4.5	2.8	19.0	0.6	2.5	0.6
BROWN RICE	804	192	1.2	0.4	39.6	0.1	4.6	0.1
PEAS	197	47	0.4	0.1	6.3	3.3	3.1	0.0
BAKED BEANS	213	51	0.8	0.1	7.2	3.8	2.5	0.4
MINI CORN ON THE COB	330	79	1.8	0.3	12.4	7.8	2.4	0.0
VEGGIE STICKS	109	26	0.2	0.1	4.7	4.4	0.6	0.0
SIDE SALAD	36	9	0.1	0.0	1.1	1.0	0.6	0.0
GARLIC BREAD	456	109	4.6	1.4	14.2	0.5	2.4	0.3
<b>SUNDAY ROAST</b>								
ROAST BEEF	2867	685	29.2	7.7	73.1	10.4	33.7	1.4
ROAST TURKEY	2591	619	19.3	3.2	73.2	10.5	38.8	1.7
<b>DESSERTS</b>								
FRUIT SALAD	205	49	0.1	0.0	10.3	10.3	0.6	0.0
FUNNY FACE SUNDAE	848	202	5.7	3.5	30.8	24.8	4.4	0.1
PANCAKES	913	218	3.3	0.5	42.8	23.0	4.0	0.4
VANILLA ICE CREAM WITH WAFER AND CHOCOLATE SAUCE	831	199	5.5	3.4	30.2	21.9	4.4	0.2
VANILLA ICE CREAM WITH WAFER AND RASPBERRY SAUCE	826	197	5.4	3.3	30.3	22.5	4.3	0.1
VANILLA ICE CREAM WITH WAFER AND CARAMEL SAUCE	832	199	5.8	3.6	29.7	23.2	4.5	0.2
MINI DONUTS	850	203	6.5	3.0	33.3	20.1	2.2	0.3
STRAWBERRY FROZEN YOGHURT	593	142	1.2	0.6	28.3	20.4	4.2	0.1

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	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
DAYTIME DEALS								
STARTERS								
GARLIC & HERB BREADED MUSHROOMS	1443	345	16.9	1.4	38.0	8.7	6.6	1.0
CHICKEN GOUJONS	1315	314	15.0	1.8	27.6	8.3	16.8	1.4
TOMATO SOUP	1058	253	7.1	3.2	37.3	8.7	7.5	1.5
CHICKEN LIVER PATE	2193	524	22.2	9.2	61.5	20.1	16.3	2.0
GARLIC FLATBREAD WITH CHEESE	3873	925	36.7	14.4	115.9	2.9	28.8	3.1
GARLIC FLATBREAD	3454	825	29.2	9.6	115.3	2.7	21.4	2.6
MAINS								
HAND-BATTERED FISH & CHIPS WITH PEAS	3986	952	48.0	5.1	84.3	7.6	40.8	3.9
HAND-BATTERED FISH & CHIPS WITH MUSHY PEAS	4145	990	48.1	5.1	90.8	6.3	43.1	4.8
HAND-BATTERED HADDOCK & CHIPS WITH PEAS	4628	1105	58.1	12.6	93.3	8.7	47.8	3.8
HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4787	1143	58.2	12.6	99.8	7.4	50.1	4.7
4OZ BEEF, CHEESE & MUSHROOMS BURGERS	2632	629	36.7	14.2	40.4	10.9	32.1	2.0
7OZ GRILLED GAMMON STEAK WITH EGGS	3816	912	40.6	9.2	64.8	4.5	67.4	4.3
7OZ GRILLED GAMMON STEAK WITH PINEAPPLE	3234	772	23.6	5.6	86.5	25.6	51.7	4.3
7OZ GRILLED GAMMON STEAK WITH ONE OF EACH	3525	842	32.1	7.4	75.6	15.0	59.6	4.3
SAUSAGE, EGG & CHIPS	4238	1012	54.9	14.0	73.3	5.9	50.8	3.1
THE SOUTH WESTERN BURGER	2486	594	30.0	4.9	54.7	11.5	24.1	2.9
MARGHERITA FLATBREAD	3600	860	24.2	10.4	119.9	6.4	36.8	3.8
CHILLI NON CARNE	1898	453	5.8	0.8	78.6	18.0	17.0	2.4
SMOTHERED CHICKEN	4027	962	40.3	11.1	88.7	14.9	56.3	5.1
DOUBLE SMOTHERED CHICKEN	5991	1431	57.5	19.6	121.4	31.1	101.5	7.7
CLASSIC LASAGNE	2433	581	25.8	12.1	55.2	17.3	29.7	3.3
CHICKEN TIKKA CURRY	2894	691	28.0	11.9	57.3	9.7	49.0	3.6
ADD A NAAN & POPPADUM	1193	285	2.8	0.2	54.6	14.7	8.7	2.1
DESSERTS								
ICE CREAM WITH RASPBERRY SAUCE	868	207	5.1	3.3	34.4	28.3	3.4	0.1
ICE CREAM WITH CHOCOLATE SAUCE	772	185	5.3	3.4	27.9	22.6	3.7	0.2
ICE CREAM WITH CARAMEL-FLAVOURED SAUCE	884	211	6.1	3.9	32.5	30.3	4.3	0.2
CARAMEL APPLE BETTY	1711	409	14.9	6.5	60.7	37.2	6.5	0.3
TRIPLE CHOCOLATE BROWNIE	2682	641	22.8	13.0	95.6	74.6	8.8	0.4
BELGIAN WAFFLES	1958	468	20.3	9.7	62.2	35.4	7.2	0.9
MINI BROWNIE	1091	261	10.0	5.6	37.7	29.7	3.3	0.1
MINI PROFITEROLES	774	185	13.3	7.4	13.4	7.1	2.7	0.1

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>EVENING DEALS</b>								
<b>BURGER NIGHT</b>								
CHEDDAR & BACON BURGER	4997	1193	62.8	21.3	99.3	12.4	52.1	4.4
VEGAN SLOPPY JOE BURGER	4848	1158	55.2	9.3	120.3	18.0	39.0	3.9
BEER-BATTERED CHICKEN BURGER	5230	1249	56.7	11.5	120.7	14.1	58.9	5.4
THE ULTIMATE BURGER	8122	1940	127.2	34.8	119.4	22.1	73.7	7.3
<b>FISH FRIDAY</b>								
HAND-BATTERED FISH & CHIPS WITH PEAS	3986	952	48.0	5.1	84.3	7.6	40.8	4.0
HAND-BATTERED FISH & CHIPS WITH MUSHY PEAS	4145	990	48.1	5.1	90.8	6.3	43.1	4.9
HAND-BATTERED HADDOCK & CHIPS WITH PEAS	4628	1105	58.1	12.6	93.3	8.7	47.8	3.8
HAND-BATTERED HADDOCK & CHIPS WITH MUSHY PEAS	4787	1143	58.2	12.6	99.8	7.4	50.1	4.7
<b>EXTRAS</b>								
BREAD & BUTTER	2022	483	20.2	11.4	59.4	8.0	13.0	1.6
BATTERED SAUSAGE	817	195	14.1	4.1	9.3	1.7	7.4	0.7
BREADED SCAMPI	680	162	8.6	0.7	14.8	0.4	6.2	0.5
CURRY SAUCE	174	42	2.6	0.8	4.1	2.2	0.3	0.5



The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
CARVERY MENU								
ROAST TURKEY (PER 100G)	506	121	1.8	0.4	4.2	0.0	72.9	2.5
ROAST BEEF (PER SLICE)	419	100	6.6	2.8	0.0	0.0	10.2	0.1
ROAST GAMMON (PER 100G)	678	162	10.4	4.0	0.2	0.2	16.8	2.8
VEG PIE (AS SERVED)	2237	534	32.4	11.0	50.8	8.2	9.0	2.1
YORKSHIRE PUDDING (PER YORKSHIRE)	505	121	3.5	0.4	15.4	0.9	6.4	0.3
STUFFING (PER 100G)	903	216	16.9	2.1	13.6	0.6	1.9	0.9
ROAST POTATO (PER 100G)	749	179	6.5	0.4	27.4	2.3	1.5	0.1
ROOT VEG MASH (Per 100g)	291	69	4.5	2.7	12.0	3.5	1.4	0.6
MASH POTATO (PER 100G)	3112	743	81.6	52.4	1.6	0.8	0.7	1.9
CAUL CHEESE (PER 100G)	522	125	8.8	5.1	4.9	1.9	5.8	0.7
RED CABBAGE (PER 100G)	385	92	0.4	0.1	21.0	16.8	0.6	0.6
SAVOY CABBAGE (PER 100G)	447	107	8.3	5.2	4.2	4.2	2.5	0.7
PEAS (PER 100G)	506	121	4.8	2.7	11.2	5.9	5.5	0.1
GRAVY (PER 100G)	164	39	2.0	0.2	4.5	0.1	0.3	0.8
SAUCES (PER 28G)								
CRANBERRY SAUCE	210	50	0.0	0.0	12.3	12.2	0.1	0.1
ENGLISH MUSTARD	206	49	2.9	0.4	4.2	3.3	1.7	2.5
HORSERADISH SAUCE	217	52	3.7	0.5	3.6	3.4	1.0	1.4
APPLE SAUCE	113	27	0.0	0.0	6.3	5.3	0.1	0.0

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
SUNDAY ROAST								
ROAST TOPSIDE OF BEEF	5131	1226	61.5	22.2	119.4	16.9	51.2	2.7
FAKE & ALE PIE	6575	1570	79.5	26.3	183.2	27.4	32.5	4.2
TURKEY	4698	1122	48.8	16.0	119.7	17.2	53.5	3.6
LAMB SHANK	5571	1331	68.8	26.3	119.6	17.1	61.4	3.0
EXTRA TRIMMINGS	1660	397	16.2	2.7	47.5	4.3	13.0	1.0

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>BUFFET MENU</b>								
<b>BUFFET 1</b>								
<b>SANDWICHES</b>								
CHEESE & TOMATO (PER 1/4)	444	106	6.1	3.6	8.1	1.6	4.3	0.4
EGG MAYO (PER 1/4)	394	94	5.1	2.0	7.7	1.1	3.7	0.4
HAM & MUSTARD (PER 1/4)	562	134	5.6	2.5	8.1	1.4	12.4	1.5
PRAWN & MARIE ROSE (PER 1/4)	458	109	5.4	1.7	9.5	2.9	5.4	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	566	135	6.8	0.5	14.6	3.0	2.6	0.4
POP IN CHICKEN (PER 6)	509	122	6.1	0.9	7.9	0.0	8.9	0.3
CHIPS (PER 100G)	850	203	7.7	1.2	29.1	0.4	2.8	0.7
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	105	25	0.2	0.0	3.9	3.7	1.5	0.0
GARLIC BREAD (PER SLICE)	456	109	4.6	1.4	14.2	0.5	2.4	0.3
MIXED SALAD (1/4 PER PERSON)	72	17	0.8	0.1	1.9	1.6	0.4	0.1
<b>BUFFET 2</b>								
<b>SANDWICHES</b>								
CHEESE & TOMATO (PER 1/4)	460	110	6.2	3.6	8.9	1.1	4.3	0.4
EGG MAYO (PER 1/4)	394	94	5.1	2.0	7.7	1.1	3.7	0.4
HAM & MUSTARD (PER 1/4)	562	134	5.6	2.5	8.1	1.4	12.4	1.5
PRAWN & MARIE ROSE (PER 1/4)	458	109	5.4	1.7	9.5	2.9	5.4	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	566	135	6.8	0.5	14.6	3.0	2.6	0.4
CHICKEN GOJJONS (PER 3 PLUS DIP)	1211	289	15.0	1.8	21.7	3.3	16.7	1.2
CHIPS (PER 100G)	850	203	7.7	1.2	29.1	0.4	2.8	0.7
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	105	25	0.2	0.0	3.9	3.7	1.5	0.0
CHEESY GARLIC BREAD (PER SLICE)	595	142	7.1	3.0	14.4	0.6	4.8	0.4
MIXED SALAD (PER 1/4)	72	17	0.8	0.1	1.9	1.6	0.4	0.1
TORTILLA CHIPS & DIP (30G PLUS DIPS)	708	169	8.5	1.7	19.9	1.0	2.3	0.2
ONION RINGS (PER 3)	439	105	5.6	0.5	11.7	1.6	1.4	0.2
TEMPURA PRAWNS (2 EACH PLUS DIP)	504	120	6.3	0.6	13.1	4.3	2.8	0.8

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>BUFFET 3</b>								
<b>SANDWICHES</b>								
CHEESE & TOMATO (PER 1/4)	460	110	6.2	3.6	8.9	1.1	4.3	0.4
EGG MAYO (PER 1/4)	394	94	5.1	2.0	7.7	1.1	3.7	0.4
CHICKEN & BACON (PER 1/4)	292	70	3.0	1.5	7.5	1.0	2.8	0.3
PRAWN & MARIE ROSE (PER 1/4)	458	109	5.4	1.7	9.5	2.9	5.4	0.6
GARLIC BREADED MUSHROOMS (PER 4 PLUS DIP)	566	135	6.8	0.5	14.6	3.0	2.6	0.4
CHICKEN GOUJONS (PER 3 PLUS DIP)	1211	289	15.0	1.8	21.7	3.3	16.7	1.2
CHIPS (PER 100G)	850	203	7.7	1.2	29.1	0.4	2.8	0.7
VEGETABLE STICKS & DIP (2 EACH PLUS DIP)	105	25	0.2	0.0	3.9	3.7	1.5	0.0
CHEESY GARLIC BREAD (PER SLICE)	595	142	7.1	3.0	14.4	0.6	4.8	0.4
MIXED SALAD (PER 1/4 PORTION)	72	17	0.8	0.1	1.9	1.6	0.4	0.1
TORTILLA CHIPS & DIP (30G PLUS DIPS)	708	169	8.5	1.7	19.9	1.0	2.3	0.2
ONION RINGS (PER 3)	439	105	5.6	0.5	11.7	1.6	1.4	0.2
TEMPURA PRAWNS (2 EACH PLUS DIP)	504	120	6.3	0.6	13.1	4.3	2.8	0.8
BETROOT, ONION & VEGETABLE TARTLETS (PER HALF)	447	107	5.6	2.1	12.1	3.9	1.6	0.3
POTATO DIPPERS (PER PORTION)	714	171	10.0	4.4	13.2	0.9	6.9	0.4
PIGS IN BLANKETS (2 PER PERSON)	583	139	9.5	3.2	4.2	0.8	9.0	1.0
<b>DESSERTS</b>								
CHOCOLATE BROWNIE (1 PLUS SAUCE)	655	156	5.1	2.9	25.0	18.8	1.8	0.1
PROFITEROLES (1 PLUS SAUCE)	317	76	4.2	2.4	8.4	4.9	0.9	0.1
BANOFFEE BITES (PER BITE)	579	138	5.4	3.5	19.7	17.0	1.5	0.2

The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
BREAKFAST MENU								
FULL BREAKFAST								
BACK BACON per rasher	207	49	3.0	1.2	0.1	0.1	5.4	0.8
BREAKFAST SAUSAGE per sausage	479	114	7.4	2.6	2.9	0.6	8.7	0.5
QUORN SAUSAGE per sausage	325	78	3.2	0.3	4.2	0.4	6.4	0.5
SCRAMBLED EGG per portion	1128	269	23.3	12.0	2.1	2.1	12.9	0.0
FRIED EGG per egg	452	108	8.5	1.8	0.1	0.1	7.9	0.0
POACHED EGGS per egg	332	79	5.8	1.7	0.0	0.0	6.8	0.2
BOILED EGGS per egg	341	82	5.8	1.7	0.0	0.0	6.8	0.2
OMELETTE per portion	1690	404	39.2	22.1	0.9	0.9	12.0	0.4
HASH BROWNS each	392	94	4.9	2.1	12.0	0.3	0.9	0.2
BUBBLE AND SQUEAK per portion	707	169	13.3	1.2	9.6	1.3	1.6	0.5
BLACK PUDDING per slice	509	122	8.1	3.0	5.5	0.1	6.6	0.9
MUSHROOMS WITH BUTTER per portion	674	161	16.7	10.5	0.5	0.3	1.6	0.4
TOMATO M per half	36	9	0.2	0.1	1.6	1.6	0.4	0.0
TOMATO (RATIONAL) per half	111	27	2.2	0.2	1.6	1.6	0.4	0.0
BAKED BEANS per portion	381	91	1.4	0.2	12.8	6.8	4.5	0.7

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>CONTINENTAL BREAKFAST</b>								
<b>BAKERY nutrition per item</b>								
CROISSANT	674	161	7.5	4.3	19.3	2.2	3.7	0.4
MINI PAIN AUX RAISIN	534	128	5.8	3.9	16.0	6.6	2.3	0.2
MINI PAIN AUX CHOCOLAT	718	172	9.7	6.3	17.3	5.5	3.1	0.3
CINNAMON AND RAISIN BAGELS	1228	293	1.4	0.2	59.2	9.9	9.5	0.8
BLUEBERRY MINI MUFFIN	476	114	6.2	0.6	12.8	7.1	1.3	0.1
SOURDOUGH CRUMPETS	380	91	0.6	0.1	17.8	0.8	3.1	0.6
WHITE SANDWICH BREAD	384	92	1.0	0.2	17.1	1.0	3.1	0.3
MALTED SANDWICH BREAD	386	92	0.8	0.1	16.7	0.7	3.5	0.3
GLUTEN FREE BREAD SLICE	353	84	1.7	0.1	13.7	0.3	2.2	0.4
REDUCED SUGAR PANCAKE	402	96	3.0	0.4	15.1	1.0	2.7	0.3
NUTELLA CHOCOLATE SPREAD PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
PEANUT BUTTER	PLEASE REFER TO PACKET FOR INFORMATION							
MAPLE SYRUP PORTIONS	261	62	0.0	0.0	15.5	15.5	0.1	0.2
ORANGE MARMALADE PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
HONEY PORTION	274	65	0.0	0.0	16.2	15.0	0.1	0.0
MARMITE PORTIONS	PLEASE REFER TO PACKET FOR INFORMATION							
STRAWBERRY JAM PORTIONS	140	33	0.0	0.0	8.3	8.1	0.0	0.0
ASSORTED JAM PORTIONS- RASPBERRY	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- BLACKCURRANT	PLEASE REFER TO PACKET FOR INFORMATION							
ASSORTED JAM PORTIONS- APRICOT	PLEASE REFER TO PACKET FOR INFORMATION							
SALTED BUTTER PORTIONS	201	48	5.3	3.4	0.1	0.1	0.0	0.1
SUNFLOWER SPREAD	178	43	4.7	1.1	0.0	0.0	0.0	0.1
<b>FRUITS</b>								
FRUIT SALAD per portion	205	49	0.1	0.0	10.3	10.3	0.6	0.0
APPLES GREEN each	283	68	0.1	0.0	15.0	15.0	0.4	0.0
BANANAS each	517	124	0.4	0.1	27.8	25.1	1.4	0.0
FRUIT BERRY MIX per portion	97	23	0.2	0.0	5.1	5.1	0.7	0.0
DRIED FRUIT MIX per 100g	1290	308	0.5	0.0	76.1	59.9	2.0	0.1

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
<b>YOGHURTS AND CEREALS</b>								
STRAWBERRY YOGHURT each	482	115	4.7	3.1	12.7	12.4	5.5	0.2
VANILLA YOGHURT each	402	96	0.0	0.0	16.9	16.8	7.0	0.2
GREEK STYLE YOGHURT each	364	87	0.0	0.0	10.5	10.5	11.4	0.2
COCO POPS per 30g	480	115	0.6	0.3	25.2	5.1	1.9	0.2
CRUNCHY NUT CORNFLAKES per 30g	500	119	1.4	0.2	24.6	10.5	1.8	0.2
CORNFLAKES per 30g	475	113	0.3	0.1	25.2	2.4	2.1	0.3
SPECIAL K per 30g	471	113	0.5	0.1	23.7	5.1	2.7	0.3
WEETABIX per 2 biscuits	568	136	0.8	0.2	25.9	1.7	4.5	0.1
KELLOGG'S MUESLI FRUIT per 45g	463	111	1.5	0.2	20.1	5.4	2.8	0.0
RICE KRISPIES per 30g	482	115	0.5	0.1	25.5	2.4	2.1	0.3
BRAN FLAKES per 30g	447	107	0.6	0.2	19.8	6.0	3.3	0.3
GRANOLA QUAKER OAT RAISIN per portion	875	209	4.6	0.6	35.5	11.5	4.0	0.0
OATS2GO PORRIDGE SACHET per sachet without milk	415	99	2.3	0.4	15.1	0.3	3.3	0.0

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>COOKHOUSE &amp; PUB AUTUMN MENU</b>																				
<b>SALT POPCORN</b>																				
POPCORN	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
TABLE SALT	YES	YES																		
<b>SALT POPCORN</b>																				
POPCORN	YES	NO						Y												
<b>STARTERS &amp; GRAZERS</b>																				
<b>SOUP OF THE DAY- LEEK &amp; POTATO</b>																				
LEEK & POTATO SOUP	YES	YES																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>SOUP OF THE DAY- LEEK &amp; POTATO</b>																				
LEEK & POTATO SOUP	YES	YES	Y		Y															
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>SOUP OF THE DAY- MUSHROOM</b>																				
MUSHROOM SOUP	YES	YES																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>SOUP OF THE DAY- MUSHROOM</b>																				
MUSHROOM SOUP	YES	YES	Y		Y															
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>SOUP OF THE DAY- BROCCOLI</b>																				
BROCCOLI SOUP	YES	YES																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>SOUP OF THE DAY- BROCCOLI</b>																				
BROCCOLI SOUP	YES	YES	Y		Y															
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>SOUP OF THE DAY- CARROT &amp; CORIANDER</b>																				
CARROT & COR SOUP	YES	YES																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>SOUP OF THE DAY- CARROT &amp; CORIANDER</b>																				
CARROT & COR SOUP	YES	YES	Y		Y															
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>CHICKEN LIVER PATE</b>																				
PORT & ONION CONFIT	YES	NO							Y			Y								
SALTED BUTTER BLOCK	YES	NO							Y											
CHICKEN PATE WITH HERBS	NO	NO						Y	Y											
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>CHICKEN LIVER PATE</b>																				
PORT & ONION CONFIT	NO	NO	Y		Y			Y	Y			Y								
<b>PRAWN COCKTAIL</b>																				
SALTED BUTTER BLOCK	YES	NO							Y											
WARM WATER PRAWNS	NO	NO									Y									
SEAFOOD SAUCE	YES	NO						Y							Y					
PAPRIKA PEPPER	YES	YES																		
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
LEMON CASE	YES	NO																		
<b>PRAWN COCKTAIL</b>																				
SEAFOOD SAUCE	NO	NO	Y		Y			Y	Y		Y				Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
			Wheat Products	Rye Products	Barley Products	Oat Products															
<b>GARLIC FLATBREAD WITH CHEESE</b>																					
MOZZ/MILD CHEDDAR MIX	YES	NO						Y													
DOUGH DISCS	YES	YES	Y																		
SEMOLINA	YES	YES	Y																		
GARLIC AND PARSLEY SPREAD	YES	NO						Y													
FRESH HERBS FLAT PARSLEY	YES	YES																			
<b>GARLIC FLATBREAD WITH CHEESE</b>																					
YES	NO	Y						Y													
<b>GARLIC FLATBREAD</b>																					
GARLIC AND PARSLEY SPREAD	YES	NO						Y													
FRESH HERBS FLAT PARSLEY	YES	YES																			
DOUGH DISCS	YES	YES	Y																		
SEMOLINA	YES	YES	Y																		
<b>GARLIC FLATBREAD</b>																					
YES	NO	Y						Y													
<b>MUSHROOM &amp; STILTON BAKE</b>																					
STILTON	YES	NO						Y													
FRESH HERBS FLAT PARSLEY	YES	YES																			
GARLIC AND PARSLEY SPREAD	YES	NO						Y													
MUSHROOM CUP	YES	YES																			
MUSHROOM FLAT	YES	YES																			
FRESH HERBS ROSEMARY	YES	YES																			
<b>MUSHROOM &amp; STILTON BAKE</b>																					
YES	NO							Y													
<b>HONEY &amp; MUSTARD CHICKEN SKEWERS</b>																					
HONEY MUSTARD DRESSING	YES	NO						Y							Y						
RAW CHICKEN INNER FILLET	NO	NO																			
RAPESEED OIL	YES	YES																			
FRESH HERBS FLAT PARSLEY	YES	YES																			
<b>HONEY &amp; MUSTARD CHICKEN SKEWERS</b>																					
NO	NO							Y							Y						
<b>GARLIC &amp; CHILLI KING PRAWNS</b>																					
KING PRAWNS VIETNAMESE	NO	NO									Y										
GARLIC AND PARSLEY SPREAD	YES	NO						Y													
CHILLIES RED	YES	YES																			
LIMES	YES	NO																			
TOMATO M	YES	YES																			
ONIONS RED	YES	YES																			
PEPPER RED	YES	YES																			
FRESH HERBS FLAT PARSLEY	YES	YES																			
EXTRA VIRGIN OLIVE OIL	YES	YES																			
LEMON CASE	YES	NO																			
<b>GARLIC &amp; CHILLI KING PRAWNS</b>																					
NO	NO							Y			Y										
<b>OVEN-BAKED CAMEMBERT</b>																					
delisted CAMEMBERT	YES	NO						Y													
DOUGH DISCS	YES	YES	Y																		
SEMOLINA	YES	YES	Y																		
HONEY PORTION	YES	NO																			
FRESH HERBS ROSEMARY	YES	YES																			
<b>OVEN-BAKED CAMEMBERT</b>																					
YES	NO	Y						Y													

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TOMATO BRUSCHETTA</b>																				
DOUGH DISCS	YES	YES	Y																	
SEMOLINA	YES	YES	Y																	
GARLIC AND PARSLEY BUTTER	YES	NO						Y												
CRACKED BLACK PEPPER	YES	YES																		
TOMATO M	YES	YES																		
TOMATO CHERRY RED	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
EXTRA VIRGIN OLIVE OIL	YES	YES																		
TABLE SALT	YES	YES																		
<b>TOMATO BRUSCHETTA</b>																				
	YES	NO	Y					Y												
<b>CHICKEN WINGS WITH PIRI PIRI SAUCE</b>																				
RAPESEED OIL	YES	YES																		
TULIP CHICKEN WINGS	NO	NO																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
PIRI PIRI SAUCE	YES	YES										Y								
<b>CHICKEN WINGS WITH PIRI PIRI SAUCE</b>																				
	NO	NO										Y								
<b>CHICKEN WINGS WITH BREWDOG PUNK IPA™ BBQ SAUCE</b>																				
RAPESEED OIL	YES	YES																		
TULIP CHICKEN WINGS	NO	NO																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
ALE BBQ SAUCE	YES	NO				Y														
<b>CHICKEN WINGS WITH BREWDOG PUNK IPA™ BBQ SAUCE</b>																				
	NO	NO				Y														
<b>CHICKEN WINGS WITH HARISSA &amp; RED PEPPER SAUCE</b>																				
RAPESEED OIL	YES	YES																		
TULIP CHICKEN WINGS	NO	NO																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
HARISSA & RED PEPPER SAUCE	YES	YES																		
<b>CHICKEN WINGS WITH HARISSA &amp; RED PEPPER SAUCE</b>																				
	NO	NO																		
<b>CALAMARI</b>																				
CALAMARI	NO	NO	Y								Y									
GARLIC MAYONNAISE	YES	NO						Y												
FRESH HERBS FLAT PARSLEY	YES	YES																		
LEMON CASE	YES	NO																		
<b>CALAMARI</b>																				
	NO	NO	Y					Y			Y									
<b>SMOTHERED CHICKEN BITES</b>																				
HUNTERS CHICKEN BITES	NO	NO	Y						Y			Y		Y	Y					
RAPESEED OIL	YES	YES																		
AGED CHEESE SAUCE	YES	NO					Y		Y											
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>SMOTHERED CHICKEN BITES</b>																				
	NO	NO	Y					Y		Y		Y		Y	Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>FLATBREADS</b>																				
<b>MARGHERITA</b>																				
TOMATO PIZZA TOPPING	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
DOUGH DISCS	YES	YES	Y																	
SEMOLINA	YES	YES	Y																	
<b>MARGHERITA</b>																				
	YES	NO	Y					Y												
<b>PEPPERONI</b>																				
SLICED PEPPERONI	NO	NO																		
TOMATO PIZZA TOPPING	YES	YES																		
ROCKET LEAF	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
DOUGH DISCS	YES	YES	Y																	
SEMOLINA	YES	YES	Y																	
<b>PEPPERONI</b>																				
	NO	NO	Y					Y												
<b>PULLED LAMB &amp; ROASTED VEG</b>																				
HOUMOUS	YES	YES					Y													
LAMB PULLED SPICED AFRICAN	NO	NO																		
TOMATO PIZZA TOPPING	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
COURGETTES 1X1KG	YES	YES																		
PEPPER RED	YES	YES																		
ONIONS RED	YES	YES																		
EXTRA VIRGIN OLIVE OIL	YES	YES																		
TABLE SALT	YES	YES																		
PIRI PIRI SAUCE	YES	YES											Y							
GREEK STYLE YOGHURT	YES	NO						Y												
DOUGH DISCS	YES	YES	Y																	
SEMOLINA	YES	YES	Y																	
<b>PULLED LAMB &amp; ROASTED VEG</b>																				
	NO	NO	Y				Y	Y				Y								
<b>CHICKEN &amp; BACON</b>																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
SMOKED DRY CURED STREAKY BACON	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
SOURDOUGH SHEET	YES	YES	Y	Y																
SEMOLINA	YES	YES	Y																	
<b>CHICKEN &amp; BACON</b>																				
	NO	NO	Y	Y				Y							Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>COOKHOUSE &amp; PUB FAVOURITES</b>																				
<b>BURGERS</b>																				
<b>BEER-BATTERED CHICKEN BURGER</b>																				
RAPESEED OIL	YES	YES																		
CHEESE SLICES	YES	NO						Y												
PLAIN FLOUR	YES	YES	Y																	
CHICKEN BREAST	NO	NO																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
BATTER MIX	YES	YES	Y																	
DOOM BAR CASK	NO	NO			Y															
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
LIGHT MAYONNAISE	YES	NO						Y								Y				
PIRI PIRI SAUCE	YES	YES											Y							
<b>BEER-BATTERED CHICKEN BURGER</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>		<b>Y</b>				
<b>THE ULTIMATE BURGER</b>																				
BACONNAISE	YES	NO						Y												Y
CHEESE SLICES	YES	NO							Y											
AGED CHEESE SAUCE	YES	NO					Y		Y											
PICKLED CUCUMBER SPEARS	YES	YES																		Y
STEAK BURGER 4OZ	NO	NO																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
SMOKED DRY CURED STREAKY BACON	NO	NO																		
PEASHOOTS	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y												Y
RAPESEED OIL	YES	YES																		
MUSHROOM CUP	YES	YES																		
TABLE SALT	YES	YES																		
PAPRIKA PEPPER	YES	YES																		
SEMI SKIMMED MILK	YES	NO							Y											
PLAIN FLOUR	YES	YES	Y																	
ONIONS RED	YES	YES																		
<b>THE ULTIMATE BURGER</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>				<b>Y</b>			<b>Y</b>				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHEDDAR &amp; BACON BURGER</b>																				
RAPESEED OIL	YES	YES																		
CHEESE SLICES	YES	NO						Y												
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
SMOKED DRY CURED STREAKY BACON	NO	NO																		
6OZ STEAK BURGER	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
<b>CHEDDAR &amp; BACON BURGER</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					<b>Y</b>		<b>Y</b>				
<b>VEGAN SLOPPY JOE BURGER</b>																				
SLOPPY JOES VEGAN MIX	YES	YES			Y		Y							Y						
BEYOND MEAT BURGER	YES	YES																		
CHERRY TOMATOES	YES	YES																		
VEGAN BURGER SAUCE	YES	YES													Y					
SALAD LEAF MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
CHIPS SKIN ON	YES	YES																		
VEGAN BUN	YES	YES	Y	Y		Y														
<b>VEGAN SLOPPY JOE BURGER</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>	<b>Y</b>	<b>Y</b>	<b>Y</b>	<b>Y</b>					<b>Y</b>		<b>Y</b>	<b>Y</b>					
<b>EXTRAS</b>																				
<b>CHEESE</b>																				
CHEESE SLICES	YES	NO							Y											
<b>CHEESE</b>	<b>YES</b>	<b>NO</b>							<b>Y</b>											
<b>BACON</b>																				
SMOKED DRY CURED STREAKY BACON	NO	NO																		
<b>BACON</b>	<b>NO</b>	<b>NO</b>																		
<b>MUSHROOMS</b>																				
RAPESEED OIL	YES	YES																		
MUSHROOM FLAT	YES	YES																		
<b>MUSHROOMS</b>	<b>YES</b>	<b>YES</b>																		
<b>4OZ BEEF BURGER</b>																				
STEAK BURGER 4OZ	NO	NO																		
<b>4OZ BEEF BURGER</b>	<b>NO</b>	<b>NO</b>																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>SWEET POTATO FRIES SWAP</b>																				
SWEET POTATO FRIES	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>SWEET POTATO FRIES SWAP</b>																				
<b>YES</b>																				
<b>YES</b>																				
<b>GRILLS</b>																				
<b>80Z RUMP STEAK</b>																				
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
80Z BEEF RUMP STEAK	NO	NO																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>80Z RUMP STEAK</b>																				
<b>NO</b>																				
<b>NO</b>																				
<b>Y</b>																				
<b>Y</b>																				
<b>80Z SIRLOIN STEAK</b>																				
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
80Z BEEF SIRLOIN STEAK	NO	NO																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>80Z SIRLOIN STEAK</b>																				
<b>NO</b>																				
<b>NO</b>																				
<b>Y</b>																				
<b>Y</b>																				
<b>100Z RIB EYE STEAK</b>																				
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
100Z RIBEYE STEAK	NO	NO																		
GARDEN PEAS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>100Z RIB EYE STEAK</b>																				
<b>NO</b>																				
<b>NO</b>																				
<b>Y</b>																				
<b>Y</b>																				
<b>MIXED GRILL</b>																				
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
BREAKFAST SAUSAGE	NO	NO	Y									Y								
CHICKEN BREAST	NO	NO																		
GARDEN PEAS	YES	YES																		
70Z BOOMERANG GAMMON STEAK	NO	NO																		
CAGE FREE MED BARN EGGS	YES	NO							Y											
TOMATO M	YES	YES																		
CHIPS SKIN ON	YES	YES																		
40Z RUMP STEAK	NO	NO																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
RAPESEED OIL	YES	YES																		
<b>MIXED GRILL</b>																				
<b>NO</b>																				
<b>NO</b>																				
<b>Y</b>																				
<b>Y</b>																				
<b>Y</b>																				
<b>Y</b>																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
			Wheat Products	Rye Products	Barley Products	Oat Products															
<b>MIXED GRILL WITH RUMP STEAK</b>																					
RAPESEED OIL	YES	YES																			
RAPESEED OIL	YES	YES																			
BREAKFAST SAUSAGE	NO	NO	Y									Y									
CHICKEN BREAST	NO	NO																			
GARDEN PEAS	YES	YES																			
7OZ BOOMERANG GAMMON STEAK	NO	NO																			
CAGE FREE MED BARN EGGS	YES	NO						Y													
TOMATO M	YES	YES																			
CHIPS SKIN ON	YES	YES																			
BEER BATTERED ONION RINGS	NO	NO	Y		Y																
RAPESEED OIL	YES	YES																			
8OZ BEEF RUMP STEAK	NO	NO																			
<b>MIXED GRILL WITH RUMP STEAK</b>	NO	NO	Y		Y			Y				Y									
<b>CHICKEN &amp; HALF RACK OF RIBS</b>																					
ALE BBQ SAUCE	YES	NO			Y																
CHERRY TOMATOES	YES	YES																			
COLESLAW MIX	YES	YES																			
SALAD LEAF MIX	YES	YES																			
RAPESEED OIL	YES	YES																			
CHICKEN BREAST	NO	NO																			
LIGHT MAYONNAISE	YES	NO						Y								Y					
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																			
FRENCH DRESSING	YES	YES										Y			Y						
CUCUMBER	YES	YES																			
ONIONS SPRING BUNCH	YES	YES																			
CHIPS SKIN ON	YES	YES																			
<b>CHICKEN &amp; HALF RACK OF RIBS</b>	NO	NO			Y			Y				Y			Y						
<b>CHICKEN &amp; FULL RACK OF RIBS</b>																					
ALE BBQ SAUCE	YES	NO			Y																
CHERRY TOMATOES	YES	YES																			
COLESLAW MIX	YES	YES																			
SALAD LEAF MIX	YES	YES																			
RAPESEED OIL	YES	YES																			
CHICKEN BREAST	NO	NO																			
LIGHT MAYONNAISE	YES	NO						Y								Y					
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																			
FRENCH DRESSING	YES	YES										Y			Y						
CUCUMBER	YES	YES																			
ONIONS RED	YES	YES																			
CHIPS SKIN ON	YES	YES																			
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																			
ALE BBQ SAUCE	YES	NO			Y																
RAPESEED OIL	YES	YES																			
<b>CHICKEN &amp; FULL RACK OF RIBS</b>	NO	NO			Y			Y				Y			Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>PIES</b>																				
<b>BEEF &amp; DOOM BAR PIE</b>																				
BEEF & ALE PIE	NO	NO	Y		Y			Y	Y											
SALTED BUTTER BLOCK	YES	NO							Y											
SALTED BUTTER BLOCK	YES	NO							Y											
MASHED POTATO	YES	NO							Y											
GRAVY CONCENTRATE	NO	NO												Y						
WHOLE GREEN BEANS	YES	YES																		
<b>BEEF &amp; DOOM BAR PIE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>					<b>Y</b>						
<b>CHICKEN, MUSHROOM &amp; LEEK PIE</b>																				
CHICKEN & MUSHROOM PIE	NO	NO	Y					Y	Y											
SALTED BUTTER BLOCK	YES	NO							Y											
MASHED POTATO	YES	NO							Y											
GRAVY CONCENTRATE	NO	NO												Y						
WHOLE GREEN BEANS	YES	YES																		
<b>CHICKEN, MUSHROOM &amp; LEEK PIE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					<b>Y</b>						
<b>COTTAGE PIE</b>																				
SALTED BUTTER BLOCK	YES	NO							Y											
MASHED POTATO	YES	NO							Y											
GRAVY CONCENTRATE	NO	NO												Y						
GARDEN PEAS	YES	YES																		
BEEF COTTAGE PIE FILLING	NO	NO			Y															
<b>COTTAGE PIE</b>	<b>NO</b>	<b>NO</b>			<b>Y</b>				<b>Y</b>					<b>Y</b>						
<b>FAKE &amp; ALE PIE</b>																				
VEGAN GRAVY	YES	YES																		
FAKE & ALE PIE	YES	YES	Y		Y									Y						
POTATO MID	YES	YES																		
WHOLE GREEN BEANS	YES	YES																		
<b>FAKE &amp; ALE PIE</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>		<b>Y</b>									<b>Y</b>						
<b>EXTRAS</b>																				
<b>HALF RACK OF RIBS WITH BREWDOG PUNK IPA™ BBQ SAUCE</b>																				
ALE BBQ SAUCE	YES	NO			Y															
MAPLE FLAVOUR BBQ PORK RIBS	NO	NO																		
RAPESEED OIL	YES	YES																		
<b>HALF RACK OF RIBS WITH BREWDOG PUNK IPA™ BBQ SAUCE</b>	<b>NO</b>	<b>NO</b>			<b>Y</b>															
<b>BEER-BATTERED PRAWNS</b>																				
KING PRAWNS VIETNAMESE	NO	NO									Y									
PLAIN FLOUR	YES	YES	Y																	
BATTER MIX	YES	YES	Y																	
DOOM BAR CASK	NO	NO			Y															
<b>BEER-BATTERED PRAWNS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>						<b>Y</b>									

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BLUE CHEESE SAUCE</b>																				
BLUE CHEESE SAUCE	NO	NO						Y						Y						
BLUE CHEESE SAUCE	NO	NO						Y						Y						
<b>PEPPERCORN SAUCE</b>																				
PEPPERCORN SAUCE	NO	NO	Y					Y						Y						
PEPPERCORN SAUCE	NO	NO	Y					Y						Y						
<b>HOLLANDAISE SAUCE</b>																				
HOLLANDAISE SAUCE	YES	NO						Y	Y											
HOLLANDAISE SAUCE	YES	NO						Y	Y											
<b>BUTTERED CORN ON THE COB</b>																				
SALTED BUTTER BLOCK	YES	NO						Y												
GRILLED CORN ON THE COB	YES	YES																		
BUTTERED CORN ON THE COB	YES	NO						Y												
<b>COOKHOUSE CLASSICS CLASSICS</b>																				
<b>ALL DAY BREAKFAST</b>																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPSEED OIL	YES	YES																		
HASH BROWNS	YES	YES																		
BREAKFAST SAUSAGE	NO	NO	Y										Y							
UNSMOKED BACK BACON	NO	NO																		
BAKED BEANS	YES	YES																		
TOMATO M	YES	YES																		
RAPSEED OIL	YES	YES																		
MUSHROOM FLAT	YES	YES																		
WHITE BLOOMER BREAD	YES	YES	Y																	
SALTED BUTTER BLOCK	YES	NO							Y											
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
ALL DAY BREAKFAST	NO	NO	Y		Y			Y	Y				Y							
<b>VEGETARIAN ALL DAY BREAKFAST</b>																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO							Y											
RAPSEED OIL	YES	YES																		
HASH BROWNS	YES	YES																		
BAKED BEANS	YES	YES																		
QUORN CUMBERLAND SAUSAGE	YES	NO	Y						Y	Y										
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
TOMATO M	YES	YES																		
RAPSEED OIL	YES	YES																		
MUSHROOM FLAT	YES	YES																		
VEGETARIAN ALL DAY BREAKFAST	YES	NO	Y		Y			Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>LARGE ALL DAY BREAKFAST</b>																				
CAGE FREE MED BARN EGGS	YES	NO					Y													
RAPESEED OIL	YES	YES																		
HASH BROWNS	YES	YES																		
BREAKFAST SAUSAGE	NO	NO	Y									Y								
UNSMOKED BACK BACON	NO	NO																		
BAKED BEANS	YES	YES																		
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
MUSHROOM FLAT	YES	YES																		
WHITE BLOOMER BREAD	YES	YES	Y																	
SALTED BUTTER BLOCK	YES	NO						Y												
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
BREAKFAST SAUSAGE	NO	NO	Y									Y								
UNSMOKED BACK BACON	NO	NO																		
RAPESEED OIL	YES	YES																		
CAGE FREE MED BARN EGGS	YES	NO					Y													
<b>LARGE ALL DAY BREAKFAST</b>																				
	NO	NO	Y		Y			Y	Y				Y							
<b>SAUSAGE &amp; MASH</b>																				
SALTED BUTTER BLOCK	YES	NO						Y												
BREAKFAST SAUSAGE	NO	NO	Y									Y								
MASHED POTATO	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO												Y						
GARDEN PEAS	YES	YES																		
<b>SAUSAGE &amp; MASH</b>																				
	NO	NO	Y					Y					Y		Y					
<b>VEGETARIAN SAUSAGE &amp; MASH</b>																				
VEGAN GRAVY	YES	YES																		
SALTED BUTTER BLOCK	YES	NO						Y												
MASHED POTATO	YES	NO						Y												
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
GARDEN PEAS	YES	YES																		
<b>VEGETARIAN SAUSAGE &amp; MASH</b>																				
	YES	NO	Y					Y	Y											
<b>8OZ CHARGILLED GAMMON WITH EGGS</b>																				
CAGE FREE MED BARN EGGS	YES	NO					Y													
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>8OZ CHARGILLED GAMMON WITH EGGS</b>																				
	NO	NO					Y													

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>8OZ CHARGRILLED GAMMON WITH PINEAPPLE RINGS</b>																				
RAPESEED OIL	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
GARDEN PEAS	YES	YES																		
<b>7OZ BOOMERANG GAMMON STEAK</b>																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>8OZ CHARGRILLED GAMMON WITH PINEAPPLE RINGS</b>																				
<b>8OZ CHARGRILLED GAMMON WITH ONE OF EACH</b>																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
GARDEN PEAS	YES	YES																		
<b>7OZ BOOMERANG GAMMON STEAK</b>																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>8OZ CHARGRILLED GAMMON WITH ONE OF EACH</b>																				
<b>CHICKEN TIKKA CURRY</b>																				
BASMATI RICE	YES	YES																		
CHICKEN MAKHANI CURRY	NO	NO							Y											
PLAIN POPPADOMS	NO	NO																		
GREEK STYLE YOGHURT	YES	NO								Y										
PLAIN NAAN	YES	NO	Y				Y		Y											
FRESH HERBS CORIANDER	YES	YES																		
MANGO CHUTNEY	YES	YES																		
<b>CHICKEN TIKKA CURRY</b>																				
<b>SMOTHERED CHICKEN</b>																				
CHICKEN BREAST	NO	NO																		
BBQ SAUCE	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y							Y										
SMOKED DRY CURED STREAKY BACON	NO	NO																		
MOZZ/MILD CHEDDAR MIX	YES	NO									Y									
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
CHERRY TOMATOES	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES											Y			Y				
CUCUMBER	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
<b>SMOTHERED CHICKEN</b>																				
	NO	NO	Y						Y			Y				Y				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>DOUBLE SMOTHERED CHICKEN</b>																				
CHICKEN BREAST	NO	NO																		
BBQ SAUCE	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y						Y											
SMOKED DRY CURED STREAKY BACON	NO	NO																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
BBQ SAUCE	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
CHERRY TOMATOES	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
<b>DOUBLE SMOTHERED CHICKEN</b>																				
	NO	NO	Y						Y			Y			Y					
<b>LAMB SHANK</b>																				
LAMB SHANK	NO	NO																		
MALBEC SAUCE	NO	NO							Y			Y								
VEG MIX GREEN	YES	NO					Y		Y											
SALTED BUTTER BLOCK	YES	NO							Y											
MASHED POTATO	YES	NO							Y											
<b>LAMB SHANK</b>																				
	NO	NO					Y		Y			Y								
<b>MOZZARELLA STUFFED CHICKEN</b>																				
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
HERB & CHEESE CHICKEN	NO	NO							Y											
SMOKED DRY CURED STREAKY BACON	NO	NO																		
CHIPS SKIN ON	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
SALTED BUTTER BLOCK	YES	NO							Y											
SPICY TOMATO SAUCE	YES	NO												Y						
WHOLE GREEN BEANS	YES	YES																		
<b>MOZZARELLA STUFFED CHICKEN</b>																				
	NO	NO							Y					Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>PASTAS &amp; SALADS</b>																				
<b>LUXURY LASAGNE</b>																				
PREMIUM LASAGNE	NO	NO	Y				Y	Y												
DOUGH DISCS	YES	YES	Y																	
SEMOLINA	YES	YES	Y																	
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
CHERRY TOMATOES	YES	YES																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
<b>LUXURY LASAGNE</b>																				
NO	NO	Y					Y	Y				Y			Y					
<b>MUSHROOM RISOTTO</b>																				
WINE & GARLIC RISOTTO	YES	NO						Y												
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
MUSHROOM & WHITE WINE SAUCE	YES	NO	Y			Y		Y				Y		Y	Y					
MUSHROOM FLAT	YES	YES																		
ROCKET LEAF	YES	YES																		
<b>MUSHROOM RISOTTO</b>																				
YES	NO	Y				Y		Y				Y		Y	Y					
<b>BURRITO BOWL SALAD WITH CHICKEN</b>																				
RAPESEED OIL	YES	YES																		
REDUCED FAT SOUR CREAM	YES	NO						Y												
CHICKEN BREAST	NO	NO																		
8 INCH TORTILLA	YES	YES	Y																	
TOMATO M	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
BURRITO MIX	YES	YES												Y						
LIMES	YES	NO																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
PEPPER RED	YES	YES																		
<b>BURRITO BOWL SALAD WITH CHICKEN</b>																				
NO	NO	Y						Y				Y		Y	Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>VEGETARIAN BURRITO BOWL SALAD</b>																				
RAPESEED OIL	YES	YES																		
REDUCED FAT SOUR CREAM	YES	NO						Y												
8 INCH TORTILLA	YES	YES	Y																	
TOMATO M	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
BURRITO MIX	YES	YES												Y						
LIMES	YES	NO																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
PEPPER RED	YES	YES																		
<b>VEGETARIAN BURRITO BOWL SALAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>				<b>Y</b>		<b>Y</b>	<b>Y</b>					
<b>BURRITO BOWL SALAD WITH KING PRAWNS</b>																				
RAPESEED OIL	YES	YES																		
KING PRAWNS VIETNAMESE	NO	NO									Y									
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
REDUCED FAT SOUR CREAM	YES	NO						Y												
8 INCH TORTILLA	YES	YES	Y																	
TOMATO M	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
BURRITO MIX	YES	YES												Y						
LIMES	YES	NO																		
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
PEPPER RED	YES	YES																		
<b>BURRITO BOWL SALAD WITH KING PRAWNS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>			<b>Y</b>		<b>Y</b>	<b>Y</b>	<b>Y</b>					
<b>HALLOUMI SALAD</b>																				
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
HALLOUMI	YES	NO						Y												
RAPESEED OIL	YES	YES																		
<b>HALLOUMI SALAD</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>				<b>Y</b>			<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HONEY &amp; MUSTARD CHICKEN SKEWERS SALAD</b>																				
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO CHERRY RED	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
HONEY MUSTARD DRESSING	YES	NO						Y							Y					
RAW CHICKEN INNER FILLET	NO	NO																		
RAPESEED OIL	YES	YES																		
<b>HONEY &amp; MUSTARD CHICKEN SKEWERS SALAD</b>	<b>NO</b>	<b>NO</b>						Y					Y		Y					
<b>FISH</b>																				
<b>HAND-BATTERED FISH &amp; CHIPS WITH PEAS</b>																				
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
POLLOCK FILLETS	NO	NO								Y										
TARTARE SAUCE	YES	NO							Y						Y					
CHIPS SKIN ON	YES	YES																		
LEMON CASE	YES	NO																		
TABLE SALT	YES	YES																		
GARDEN PEAS	YES	YES																		
<b>HAND-BATTERED FISH &amp; CHIPS WITH PEAS</b>	<b>NO</b>	<b>NO</b>	Y						Y						Y					
<b>HAND-BATTERED FISH &amp; CHIPS WITH MUSHY PEAS</b>																				
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
POLLOCK FILLETS	NO	NO																		
TARTARE SAUCE	YES	NO							Y						Y					
CHIPS SKIN ON	YES	YES																		
LEMON CASE	YES	NO																		
TABLE SALT	YES	YES																		
MUSHY PEAS	YES	YES																		
<b>HAND-BATTERED FISH &amp; CHIPS WITH MUSHY PEAS</b>	<b>NO</b>	<b>NO</b>	Y						Y						Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HAND-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>																				
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
HADDOCK FILLET LARGE	NO	NO							Y											
TARTARE SAUCE	YES	NO						Y							Y					
CHIPS SKIN ON	YES	YES																		
LEMON CASE	YES	NO																		
TABLE SALT	YES	YES																		
DOOM BAR CASK	NO	NO			Y															
GARDEN PEAS	YES	YES																		
<b>HAND-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>		<b>Y</b>					<b>Y</b>					
<b>HAND-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>																				
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
HADDOCK FILLET LARGE	NO	NO								Y										
TARTARE SAUCE	YES	NO						Y							Y					
CHIPS SKIN ON	YES	YES																		
LEMON CASE	YES	NO																		
TABLE SALT	YES	YES																		
DOOM BAR CASK	NO	NO			Y															
MUSHY PEAS	YES	YES																		
<b>HAND-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>		<b>Y</b>					<b>Y</b>					
<b>BREADED SCAMPI WITH PEAS</b>																				
RAPESEED OIL	YES	YES																		
LOW SALT WHITBY SCAMPI	NO	NO	Y								Y									
GARDEN PEAS	YES	YES																		
TARTARE SAUCE	YES	NO						Y							Y					
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>BREADED SCAMPI WITH PEAS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>			<b>Y</b>				<b>Y</b>					
<b>BREADED SCAMPI WITH MUSHY PEAS</b>																				
RAPESEED OIL	YES	YES																		
LOW SALT WHITBY SCAMPI	NO	NO	Y								Y									
MUSHY PEAS	YES	YES																		
TARTARE SAUCE	YES	NO						Y							Y					
LEMON CASE	YES	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>BREADED SCAMPI WITH MUSHY PEAS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>			<b>Y</b>				<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
			Wheat Products	Rye Products	Barley Products	Oat Products															
<b>BACON WRAPPED COD LOIN</b>																					
TENDER STEM BROCCOLI	YES	YES																			
MASHED POTATO	YES	NO						Y													
SALTED BUTTER BLOCK	YES	NO						Y													
HOLLANDAISE SAUCE	YES	NO						Y	Y												
MSC COD LOINS	NO	NO								Y											
TABLE SALT	YES	YES																			
SMOKED DRY CURED STREAKY BACON	NO	NO																			
<b>BACON WRAPPED COD LOIN</b>	<b>NO</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>SIDES</b>																					
<b>HALLOUMI FRIES</b>																					
SEMOLINA	YES	YES	Y																		
RAPESEED OIL	YES	YES																			
SEMI SKIMMED MILK	YES	NO							Y												
HALLOUMI	NO	NO							Y												
PIRI PIRI SAUCE	YES	YES										Y									
GREEK STYLE YOGHURT	YES	NO							Y												
<b>HALLOUMI FRIES</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>				<b>Y</b>								
<b>SWEET POTATO FRIES</b>																					
SWEET POTATO FRIES	YES	YES																			
RAPESEED OIL	YES	YES																			
<b>SWEET POTATO FRIES</b>	<b>YES</b>	<b>YES</b>																			
<b>GARLIC MUSHROOMS</b>																					
GARLIC AND PARSLEY SPREAD	YES	NO							Y												
MUSHROOM CUP	YES	YES																			
MUSHROOM FLAT	YES	YES																			
FRESH HERBS FLAT PARSLEY	YES	YES																			
<b>GARLIC MUSHROOMS</b>	<b>YES</b>	<b>NO</b>							<b>Y</b>												
<b>TENDERSTEM BROCCOLI</b>																					
TENDER STEM BROCCOLI	YES	YES																			
SALTED BUTTER BLOCK	YES	NO							Y												
<b>TENDERSTEM BROCCOLI</b>	<b>YES</b>	<b>NO</b>							<b>Y</b>												
<b>SKIN-ON CHIPS</b>																					
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
<b>SKIN-ON CHIPS</b>	<b>YES</b>	<b>YES</b>																			
<b>GARLIC FLATBREAD WITH CHEESE</b>																					
MOZZ/MILD CHEDDAR MIX	YES	NO							Y												
DOUGH DISCS	YES	YES	Y																		
SEMOLINA	YES	YES	Y																		
GARLIC AND PARSLEY SPREAD	YES	NO							Y												
FRESH HERBS FLAT PARSLEY	YES	YES																			
<b>GARLIC FLATBREAD WITH CHEESE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																		
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
			Wheat Products	Rye Products	Barley Products	Oat Products															
<b>BEER-BATTERED ONION RINGS</b>																					
BEER BATTERED ONION RINGS	NO	NO	Y		Y																
RAPESEED OIL	YES	YES																			
<b>BEER-BATTERED ONION RINGS</b>																					
BEER BATTERED ONION RINGS	NO	NO	Y		Y																
<b>TOPPED FRIES</b>																					
ALE BBQ SAUCE	YES	NO			Y																
RAPESEED OIL	YES	YES																			
CHIPS SKIN ON	YES	YES																			
SMOKED DRY CURED STREAKY BACON	NO	NO																			
MOZZ/MILD CHEDDAR MIX	YES	NO						Y													
<b>TOPPED FRIES</b>																					
TOPPED FRIES	NO	NO			Y			Y													
<b>SOMETHING SWEET</b>																					
<b>CHOC &amp; CARAMEL SUNDAE WITH CADBURY NIBBLES</b>																					
CADBURY CARAMEL PIECES	YES	NO						Y													
DAIRY AEROSOL CREAM	YES	NO						Y													
CHOCOLATE SAUCE	YES	YES																			
CARAMEL SAUCE	YES	NO						Y													
VANILLA ICE CREAM	YES	NO						Y													
ROLLED BISCUIT	YES	NO	Y					Y	Y												
<b>CHOC &amp; CARAMEL SUNDAE WITH CADBURY NIBBLES</b>																					
CHOC & CARAMEL SUNDAE WITH CADBURY NIBBLES	YES	NO	Y					Y	Y												
<b>BLACK FOREST SUNDAE</b>																					
<b>DARK CHERRY COMPOTE</b>																					
DARK CHERRY COMPOTE	YES	YES																			
<b>TRIPLE CHOCOLATE BROWNIE</b>																					
TRIPLE CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y												
<b>DAIRY AEROSOL CREAM</b>																					
DAIRY AEROSOL CREAM	YES	NO							Y												
<b>FRESH HERBS MINT</b>																					
FRESH HERBS MINT	YES	YES																			
<b>VANILLA ICE CREAM</b>																					
VANILLA ICE CREAM	YES	NO							Y												
<b>CHOCSTIX</b>																					
CHOCSTIX	YES	NO					Y		Y												
<b>BLACK FOREST SUNDAE</b>																					
BLACK FOREST SUNDAE	YES	NO	Y				Y	Y	Y												
<b>TRIPLE CHOCOLATE BROWNIE</b>																					
<b>TRIPLE CHOCOLATE BROWNIE</b>																					
TRIPLE CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y												
<b>FRESH HERBS MINT</b>																					
FRESH HERBS MINT	YES	YES																			
<b>CHOCOLATE SAUCE</b>																					
CHOCOLATE SAUCE	YES	YES																			
<b>VANILLA ICE CREAM</b>																					
VANILLA ICE CREAM	YES	NO							Y												
<b>TRIPLE CHOCOLATE BROWNIE</b>																					
TRIPLE CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y												
<b>VEGAN APPLE PIE</b>																					
<b>VEGAN APPLE PIE</b>																					
VEGAN APPLE PIE	YES	YES	Y																		
<b>VEGAN CUSTARD</b>																					
VEGAN CUSTARD	YES	YES					Y														
<b>FRESH HERBS MINT</b>																					
FRESH HERBS MINT	YES	YES																			
<b>VEGAN APPLE PIE</b>																					
VEGAN APPLE PIE	YES	YES	Y				Y														

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>INDULGENT CHOCOLATE CAKE</b>																				
CHOCOLATE CAKE GF	YES	NO						Y	Y											
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
<b>INDULGENT CHOCOLATE CAKE</b>																				
CHOCOLATE CAKE GF	YES	NO						Y	Y											
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
<b>HALF BAKED COOKIE DOUGH</b>																				
COOKIE DOUGH PUCK	YES	NO	Y				Y	Y												
CHOCOLATE SAUCE	YES	YES																		
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO						Y												
<b>HALF BAKED COOKIE DOUGH</b>																				
COOKIE DOUGH PUCK	YES	NO	Y				Y	Y	Y											
CHOCOLATE SAUCE	YES	YES																		
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO						Y												
<b>LUXURY STICKY TOFFEE PUDDING WITH CUSTARD</b>																				
CUSTARD RTS	YES	NO							Y											
STICKY TOFFEE PUDDING	YES	NO	Y					Y	Y											
FRESH HERBS MINT	YES	YES																		
<b>LUXURY STICKY TOFFEE PUDDING WITH CUSTARD</b>																				
CUSTARD RTS	YES	NO	Y						Y											
STICKY TOFFEE PUDDING	YES	NO	Y					Y	Y											
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
<b>LUXURY STICKY TOFFEE PUDDING WITH ICE CREAM</b>																				
STICKY TOFFEE PUDDING	YES	NO	Y					Y	Y											
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
<b>BAKED VANILLA FLAVOUR CHEESECAKE</b>																				
DARK CHERRY COMPOTE	YES	YES																		
BAKED CHEESECAKE	YES	NO	Y			Y		Y	Y											
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
<b>BAKED VANILLA FLAVOUR CHEESECAKE</b>																				
DARK CHERRY COMPOTE	YES	YES																		
BAKED CHEESECAKE	YES	NO	Y			Y		Y	Y											
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
<b>THATCHERS GOLD CIDER APPLE CRUMBLE WITH CUSTARD</b>																				
APPLE & CIDER FILLING	YES	NO							Y				Y							
CUSTARD RTS	YES	NO							Y											
FLAPJACK CRUMBLE TOPPING	YES	YES				Y														
<b>THATCHERS GOLD CIDER APPLE CRUMBLE WITH CUSTARD</b>																				
APPLE & CIDER FILLING	YES	NO							Y				Y							
FLAPJACK CRUMBLE TOPPING	YES	YES				Y														
VANILLA ICE CREAM	YES	NO							Y											
<b>THATCHERS GOLD CIDER APPLE CRUMBLE WITH ICE CREAM</b>																				
APPLE & CIDER FILLING	YES	NO							Y				Y							
FLAPJACK CRUMBLE TOPPING	YES	YES				Y														
VANILLA ICE CREAM	YES	NO							Y											
<b>LEMON TART</b>																				
LEMON TART	NO	NO	Y					Y	Y											
DAIRY AEROSOL CREAM	YES	NO							Y											
FRESH HERBS MINT	YES	YES																		
<b>LEMON TART</b>																				
LEMON TART	NO	NO	Y					Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHOCOLATE FONDANT</b>																				
CHOCOLATE & CARAMEL FONDANT PUDDING	YES	NO	Y				Y	Y	Y											
FRESH HERBS MINT	YES	YES																		
VANILLA ICE CREAM	YES	NO						Y												
<b>CHOCOLATE FONDANT</b>																				
	YES	NO	Y				Y	Y	Y											
<b>STRAWBERRY FROZEN YOGHURT</b>																				
FRESH HERBS MINT	YES	YES																		
STRAWBERRIES	YES	YES																		
STRAWBERRY FROZEN YOGHURT	YES	NO						Y												
<b>STRAWBERRY FROZEN YOGHURT</b>																				
	YES	NO						Y												
<b>MINI PUDDINGS</b>																				
<b>MINI CHOCOLATE BROWNIE</b>																				
TRIPLE CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y											
<b>MINI CHOCOLATE BROWNIE</b>																				
	YES	NO	Y				Y	Y	Y											
<b>MINI PROFITEROLES</b>																				
CHOCOLATE SAUCE	YES	YES																		
PROFITEROLES	YES	NO	Y					Y	Y											
<b>MINI PROFITEROLES</b>																				
	YES	NO	Y					Y	Y											
<b>SCONE</b>																				
FRUIT SCONE	YES	NO	Y					Y	Y											
RODDA'S CORNISH CLOTTED CREAM	YES	NO							Y											
ICING SUGAR	YES	NO																		
MIXED JAM CASE	YES	YES																		
<b>SCONE</b>																				
	YES	NO	Y					Y	Y											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>KIDS MENU</b>																				
<b>VEGGIE STICKS</b>																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>VEGGIE STICKS</b>	<b>YES</b>	<b>YES</b>																		
<b>STARTERS</b>																				
<b>GARLIC BREAD WITH CUCUMBER STICKS</b>																				
GARLIC BREAD SLICES	YES	NO	Y						Y											
CUCUMBER	YES	YES																		
<b>GARLIC BREAD WITH CUCUMBER STICKS</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>											
<b>CHICKEN MEATBALLS WITH BBQ SAUCE &amp; CUCUMBER STICKS</b>																				
BBQ SAUCE	YES	YES																		
CUCUMBER	YES	YES																		
CHICKEN MEATBALLS KIDS	NO	NO																		
<b>CHICKEN MEATBALLS WITH BBQ SAUCE &amp; CUCUMBER STICKS</b>	<b>NO</b>	<b>NO</b>																		
<b>MAIN COURSE</b>																				
<b>CHICKEN CURRY</b>																				
CHICKEN CURRY KIDS	NO	NO	Y						Y											
BROWN RICE KIDS	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>CHICKEN CURRY</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>											
<b>MARGHERITA FLATBREAD</b>																				
TOMATO PIZZA TOPPING	YES	YES																		
FRESH HERBS BASIL	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
DOUGH DISCS	YES	YES	Y																	
SEMOLINA	YES	YES	Y																	
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>MARGHERITA FLATBREAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>											
<b>BEEF BURGER</b>																				
STEAK BURGER 4OZ	NO	NO																		
GRILLED CORN ON THE COB	YES	YES																		
BURGER BUN KIDS	YES	NO	Y						Y											
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>BEEF BURGER</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHICKEN BURGER</b>																				
BAKED BEANS	YES	YES																		
CHICKEN BREAST	NO	NO																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
BURGER BUN KIDS	YES	NO	Y					Y												
POTATO MID	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
<b>CHICKEN BURGER</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>								<b>Y</b>				
<b>POPPIN' CHICKEN</b>																				
BAKED BEANS	YES	YES																		
MINI CHICKEN CHUNKS	NO	NO	Y						Y											
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>POPPIN' CHICKEN</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>											
<b>SPAGHETTI BOLGNESE</b>																				
SPAGHETTI BOLOGNAISE	NO	NO	Y													Y				
GARLIC BREAD SLICES	YES	NO	Y						Y											
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>SPAGHETTI BOLGNESE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>							<b>Y</b>				
<b>SAUSAGE AND MASH</b>																				
PEAS GRADE A	YES	YES																		
MASHED POTATO	YES	NO							Y											
GRAVY CONCENTRATE	NO	NO														Y				
KIDS SAUSAGE	NO	NO	Y																	
<b>SAUSAGE AND MASH</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>							<b>Y</b>				
<b>VEGGIE SAUSAGE AND MASH</b>																				
VEGAN GRAVY	YES	YES																		
MASHED POTATO	YES	NO							Y											
QUORN CUMBERLAND SAUSAGE	YES	NO	Y						Y	Y										
GARDEN PEAS	YES	YES																		
<b>VEGGIE SAUSAGE AND MASH</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>	<b>Y</b>										
<b>COD CUBES</b>																				
COD CUBES	NO	NO	Y							Y										
GARDEN PEAS	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>COD CUBES</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>							<b>Y</b>										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TOMATO PASTA AND CHICKEN MEATBALLS</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CHICKEN MEATBALLS KIDS	NO	NO																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>TOMATO PASTA AND CHICKEN MEATBALLS</b>																				
	NO	NO	Y					Y												
<b>TOMATO PASTA</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
KIDS PENNE PASTA IN TOM SCE	YES	YES	Y																	
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
<b>TOMATO PASTA</b>																				
	YES	NO	Y					Y												
<b>HOTDOG</b>																				
HOT DOG	NO	NO																		
GRILLED CORN ON THE COB	YES	YES																		
HOT DOG BUN KIDS	YES	NO	Y					Y												
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>HOTDOG</b>																				
	NO	NO	Y					Y												
<b>SWAP YOUR SIDES</b>																				
<b>CHIPS</b>																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>CHIPS</b>																				
	YES	YES																		
<b>SWEET POTATO FRIES</b>																				
RAPESEED OIL	YES	YES																		
SWEET POTATO FRIES	YES	YES																		
<b>SWEET POTATO FRIES</b>																				
	YES	YES																		
<b>MINI JACKET POTATOES</b>																				
POTATO MID	YES	YES																		
<b>MINI JACKET POTATOES</b>																				
	YES	YES																		
<b>MASHED POTATO</b>																				
MASHED POTATO	YES	NO						Y												
<b>MASHED POTATO</b>																				
	YES	NO						Y												
<b>BROWN RICE</b>																				
BROWN RICE KIDS	YES	YES																		
<b>BROWN RICE</b>																				
	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>PEAS</b>																				
GARDEN PEAS	YES	YES																		
PEAS	YES	YES																		
<b>BAKED BEANS</b>																				
BAKED BEANS	YES	YES																		
BAKED BEANS	YES	YES																		
<b>MINI CORN ON THE COB</b>																				
GRILLED CORN ON THE COB	YES	YES																		
MINI CORN ON THE COB	YES	YES																		
<b>VEGGIE STICKS</b>																				
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
VEGGIE STICKS	YES	YES																		
<b>SIDE SALAD</b>																				
COLESLAW MIX	YES	YES																		
CUCUMBER	YES	YES																		
SALAD LEAF MIX	YES	YES																		
SIDE SALAD	YES	YES																		
<b>GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y						Y											
GARLIC BREAD	YES	NO	Y						Y											
<b>SUNDAY ROAST</b>																				
<b>ROAST BEEF</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
GRAVY CONCENTRATE	NO	NO												Y						
BEEF TOPSIDE JOINT	NO	NO																		
GARDEN PEAS	YES	YES																		
ROOT VEG MASH	YES	NO							Y											
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
ROAST BEEF	NO	NO	Y					Y	Y					Y						
<b>ROAST TURKEY</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
GRAVY CONCENTRATE	NO	NO												Y						
GARDEN PEAS	YES	YES																		
COOKED SLICED TURKEY BREAST	NO	NO																		
ROOT VEG MASH	YES	NO							Y											
ROCK SALT	YES	YES																		
RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
ROAST TURKEY	NO	NO	Y					Y	Y					Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>DESSERTS</b>																				
<b>FRUIT SALAD</b>																				
FRUIT SALAD	YES	YES																		
<b>FUNNY FACE SUNDAE</b>																				
STRAWBERRY LACES	YES	YES	Y																	
VANILLA ICE CREAM	YES	NO						Y												
CUP CONES	YES	YES	Y																	
MARSHMALLOWS	NO	NO																		
MINI SMARTIES	NO	NO						Y												
<b>FUNNY FACE SUNDAE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>		<b>Y</b>										
<b>PANCAKES</b>																				
REDUCED SUGAR PANCAKE	YES	NO	Y						Y	Y										
BANANAS	YES	YES																		
STRAWBERRIES	YES	YES																		
CHOCOLATE SAUCE	YES	YES																		
<b>PANCAKES</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>	<b>Y</b>										
<b>VANILLA ICE CREAM WITH WAFER AND CHOCOLATE SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y										
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO								Y										
<b>VANILLA ICE CREAM WITH WAFER AND CHOCOLATE SAUCE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>		<b>Y</b>										
<b>VANILLA ICE CREAM WITH WAFER AND RASPBERRY SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y										
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO								Y										
<b>VANILLA ICE CREAM WITH WAFER AND RASPBERRY SAUCE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>		<b>Y</b>										
<b>VANILLA ICE CREAM WITH WAFER AND CARAMEL SAUCE</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y										
CARAMEL SAUCE	YES	NO								Y										
VANILLA ICE CREAM	YES	NO								Y										
<b>VANILLA ICE CREAM WITH WAFER AND CARAMEL SAUCE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>		<b>Y</b>										
<b>MINI DONUTS</b>																				
MINI RING DOUGHNUTS- SUGARED	YES	NO	Y					Y	Y	Y	Y									
CHOCOLATE SAUCE	YES	YES																		
MINI SMARTIES	NO	NO								Y										
<b>MINI DONUTS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>	<b>Y</b>	<b>Y</b>									
<b>STRAWBERRY FROZEN YOGHURT</b>																				
POMPADOUR FAN WAFERS	YES	NO	Y					Y		Y										
STRAWBERRY FROZEN YOGHURT	YES	NO								Y										
<b>STRAWBERRY FROZEN YOGHURT</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>		<b>Y</b>										

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>DAYTIME DEALS</b>																				
<b>STARTERS</b>																				
<b>GARLIC &amp; HERB BREADED MUSHROOMS</b>																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
BBQ SAUCE	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>GARLIC &amp; HERB BREADED MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>																	
<b>CHICKEN GOUJONS</b>																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
FRESH HERBS FLAT PARSLEY	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
<b>CHICKEN GOUJONS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>TOMATO SOUP</b>																				
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SALTED BUTTER BLOCK	YES	NO						Y												
TOMATO SOUP CONCENTRATE	YES	NO						Y						Y						
<b>TOMATO SOUP</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>						<b>Y</b>						
<b>CHICKEN LIVER PATE</b>																				
PORT & ONION CONFIT	YES	NO						Y				Y								
SALTED BUTTER BLOCK	YES	NO						Y												
CHICKEN PATE WITH HERBS	NO	NO						Y	Y											
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>CHICKEN LIVER PATE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>			<b>Y</b>								
<b>GARLIC FLATBREAD WITH CHEESE</b>																				
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
DOUGH DISCS	YES	YES	Y																	
SEMOLINA	YES	YES	Y																	
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
FRESH HERBS FLAT PARSLEY	YES	YES																		
<b>GARLIC FLATBREAD WITH CHEESE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>GARLIC FLATBREAD</b>																				
GARLIC AND PARSLEY SPREAD	YES	NO						Y												
FRESH HERBS FLAT PARSLEY	YES	YES																		
DOUGH DISCS	YES	YES	Y																	
SEMOLINA	YES	YES	Y																	
<b>GARLIC FLATBREAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												

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Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>MAINS</b>																				
<b>HAND-BATTERED FISH &amp; CHIPS WITH PEAS</b>																				
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
POLLOCK FILLETS	NO	NO							Y											
TARTARE SAUCE	YES	NO						Y							Y					
CHIPS SKIN ON	YES	YES																		
LEMON CASE	YES	NO																		
TABLE SALT	YES	YES																		
GARDEN PEAS	YES	YES																		
<b>HAND-BATTERED FISH &amp; CHIPS WITH PEAS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>		<b>Y</b>					<b>Y</b>					
<b>HAND-BATTERED FISH &amp; CHIPS WITH MUSHY PEAS</b>																				
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
POLLOCK FILLETS	NO	NO							Y		Y									
TARTARE SAUCE	YES	NO						Y							Y					
CHIPS SKIN ON	YES	YES																		
LEMON CASE	YES	NO																		
TABLE SALT	YES	YES																		
MUSHY PEAS	YES	YES																		
<b>HAND-BATTERED FISH &amp; CHIPS WITH MUSHY PEAS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>		<b>Y</b>					<b>Y</b>					
<b>HAND-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>																				
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
HADDOCK FILLET LARGE	NO	NO								Y										
TARTARE SAUCE	YES	NO						Y							Y					
CHIPS SKIN ON	YES	YES																		
LEMON CASE	YES	NO																		
TABLE SALT	YES	YES																		
DOOM BAR CASK	NO	NO			Y															
GARDEN PEAS	YES	YES																		
<b>HAND-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>		<b>Y</b>					<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HAND-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>																				
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
HADDOCK FILLET LARGE	NO	NO							Y											
TARTARE SAUCE	YES	NO						Y							Y					
CHIPS SKIN ON	YES	YES																		
LEMON CASE	YES	NO																		
TABLE SALT	YES	YES																		
DOOM BAR CASK	NO	NO			Y															
MUSHY PEAS	YES	YES																		
<b>HAND-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>																				
NO	NO	Y		Y			Y		Y						Y					
<b>4OZ BEEF, CHEESE &amp; MUSHROOM BURGER</b>																				
STEAK BURGER 4OZ	NO	NO																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
CHEESE SLICES	YES	NO							Y											
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
MUSHROOM CUP	YES	YES																		
RAPESEED OIL	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
TOMATO M	YES	YES																		
<b>4OZ BEEF, CHEESE &amp; MUSHROOM BURGER</b>																				
NO	NO	Y					Y	Y					Y		Y					
<b>8OZ GRILLED GAMMON STEAK WITH EGGS</b>																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
GARDEN PEAS	YES	YES																		
7OZ BOOMERANG GAMMON STEAK	NO	NO																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>8OZ GRILLED GAMMON STEAK WITH EGGS</b>																				
NO	NO							Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

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Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>8OZ GRILLED GAMMON STEAK WITH PINEAPPLE</b>																				
RAPESEED OIL	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
GARDEN PEAS	YES	YES																		
<b>7OZ BOOMERANG GAMMON STEAK</b>																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>8OZ GRILLED GAMMON STEAK WITH PINEAPPLE</b>																				
	NO	NO																		
<b>8OZ GRILLED GAMMON STEAK WITH ONE OF EACH</b>																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
PINEAPPLE IN JUICE	YES	YES																		
GARDEN PEAS	YES	YES																		
<b>7OZ BOOMERANG GAMMON STEAK</b>																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>8OZ GRILLED GAMMON STEAK WITH ONE OF EACH</b>																				
	NO	NO						Y												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>SAUSAGE, EGG &amp; CHIPS</b>																				
CAGE FREE MED BARN EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
BREAKFAST SAUSAGE	NO	NO	Y									Y								
GARDEN PEAS	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>SAUSAGE, EGG &amp; CHIPS</b>																				
NO	NO	Y						Y					Y							
<b>THE SOUTH WESTERN BURGER</b>																				
LOUISIANA CHICKEN BURGER	NO	NO	Y					Y												
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
RAPESEED OIL	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
ONIONS RED	YES	YES																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y								Y				
PIRI PIRI SAUCE	YES	YES											Y							
<b>THE SOUTH WESTERN BURGER</b>																				
NO	NO	Y						Y	Y				Y	Y		Y				
<b>MARGHERITA FLATBREAD</b>																				
DOUGH DISCS	YES	YES	Y																	
FRESH HERBS BASIL	YES	YES																		
SEMOLINA	YES	YES	Y																	
TOMATO PIZZA TOPPING	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
<b>MARGHERITA FLATBREAD</b>																				
YES	NO	Y							Y											
<b>CHILLI NON CARNE</b>																				
SLOPPY JOES VEGAN MIX	YES	YES			Y		Y								Y					
BASMATI RICE	YES	YES																		
FRESH HERBS CORIANDER	YES	YES																		
CHILLIES RED	YES	YES																		
RAPESEED OIL	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
SALAD LEAF MIX	YES	YES																		
TOMATO M	YES	YES																		
<b>CHILLI NON CARNE</b>																				
YES	YES			Y		Y						Y		Y	Y					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>SMOTHERED CHICKEN</b>																				
CHICKEN BREAST	NO	NO																		
BBQ SAUCE	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y						Y											
SMOKED DRY CURED STREAKY BACON	NO	NO																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
BBQ SAUCE	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y										Y		
FRENCH DRESSING	YES	YES										Y						Y		
SALAD LEAF MIX	YES	YES																		
TOMATO M	YES	YES																		
<b>SMOTHERED CHICKEN</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>			<b>Y</b>				<b>Y</b>				
<b>DOUBLE SMOTHERED CHICKEN</b>																				
CHICKEN BREAST	NO	NO																		
BBQ SAUCE	YES	YES																		
GARLIC BREAD SLICES	YES	NO	Y							Y										
SMOKED DRY CURED STREAKY BACON	NO	NO																		
MOZZ/MILD CHEDDAR MIX	YES	NO								Y										
CHIPS SKIN ON	YES	YES																		
RAPESEED OIL	YES	YES																		
CHICKEN BREAST	NO	NO																		
BBQ SAUCE	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO								Y										
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y										Y		
FRENCH DRESSING	YES	YES										Y						Y		
SALAD LEAF MIX	YES	YES																		
TOMATO M	YES	YES																		
<b>DOUBLE SMOTHERED CHICKEN</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>			<b>Y</b>				<b>Y</b>				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CLASSIC LASAGNE</b>																				
MEAT LASAGNE	NO	NO	Y		Y			Y	Y						Y	Y				
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
GARLIC BREAD SLICES	YES	NO	Y						Y											
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
<b>CLASSIC LASAGNE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>			<b>Y</b>		<b>Y</b>	<b>Y</b>					
<b>CHICKEN TIKKA CURRY</b>																				
BASMATI RICE	YES	YES																		
CHICKEN MAKHANI CURRY	NO	NO							Y											
GREEK STYLE YOGHURT	YES	NO							Y											
FRESH HERBS CORIANDER	YES	YES																		
<b>CHICKEN TIKKA CURRY</b>	<b>NO</b>	<b>NO</b>							<b>Y</b>											
<b>ADD A NAAN &amp; POPPADUM</b>																				
MANGO CHUTNEY	YES	YES																		
RAPESEED OIL	YES	YES																		
PLAIN POPPADOMS	NO	NO																		
PLAIN NAAN	YES	NO	Y				Y		Y											
<b>ADD A NAAN &amp; POPPADUM</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>		<b>Y</b>											
<b>DESSERTS</b>																				
<b>ICE CREAM WITH RASPBERRY SAUCE</b>																				
RASPBERRY SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
<b>ICE CREAM WITH RASPBERRY SAUCE</b>	<b>YES</b>	<b>NO</b>							<b>Y</b>											
<b>ICE CREAM WITH CHOCOLATE SAUCE</b>																				
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
<b>ICE CREAM WITH CHOCOLATE SAUCE</b>	<b>YES</b>	<b>NO</b>							<b>Y</b>											
<b>ICE CREAM WITH CARAMEL-FLAVOURED SAUCE</b>																				
CARAMEL SAUCE	YES	NO							Y											
VANILLA ICE CREAM	YES	NO							Y											
<b>ICE CREAM WITH CARAMEL-FLAVOURED SAUCE</b>	<b>YES</b>	<b>NO</b>							<b>Y</b>											
<b>CARAMEL APPLE BETTY</b>																				
CARAMEL APPLE BETTY	YES	NO	Y					Y	Y			Y								
CUSTARD RTS	YES	NO							Y											
<b>CARAMEL APPLE BETTY</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>			<b>Y</b>								
<b>TRIPLE CHOCOLATE BROWNIE</b>																				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
CHOCOLATE SAUCE	YES	YES																		
FRESH HERBS MINT	YES	YES																		
TRIPLE CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y											
VANILLA ICE CREAM	YES	NO							Y											
<b>TRIPLE CHOCOLATE BROWNIE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>BELGIAN WAFFLES</b>																				
BELGIAN WAFFLES	YES	NO	Y					Y	Y											
CARAMEL SAUCE	YES	NO							Y											
CHOCOLATE SAUCE	YES	YES																		
VANILLA ICE CREAM	YES	NO							Y											
<b>BELGIAN WAFFLES</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											
<b>MINI PUDDINGS</b>																				
<b>MINI BROWNIE</b>																				
TRIPLE CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y											
<b>MINI BROWNIE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>MINI PROFITEROLES</b>																				
CHOCOLATE SAUCE	YES	YES																		
PROFITEROLES	YES	NO	Y					Y	Y											
<b>MINI PROFITEROLES</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>EVENING DEALS BURGER NIGHT</b>																				
<b>CHEDDAR &amp; BACON BURGER</b>																				
RAPESEED OIL	YES	YES																		
CHEESE SLICES	YES	NO						Y												
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y					Y						
SMOKED DRY CURED STREAKY BACON	NO	NO																		
6OZ STEAK BURGER	NO	NO																		
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y										Y		
<b>CHEDDAR &amp; BACON BURGER</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>					<b>Y</b>				<b>Y</b>		
<b>VEGAN SLOPPY JOE BURGER</b>																				
SLOPPY JOES VEGAN MIX	YES	YES			Y		Y											Y		
BEYOND MEAT BURGER	YES	YES																		
CHERRY TOMATOES	YES	YES																		
VEGAN BURGER SAUCE	YES	YES																Y		
SALAD LEAF MIX	YES	YES																		
RAPESEED OIL	YES	YES																		
FRENCH DRESSING	YES	YES											Y					Y		
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
CHIPS SKIN ON	YES	YES																		
VEGAN BUN	YES	YES	Y	Y		Y														
<b>VEGAN SLOPPY JOE BURGER</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>	<b>Y</b>	<b>Y</b>	<b>Y</b>	<b>Y</b>						<b>Y</b>					<b>Y</b>	<b>Y</b>	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BEER-BATTERED CHICKEN BURGER</b>																				
RAPESEED OIL	YES	YES																		
CHEESE SLICES	YES	NO						Y												
PLAIN FLOUR	YES	YES	Y																	
CHICKEN BREAST	NO	NO																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
BATTER MIX	YES	YES	Y																	
DOOM BAR CASK	NO	NO			Y															
TOMATO M	YES	YES																		
LETTUCE ICEBERG	YES	YES																		
ONIONS RED	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y											Y	
LIGHT MAYONNAISE	YES	NO						Y											Y	
PIRI PIRI SAUCE	YES	YES											Y						Y	
<b>BEER-BATTERED CHICKEN BURGER</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>		<b>Y</b>				
<b>THE ULTIMATE BURGER</b>																				
BACONNAISE	YES	NO						Y												Y
CHEESE SLICES	YES	NO							Y											
AGED CHEESE SAUCE	YES	NO						Y		Y										
PICKLED CUCUMBER SPEARS	YES	YES																		Y
STEAK BURGER 4OZ	NO	NO																		
SESAME SEEDED BURGER BUN	YES	NO	Y					Y	Y				Y							
SMOKED DRY CURED STREAKY BACON	NO	NO																		
PEASHOOTS	YES	YES																		
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
COLESLAW MIX	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y											Y	
RAPESEED OIL	YES	YES																		
MUSHROOM CUP	YES	YES																		
TABLE SALT	YES	YES																		
PAPRIKA PEPPER	YES	YES																		
SEMI SKIMMED MILK	YES	NO							Y											
PLAIN FLOUR	YES	YES	Y																	
ONIONS RED	YES	YES																		
<b>THE ULTIMATE BURGER</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>	<b>Y</b>			<b>Y</b>		<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>FISH FRIDAY</b>																				
<b>HAND-BATTERED FISH &amp; CHIPS WITH PEAS</b>																				
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
POLLOCK FILLETS	NO	NO							Y											
TARTARE SAUCE	YES	NO						Y							Y					
CHIPS SKIN ON	YES	YES																		
LEMON CASE	YES	NO																		
TABLE SALT	YES	YES																		
GARDEN PEAS	YES	YES																		
<b>HAND-BATTERED FISH &amp; CHIPS WITH PEAS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>		<b>Y</b>					<b>Y</b>					
<b>HAND-BATTERED FISH &amp; CHIPS WITH MUSHY PEAS</b>																				
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
POLLOCK FILLETS	NO	NO								Y										
TARTARE SAUCE	YES	NO						Y							Y					
CHIPS SKIN ON	YES	YES																		
LEMON CASE	YES	NO																		
TABLE SALT	YES	YES																		
MUSHY PEAS	YES	YES																		
<b>HAND-BATTERED FISH &amp; CHIPS WITH MUSHY PEAS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>		<b>Y</b>					<b>Y</b>					
<b>HAND-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>																				
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
HADDOCK FILLET LARGE	NO	NO								Y										
TARTARE SAUCE	YES	NO						Y							Y					
CHIPS SKIN ON	YES	YES																		
LEMON CASE	YES	NO																		
TABLE SALT	YES	YES																		
DOOM BAR CASK	NO	NO			Y															
GARDEN PEAS	YES	YES																		
<b>HAND-BATTERED HADDOCK &amp; CHIPS WITH PEAS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>		<b>Y</b>					<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HAND-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>																				
RAPESEED OIL	YES	YES																		
RAPESEED OIL	YES	YES																		
BATTER MIX	YES	YES	Y																	
PLAIN FLOUR	YES	YES	Y																	
HADDOCK FILLET LARGE	NO	NO							Y											
TARTARE SAUCE	YES	NO						Y							Y					
CHIPS SKIN ON	YES	YES																		
LEMON CASE	YES	NO																		
TABLE SALT	YES	YES																		
DOOM BAR CASK	NO	NO			Y															
MUSHY PEAS	YES	YES																		
<b>HAND-BATTERED HADDOCK &amp; CHIPS WITH MUSHY PEAS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>		<b>Y</b>					<b>Y</b>					
<b>EXTRAS</b>																				
<b>BREAD &amp; BUTTER</b>																				
SALTED BUTTER BLOCK	YES	NO							Y											
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
<b>BREAD &amp; BUTTER</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>											
<b>BATTERED SAUSAGE</b>																				
RAPESEED OIL	YES	YES																		
BREAKFAST SAUSAGE	NO	NO	Y									Y								
BATTER MIX	YES	YES	Y																	
<b>BATTERED SAUSAGE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>									<b>Y</b>								
<b>BREADED SCAMPI</b>																				
RAPESEED OIL	YES	YES																		
LOW SALT WHITBY SCAMPI	NO	NO	Y							Y										
<b>BREADED SCAMPI</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>							<b>Y</b>										
<b>CURRY SAUCE</b>																				
CHIP SHOP CURRY SAUCE	YES	NO						Y							Y	Y				
<b>CURRY SAUCE</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>							<b>Y</b>	<b>Y</b>				

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>COOKHOUSE &amp; PUB CARVERY MENU</b>																				
<b>ROAST TURKEY</b>																				
TURKEY CROWN	NO	NO																		
SALTED BUTTER	YES	NO						Y												
<b>ROAST TURKEY</b>																				
	NO	NO						Y												
<b>ROAST BEEF</b>																				
BEEF TOPSIDE JOINT	NO	NO																		
SALTED BUTTER	YES	NO						Y												
<b>ROAST BEEF</b>																				
	NO	NO						Y												
<b>ROAST GAMMON</b>																				
UNSMOKED GAMMON JOINT	NO	NO																		
<b>ROAST GAMMON</b>																				
	NO	NO																		
<b>VEG PIE</b>																				
FAKE & ALE PIE	YES	YES	Y		Y									Y						
VEGAN GRAVY	YES	YES																		
<b>VEG PIE</b>																				
	YES	YES	Y		Y									Y						
<b>YORKSHIRE PUDDING</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
<b>YORKSHIRE PUDDING</b>																				
	YES	NO	Y					Y	Y											
<b>STUFFING</b>																				
SAGE AND ONION STUFFING MIX	YES	YES	Y																	
SALTED BUTTER	YES	NO						Y												
delisted RAPESEED OIL	YES	YES																		
ONIONS RED	YES	YES																		
TABLE SALT	YES	YES																		
<b>STUFFING</b>																				
	YES	NO	Y					Y												
<b>ROAST POTATO</b>																				
ROCK SALT	YES	YES																		
delisted RAPESEED OIL	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
<b>ROAST POTATO</b>																				
	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>ROOT VEG MASH</b>																				
SALTED BUTTER	YES	NO						Y												
ROOT VEG MASH	YES	NO						Y												
<b>ROOT VEG MASH</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>MASH POTATO</b>																				
MASHED POTATO	YES	NO						Y												
SALTED BUTTER	YES	NO						Y												
<b>MASH POTATO</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>CAUL CHEESE</b>																				
CAULIFLOWER CHEESE	YES	NO						Y	Y											
MOZZ/MILD CHEDDAR MIX	YES	NO							Y											
<b>CAUL CHEESE</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>											
<b>RED CABBAGE</b>																				
RED CABBAGE	YES	YES																		
<b>RED CABBAGE</b>	<b>YES</b>	<b>YES</b>																		
<b>SAVOY CABBAGE</b>																				
delisted SHREDDED SAVOY CABBAGE	YES	YES																		
SALTED BUTTER	YES	NO						Y												
<b>SAVOY CABBAGE</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>PEAS</b>																				
PEAS GRADE A	YES	YES																		
SALTED BUTTER	YES	NO						Y												
<b>PEAS</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>GRAVY</b>																				
GRAVY CONCENTRATE	NO	NO												Y						
<b>GRAVY</b>	<b>NO</b>	<b>NO</b>												<b>Y</b>						
<b>SAUCES</b>																				
CRANBERRY SAUCE	YES	YES																		
ENGLISH MUSTARD	YES	YES	Y														Y			
HORSERADISH SAUCE	YES	NO						Y	Y								Y			
APPLE SAUCE	YES	YES										Y								

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present													
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
<b>SUNDAY ROAST</b>																				
<b>ROAST TOPSIDE OF BEEF</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
SALTED BUTTER BLOCK	YES	NO						Y												
GRAVY CONCENTRATE	NO	NO													Y					
BEEF TOPSIDE JOINT	NO	NO																		
VEG MIX GREEN	YES	NO					Y		Y											
ROOT VEG MASH	YES	NO						Y												
RAPESEED OIL	YES	YES																		
ROCK SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
<b>ROAST TOPSIDE OF BEEF</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>						<b>Y</b>					
<b>FAKE &amp; ALE PIE</b>																				
VEGAN GRAVY	YES	YES																		
FAKE & ALE PIE	YES	YES	Y		Y										Y					
ROOT VEG MASH	YES	NO						Y												
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
VEG MIX GREEN	YES	NO					Y		Y											
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
RAPESEED OIL	YES	YES																		
ROCK SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
<b>FAKE &amp; ALE PIE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>		<b>Y</b>	<b>Y</b>	<b>Y</b>						<b>Y</b>					
<b>TURKEY</b>																				
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y											
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																	
SALTED BUTTER BLOCK	YES	NO							Y											
GRAVY CONCENTRATE	NO	NO													Y					
COOKED SLICED TURKEY BREAST	NO	NO																		
VEG MIX GREEN	YES	NO					Y		Y											
ROOT VEG MASH	YES	NO						Y												
RAPESEED OIL	YES	YES																		
ROCK SALT	YES	YES																		
POTATOES ROAST CUT	YES	YES																		
<b>TURKEY</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>						<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Cereals Containing Gluten				Allergens Present														
	Suitable for Vegetarians	Suitable for Vegans	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
<b>LAMB SHANK</b>																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
HONEY GLAZED PARSNIPS 4X2.5KG	YES	NO	Y																		
SALTED BUTTER BLOCK	YES	NO						Y													
LAMB SHANK	NO	NO																			
GRAVY CONCENTRATE	NO	NO													Y						
VEG MIX GREEN	YES	NO					Y		Y												
ROOT VEG MASH	YES	NO							Y												
RAPESEED OIL	YES	YES																			
ROCK SALT	YES	YES																			
POTATOES ROAST CUT	YES	YES																			
<b>LAMB SHANK</b>																					
	NO	NO	Y				Y	Y	Y						Y						
<b>EXTRA TRIMMINGS</b>																					
RUSTIC YORKSHIRE 3" GASTRO	YES	NO	Y					Y	Y												
GRAVY CONCENTRATE	NO	NO													Y						
KIDS SAUSAGE	NO	NO	Y																		
RAPESEED OIL	YES	YES																			
ROCK SALT	YES	YES																			
POTATOES ROAST CUT	YES	YES																			
<b>EXTRA TRIMMINGS</b>																					
	NO	NO	Y					Y	Y						Y						

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BUFFET MENU</b>																				
<b>BUFFET 1</b>																				
<b>SANDWICHES</b>																				
<b>CHEESE &amp; TOMATO</b>																				
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
CHEDDAR MILD SLICED	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
TOMATO M	YES	YES																		
<b>TOTAL CHEESE &amp; TOMATO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>												
<b>EGG MAYO</b>																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO						Y							Y					
CAGE FREE MED BARN EGGS	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO							Y											
<b>TOTAL EGG MAYO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>						<b>Y</b>					
<b>HAM &amp; MUSTARD</b>																				
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
ENGLISH MUSTARD	YES	YES	Y												Y					
THICK CUT HAM SLICES	NO	NO																		
SALTED BUTTER BLOCK	YES	NO							Y											
<b>TOTAL HAM &amp; MUSTARD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>						<b>Y</b>					
<b>PRAWN &amp; MARIE ROSE</b>																				
SALTED BUTTER BLOCK	YES	NO							Y											
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
WARM WATER PRAWNS	NO	NO								Y										
<b>TOTAL PRAWN &amp; MARIE ROSE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>					
<b>GARLIC BREADED MUSHROOMS</b>																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
BBQ SAUCE	YES	YES																		
<b>TOTAL GARLIC BREADED MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>																	
<b>POP IN CHICKEN</b>																				
RAPESEED OIL	YES	YES																		
MINI CHICKEN CHUNKS	NO	NO	Y						Y											
<b>TOTAL POP IN CHICKEN</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHIPS</b>																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>TOTAL CHIPS</b>	<b>YES</b>	<b>YES</b>																		
<b>VEGETABLE STICKS &amp; DIP</b>																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>TOTAL VEGETABLE STICKS &amp; DIP</b>	<b>YES</b>	<b>NO</b>						Y												
<b>GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
<b>TOTAL GARLIC BREAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>MIXED SALAD</b>																				
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>TOTAL MIXED SALAD</b>	<b>YES</b>	<b>YES</b>										Y			Y					
<b>BUFFET 2 SANDWICHES</b>																				
<b>CHEESE &amp; TOMATO</b>																				
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
CHEDDAR MILD SLICED	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y												
TOMATO M	YES	YES																		
<b>TOTAL CHEESE &amp; TOMATO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>												
<b>EGG MAYO</b>																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO						Y							Y					
CAGE FREE MED BARN EGGS	YES	NO						Y												
SALTED BUTTER BLOCK	YES	NO						Y	Y											
<b>TOTAL EGG MAYO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>						<b>Y</b>					

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HAM &amp; MUSTARD</b>																				
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
ENGLISH MUSTARD	YES	YES	Y												Y					
THICK CUT HAM SLICES	NO	NO																		
SALTED BUTTER BLOCK	YES	NO						Y												
<b>TOTAL HAM &amp; MUSTARD</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>							<b>Y</b>					
<b>PRAWN &amp; MARIE ROSE</b>																				
SALTED BUTTER BLOCK	YES	NO						Y												
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
WARM WATER PRAWNS	NO	NO								Y										
<b>TOTAL PRAWN &amp; MARIE ROSE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>	<b>Y</b>					<b>Y</b>					
<b>GARLIC BREADED MUSHROOMS</b>																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
BBQ SAUCE	YES	YES																		
<b>TOTAL GARLIC BREADED MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>																	
<b>CHICKEN GOUJONS</b>																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y					Y												
<b>TOTAL CHICKEN GOUJONS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>CHIPS</b>																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>TOTAL CHIPS</b>	<b>YES</b>	<b>YES</b>																		
<b>VEGETABLE STICKS &amp; DIP</b>																				
GREEK STYLE YOGHURT	YES	NO						Y												
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>TOTAL VEGETABLE STICKS &amp; DIP</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>CHEESY GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>TOTAL CHEESY GARLIC BREAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>MIXED SALAD</b>																				
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES																		
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>TOTAL MIXED SALAD</b>	<b>YES</b>	<b>YES</b>																		
<b>TORTILLA CHIPS &amp; DIP</b>																				
REDUCED FAT SOUR CREAM	YES	NO							Y											
AVOCADO HALVES	YES	YES																		
LIMES	YES	NO																		
CHILLIES RED	YES	YES																		
TOMATO M	YES	YES																		
ONIONS RED	YES	YES																		
TORTILLA CHIPS	YES	YES																		
<b>TOTAL TORTILLA CHIPS &amp; DIP</b>	<b>YES</b>	<b>NO</b>							Y											
<b>ONION RINGS</b>																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
<b>TOTAL ONION RINGS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>															
<b>TEMPURA PRAWNS</b>																				
RAPESEED OIL	YES	YES																		
TEMPURA BATTERED TAIL ON KING PRAWNS	NO	NO	Y							Y										
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
<b>TOTAL TEMPURA PRAWNS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>							<b>Y</b>										
<b>BUFFET 3 SANDWICHES</b>																				
<b>CHEESE &amp; TOMATO</b>																				
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
CHEDDAR MILD SLICED	YES	NO							Y											
SALTED BUTTER BLOCK	YES	NO							Y											
TOMATO M	YES	YES																		
<b>TOTAL CHEESE &amp; TOMATO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>											
<b>EGG MAYO</b>																				
CRACKED BLACK PEPPER	YES	YES																		
TABLE SALT	YES	YES																		
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
LIGHT MAYONNAISE	YES	NO							Y										Y	
CAGE FREE MED BARN EGGS	YES	NO							Y											
SALTED BUTTER BLOCK	YES	NO							Y	Y										
<b>TOTAL EGG MAYO</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>	<b>Y</b>									<b>Y</b>	

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHICKEN &amp; BACON</b>																				
RAPESEED OIL	YES	YES																		
LIGHT MAYONNAISE	YES	NO						Y							Y					
CHICKEN BREAST	NO	NO																		
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SMOKED DRY CURED STREAKY BACON	NO	NO																		
SALTED BUTTER BLOCK	YES	NO						Y												
LEMON CASE	YES	NO																		
<b>TOTAL CHICKEN &amp; BACON</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>						<b>Y</b>					
<b>PRAWN &amp; MARIE ROSE</b>																				
SALTED BUTTER BLOCK	YES	NO							Y											
WHITE BLOOMER BREAD	YES	YES	Y																	
MALTED BROWN BLOOMER BREAD	YES	YES	Y		Y															
SEAFOOD SAUCE	YES	NO						Y							Y					
WARM WATER PRAWNS	NO	NO									Y									
<b>TOTAL PRAWN &amp; MARIE ROSE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>			<b>Y</b>	<b>Y</b>		<b>Y</b>				<b>Y</b>					
<b>GARLIC BREADED MUSHROOMS</b>																				
RAPESEED OIL	YES	YES																		
GARLIC AND HERB BREADED MUSHROOMS	NO	NO	Y																	
BBQ SAUCE	YES	YES																		
<b>TOTAL GARLIC BREADED MUSHROOMS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>																	
<b>CHICKEN GOUJONS</b>																				
RAPESEED OIL	YES	YES																		
BBQ SAUCE	YES	YES																		
BUTTERMILK CHICKEN GOUJONS	NO	NO	Y						Y											
<b>TOTAL CHICKEN GOUJONS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>						<b>Y</b>											
<b>CHIPS</b>																				
RAPESEED OIL	YES	YES																		
CHIPS SKIN ON	YES	YES																		
<b>TOTAL CHIPS</b>	<b>YES</b>	<b>YES</b>																		
<b>VEGETABLE STICKS &amp; DIP</b>																				
GREEK STYLE YOGHURT	YES	NO							Y											
CUCUMBER	YES	YES																		
CUCUMBER	YES	YES																		
PEPPER RED	YES	YES																		
CARROTS MEDIUM	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>TOTAL VEGETABLE STICKS &amp; DIP</b>	<b>YES</b>	<b>NO</b>							<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>CHEESY GARLIC BREAD</b>																				
GARLIC BREAD SLICES	YES	NO	Y					Y												
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>TOTAL CHEESY GARLIC BREAD</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>												
<b>MIXED SALAD</b>																				
SALAD LEAF MIX	YES	YES																		
FRENCH DRESSING	YES	YES										Y			Y					
TOMATO M	YES	YES																		
CUCUMBER	YES	YES																		
ONIONS RED	YES	YES																		
PEPPER RED	YES	YES																		
<b>TOTAL MIXED SALAD</b>	<b>YES</b>	<b>YES</b>										<b>Y</b>			<b>Y</b>					
<b>TORTILLA CHIPS &amp; DIP</b>																				
REDUCED FAT SOUR CREAM	YES	NO						Y												
AVOCADO HALVES	YES	YES																		
LIMES	YES	NO																		
CHILLIES RED	YES	YES																		
TOMATO M	YES	YES																		
ONIONS RED	YES	YES																		
TORTILLA CHIPS	YES	YES																		
<b>TOTAL TORTILLA CHIPS &amp; DIP</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>ONION RINGS</b>																				
RAPESEED OIL	YES	YES																		
BEER BATTERED ONION RINGS	NO	NO	Y		Y															
<b>TOTAL ONION RINGS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>															
<b>TEMPURA PRAWNS</b>																				
RAPESEED OIL	YES	YES																		
TEMPURA BATTERED TAIL ON KING PRAWNS	NO	NO	Y							Y										
THAI SWEET CHILLI DIPPING SAUCE	YES	YES																		
<b>TEMPURA PRAWNS</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>							<b>Y</b>										
<b>BEETROOT, ONION &amp; VEGETABLE TARTLETS</b>																				
BEETROOT & ONION TART	YES	YES	Y																	
<b>BEETROOT, ONION &amp; VEGETABLE TARTLETS</b>	<b>YES</b>	<b>YES</b>	<b>Y</b>																	
<b>POTATO DIPPERS</b>																				
REDUCED FAT SOUR CREAM	YES	NO						Y												
RAPESEED OIL	YES	YES																		
POTATO DIPPERS	YES	YES																		
ONIONS SPRING BUNCH	YES	YES																		
MOZZ/MILD CHEDDAR MIX	YES	NO						Y												
<b>TOTAL POTATO DIPPERS</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>PIGS IN BLANKETS</b>																				
PIGS IN BLANKETS	NO	NO																		Y
PIGS IN BLANKETS	NO	NO																		Y
<b>DESSERTS</b>																				
<b>CHOCOLATE BROWNIE</b>																				
TRIPLE CHOCOLATE BROWNIE	YES	NO	Y				Y	Y	Y											
CHOCOLATE SAUCE	YES	YES																		
<b>TOTAL CHOCOLATE BROWNIE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>				<b>Y</b>	<b>Y</b>	<b>Y</b>											
<b>PROFITEROLES</b>																				
PROFITEROLES	YES	NO	Y					Y	Y											
CHOCOLATE SAUCE	YES	YES																		
<b>TOTAL PROFITEROLES</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											
<b>BANOFFEE BITES</b>																				
STICKY TOFFEE BANOFFEE PUD	YES	NO	Y					Y	Y											
<b>BANOFFEE BITES</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BREAKFAST MENU</b>																				
<b>ACCOMPANIMENTS</b>																				
SEMI SKIMMED MILK	YES	NO							Y											
WHOLE MILK	YES	NO							Y											
SKIMMED MILK	YES	NO							Y											
ALPRO SOYA DRINK	YES	YES					Y													
SWEET N LOW	YES	NO																		
WHITE SUGAR SACHETS	YES	YES																		
BROWN SUGAR SACHETS	YES	YES																		
<b>FULL BREAKFAST</b>																				
<b>BACON</b>																				
UNSMOKED BACK BACON	NO	NO																		
<b>TOTAL BACON</b>	<b>NO</b>	<b>NO</b>																		
<b>SAUSAGE</b>																				
BREAKFAST SAUSAGE	NO	NO	Y									Y								
<b>TOTAL SAUSAGE</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>									<b>Y</b>								
<b>VEGETARIAN SAUSAGE</b>																				
QUORN CUMBERLAND SAUSAGE	YES	NO	Y					Y	Y											
<b>TOTAL VEGETARIAN SAUSAGE</b>	<b>YES</b>	<b>NO</b>	<b>Y</b>					<b>Y</b>	<b>Y</b>											
<b>SCRAMBLED EGG</b>																				
MED FRESH EGGS	YES	NO						Y												
SEMI SKIMMED MILK	YES	NO							Y											
<b>TOTAL SCRAMBLED EGG</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>											
<b>FRIED EGG</b>																				
MED FRESH EGGS	YES	NO						Y												
RAPESEED OIL	YES	YES																		
<b>TOTAL FRIED EGG</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>POACHED EGG</b>																				
MED FRESH EGGS	YES	NO						Y												
<b>TOTAL POACHED EGG</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>BOILED EGG</b>																				
MED FRESH EGGS	YES	NO						Y												
<b>TOTAL BOILED EGG</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>OMELETTE</b>																				
MED FRESH EGGS	YES	NO						Y												
SALTED BUTTER	YES	NO							Y											
<b>TOTAL OMELETTE</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>	<b>Y</b>											

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>HASH BROWNS</b>																				
HASH BROWNS	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>TOTAL HASH BROWNS</b>	<b>YES</b>	<b>YES</b>																		
<b>BUBBLE AND SQUEAK</b>																				
BUBBLE AND SQUEAK	YES	NO						Y												
RAPESEED OIL	YES	YES						Y												
<b>TOTAL BUBBLE AND SQUEAK</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>BLACK PUDDING</b>																				
BLACK PUDDING	NO	NO	Y		Y															
<b>TOTAL BLACK PUDDING</b>	<b>NO</b>	<b>NO</b>	<b>Y</b>		<b>Y</b>															
<b>MUSHROOMS WITH BUTTER</b>																				
MUSHROOM CUP	YES	YES																		
SALTED BUTTER	YES	NO						Y												
<b>TOTAL MUSHROOMS WITH BUTTER</b>	<b>YES</b>	<b>NO</b>						<b>Y</b>												
<b>TOMATO</b>																				
TOMATO M	YES	YES																		
<b>TOTAL TOMATO</b>	<b>YES</b>	<b>YES</b>																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>TOMATO (RATIONAL)</b>																				
TOMATO M	YES	YES																		
RAPESEED OIL	YES	YES																		
<b>TOTAL TOMATO (RATIONAL)</b>	<b>YES</b>	<b>YES</b>																		
<b>BEANS</b>																				
BAKED BEANS	YES	YES																		
<b>TOTAL BEANS</b>	<b>YES</b>	<b>YES</b>																		
<b>CONTINENTAL BREAKFAST</b>																				
<b>BAKERY</b>																				
CROISSANT	YES	NO	Y					Y	Y											
MINI PAIN AUX RAISIN	YES	NO	Y					Y	Y											
MINI PAIN AUX CHOCOLAT	YES	NO	Y				Y	Y	Y											
CINNAMON AND RAISIN BAGELS	YES	YES	Y		Y															
BLUEBERRY MINI MUFFIN	YES	NO	Y					Y	Y											
delisted SOURDOUGH CRUMPETS	YES	YES	Y																	
WHITE SANDWICH BREAD	YES	YES	Y																	
MALTED SANDWICH BREAD	YES	YES	Y		Y															
GLUTEN FREE BREAD SLICE	YES	NO						Y												
REDUCED SUGAR PANCAKE	YES	NO	Y					Y	Y											
NUTELLA CHOCOLATE SPREAD PORTIONS																				
PEANUT BUTTER																				
MAPLE SYRUP PORTIONS	YES	YES																		
ORANGE MARMALADE PORTIONS																				
HONEY PORTION	YES	NO																		
MARMITE PORTIONS																				
STRAWBERRY JAM PORTIONS	YES	YES																		
delisted ASSORTED JAM PORTIONS- RASPBERRY																				
delisted ASSORTED JAM PORTIONS- BLACKCURRANT																				
delisted ASSORTED JAM PORTIONS- APRICOT																				
SALTED BUTTER PORTIONS	YES	NO						Y												
SUNFLOWER SPREAD	YES	NO																		
<b>FRUITS</b>																				
FRUIT SALAD	YES	YES																		
APPLES GREEN	YES	YES																		
BANANAS	YES	YES																		
FRUIT BERRY MIX	YES	YES																		
DRIED FRUIT MIX	YES	YES											Y							

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>YOGHURTS AND CEREALS</b>																				
STRAWBERRY YOGHURT	YES	NO							Y											
VANILLA YOGHURT	YES	NO							Y											
GREEK STYLE YOGHURT	YES	NO							Y											
COCO POPS	YES	NO			Y															
CRUNCHY NUT CORNFLAKES	YES	NO			Y												Y			
CORNFLAKES	YES	NO			Y															
SPECIAL K	YES	NO	Y		Y															
WEETABIX	YES	YES	Y		Y															
KELLOGG'S MUESLI FRUIT	YES	NO	Y	Y	Y	Y			Y				Y							
RICE KRISPIES	YES	NO			Y															
BRAN FLAKES	YES	NO	Y		Y		Y													
GRANOLA QUAKER OAT RAISIN	YES	NO	Y			Y														
<b>PORRIDGE WITH COWS' MILK</b>																				
OATS2GO PORRIDGE SACHETS	YES	YES				Y														
SEMI SKIMMED MILK	YES	NO							Y											
WHOLE MILK	YES	NO							Y											
SKIMMED MILK	YES	NO							Y											
<b>TOTAL PORRIDGE WITH COWS' MILK</b>	<b>YES</b>	<b>NO</b>							Y											
<b>PORRIDGE WITH ALPRO SOYA DRINK</b>																				
OATS2GO PORRIDGE SACHETS	YES	YES				Y														
ALPRO SOYA DRINK	YES	YES					Y													
<b>TOTAL PORRIDGE WITH ALPRO SOYA DRINK</b>	<b>YES</b>	<b>YES</b>					Y	Y												
<b>DRINKS</b>																				
<b>TEAS PLEASE SEE TWINNINGS WEBSITE</b>																				
<b>COSTA COFFEE-ALLERGY DEPENDS ON DRINK. SEE COSTA WEBSITE</b>																				
<b>FRUIT JUICES &amp; SMOOTHIES</b>																				
ORANGE JUICE	YES	YES																		
APPLE JUICE	YES	YES																		
CRANBERRY JUICE DRINK	YES	YES											Y							
TROPICAL SMOOTHIE	YES	YES																		

Y The allergen is present

YES Suitable for ovo-lacto vegetarians/ vegans

NO Not suitable for ovo-lacto vegetarians/ vegans

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>COOKHOUSE &amp; PUB SPRING DRINKS</b>																				
<b>HOT CHOCOLATE</b>																				
<b>C&amp;P HOT CHOCOLATE</b>																				
COSTA HOT CHOCOLATE	YES	NO																		
WHOLE MILK	YES	NO						Y												
DAIRY AEROSOL CREAM	YES	NO						Y												
MINI SMARTIES	NO	NO						Y												
MARSHMALLOWS	NO	NO																		
CAPPUCCINO DUSTING	YES	YES																		
<b>C&amp;P HOT CHOCOLATE</b>	<b>NO</b>	<b>NO</b>						<b>Y</b>												
<b>BARREL AND HOPS</b>																				
CARLING	NO	NO	Y		Y															
COORS LIGHT DRAUGHT	NO	NO	Y		Y															
STELLA 4.8%	YES	YES			Y															
SAN MIGUEL	YES	YES			Y							Y								
GUINNESS	NO	NO			Y															
SHARPS ATLANTIC KEG	NO	NO			Y															
STAROPRAMEN	NO	NO	Y		Y															
<b>CIDER</b>																				
THATCHERS	YES	YES										Y								
CARLING BLACK FRUIT	YES	NO										Y								
<b>DRAUGHT WINES</b>																				
MONVIN BIANCO	YES	NO						Y	Y			Y								
VINO FRIZZANTE	YES	YES										Y								
MERLOT CABERNET	YES	NO						Y	Y			Y								
<b>COCKTAILS</b>																				
<b>MOJITO</b>																				
DRAUGHT MOJITO	YES	YES																		
LIME	YES	NO																		
FRESH HERBS MINT	YES	YES																		
<b>MOJITO</b>	<b>YES</b>	<b>NO</b>																		

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>PASSION FRUIT MARTINI</b>																				
ABSOLUT VANILLA	NO	NO																		
FUNKIN PASSIONFRUIT MARTINI MIX	YES	YES																		
VINO FRIZZANTE	YES	YES										Y								
PASSIONFRUIT	YES	YES										Y								
<b>PASSION FRUIT MARTINI</b>	<b>NO</b>	<b>NO</b>										<b>Y</b>								
<b>CHAMBORD ROYALE</b>																				
CHAMBORD	YES	YES																		
GALANTI PROSECCO	YES	NO										Y								
<b>CHAMBORD ROYALE</b>	<b>YES</b>	<b>NO</b>										<b>Y</b>								
<b>HUGO SPRITZ</b>																				
GALANTI PROSECCO	YES	NO										Y								
ST GERMAIN	YES	YES																		
BSD SODA WATER	YES	YES																		
FRESH HERBS MINT	YES	YES																		
<b>HUGO SPRITZ</b>	<b>YES</b>	<b>NO</b>										<b>Y</b>								
<b>APEROL SPRITZ</b>																				
APEROL	YES	YES																		
GALANTI PROSECCO	YES	NO										Y								
BSD SODA WATER	YES	YES																		
ORANGE MEDIUM	YES	NO																		
<b>APEROL SPRITZ</b>	<b>YES</b>	<b>NO</b>										<b>Y</b>								
<b>GORDON'S PINK SPRITZ</b>																				
GORDONS PINK GIN	YES	YES																		
R WHITES	YES	YES																		
GALANTI PROSECCO	YES	NO										Y								
FRESH HERBS MINT	YES	YES																		
STRAWBERRIES	YES	YES																		
<b>GORDON'S PINK SPRITZ</b>	<b>YES</b>	<b>NO</b>										<b>Y</b>								

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>BLACKBERRY SPRITZ</b>																				
WHITLEY NEILL BLACKBERRY GIN	YES	YES																		
R WHITES	YES	YES																		
GALANTI PROSECCO	YES	NO										Y								
LEMONS	YES	NO																		
FRESH HERBS ROSEMARY	YES	YES																		
<b>BLACKBERRY SPRITZ</b>	<b>YES</b>	<b>NO</b>										<b>Y</b>								
<b>VIOLET SPRITZ</b>																				
WHITLEY NEILL PARMA VIOLET GIN	YES	YES																		
R WHITES	YES	YES																		
GALANTI PROSECCO	YES	NO										Y								
LEMONS	YES	NO																		
FRESH HERBS MINT	YES	YES																		
<b>VIOLET SPRITZ</b>	<b>YES</b>	<b>NO</b>										<b>Y</b>								
<b>SALTED CARAMEL ESPRESSO MARTINI</b>																				
ABSOLUT ORIGINAL	YES	YES																		
TIA MARIA	YES	YES																		
PTS MOCHA ITALIA BEANS	YES	YES																		
SALTED CARAMEL	YES	YES																		
CAPPUCCINO DUSTING	YES	YES																		
<b>SALTED CARAMEL ESPRESSO MARTINI</b>	<b>YES</b>	<b>YES</b>																		
<b>CLASSIC COSMOPOLITAN</b>																				
ABSOLUT ORIGINAL	YES	YES																		
COINTREAU	YES	YES																		
SUNPRIDE CRANBERRY	YES	YES										Y								
ORANGE MEDIUM	YES	NO																		
<b>CLASSIC COSMOPOLITAN</b>	<b>YES</b>	<b>NO</b>										<b>Y</b>								
<b>SEX ON THE BEACH</b>																				
ABSOLUT ORIGINAL	YES	YES																		
ARCHERS PEACH SCHNAPPS	NO	NO																		
SUNPRIDE CRANBERRY	YES	YES										Y								
NFC ORANGE WITH BITS	YES	YES																		
FRESH HERBS MINT	YES	YES																		
ORANGE MEDIUM	YES	NO																		
<b>SEX ON THE BEACH</b>	<b>NO</b>	<b>NO</b>										<b>Y</b>								

Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>WOO WOO</b>																				
ABSOLUT VANILLA	NO	NO																		
ARCHERS PEACH SCHNAPPS	NO	NO																		
SUNPRIDE CRANBERRY	YES	YES										Y								
ORANGE MEDIUM	YES	NO																		
LIMES	YES	NO																		
<b>WOO WOO</b>																				
<b>MOCKTAILS</b>																				
<b>CHERRY BAKEWELL</b>																				
SUNPRIDE CRANBERRY	YES	YES										Y								
CHERRY PUREE	YES	YES																		
AMARETTO SYRUP	YES	YES																		
LEMONS	YES	NO																		
COCKTAIL CHERRIES WITH STEM	YES	YES										Y								
FRESH HERBS MINT	YES	YES																		
<b>CHERRY BAKEWELL</b>																				
<b>MANGO MOCKTAIL</b>																				
FRESH HERBS MINT	YES	YES																		
ODK Mango Puree	YES	YES																		
ODK WHITE SUGAR SYRUP	YES	YES																		
LIME	YES	NO																		
FEVER TREE GINGER BEER	YES	YES																		
<b>MANGO MOCKTAIL</b>																				



Product Description	Dietary Choices		Allergens Present																	
	Suitable for Vegetarians	Suitable for Vegans	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			Wheat Products	Rye Products	Barley Products	Oat Products														
<b>GIN &amp; TONIC</b>																				
<b>TONICS</b>																				
FEVER TREE TONIC	YES	YES																		
FEVER TREE LIGHT TONIC	YES	YES																		
FEVER TREE GINGER BEER	YES	YES																		
FEVERTREE MEDITERRANEAN TONIC	YES	YES																		
FEVERTREE AROMATIC TONIC	YES	YES																		
FEVERTREE CUCUMBER TONIC	YES	YES																		
FEVERTREE ELDERFLOWER TONIC	YES	YES																		
<b>GARNISH</b>																				
FRESH HERBS MINT	YES	YES																		
LIMES	YES	NO																		
STRAWBERRIES	YES	YES																		
ORANGE MEDIUM	YES	NO																		
LEMONS	YES	NO																		
<b>GIN</b>																				
GORDONS GIN	NO	NO																		
GORDONS PINK GIN	YES	YES																		
BOMBAY SAPPHIRE	YES	YES																		
SIPSMITH GIN	YES	YES																		
HENDRICKS	YES	YES																		
WARNER EDWARDS RHUBARB GIN	YES	YES																		
TANQUERAY FLOR DE SEVILLA	YES	YES																		
Whitley Neill Raspberry Gin	YES	YES																		