

Whitbread PUBs



COOKHOUSE+PUB

Allergy Information Guide Information:

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; **we cannot say that any dish on our menus is "free-from" any allergen**, but only that it does not contain that allergen as an ingredient. Our allergen information sheet **does not** include any **"may contains"** information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before as ingredients may be substituted or changed at short notice.

Our allergen information covers the following major allergens: **Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut), Pecan, Pistachio, Walnut)** and products thereof.

Items that are added as a choice, upgrade or addition must be checked and the allergen information considered in addition to the main meal.

Our vegan dishes are made to a vegan recipe but we cannot guarantee that they are suitable for those with MILK or EGG allergies. Please speak to your server if you any dietary requirements.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

KEY FOR WHITBREAD PUBS ALLERGY INFORMATION GUIDE

Yes The allergen is present

Yes Suitable for ovo-lacto vegetarians/ vegans

No Not suitable for ovo-lacto vegetarians/ vegans

COOKHOUSE+PUB



The guidelines for daily energy and other nutrient intake, the Reference Intake (RI), for adults are given below.								
Reference Intake (RI)	Energy	Energy	Total Fat	Saturates	Carbohydrate	Sugars	Protein	Salt
	kJ	kcal	g	g	g	g	g	g
	8400	2000	70.0	20.0	260.0	90.0	50.0	6.0
The figures below give the nutrition values for each complete dish as listed on the menu. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person. Figures are typical and may vary due to seasonal factors and chef practices								
Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
PUB BRANDS NGCI MENU AUTUMN WINTER 2023								
NGCI STARTERS								
CHEESE TOPPED POTATO DIPPERS	1902	454	25.3	9.2	38.0	2.6	18.5	1.4
CLASSIC PRAWN COCKTAIL	1550	370	21.8	6.4	24.6	10.0	16.8	1.9
TOMATO SOUP	1212	289	13.7	4.0	33.5	14.1	4.9	1.5
LOADED NACHOS	2359	564	31.2	5.0	58.7	5.1	9.3	1.7
LOADED NACHOS VEGAN	2598	621	35.3	19.2	67.6	2.4	5.4	2.4
NGCI MAINS								
SKIN-ON CHIPS	1220	291	12.4	1.0	43.4	0.6	3.8	0.6
NGCI BURGER BUN	698	167	3.6	0.4	25.9	3.2	4.2	0.7
BIG STACK BURGER WITH CHIPS AND BUN	5277	1260	76.6	25.2	82.3	13.7	57.9	3.6
BIG STACK BURGER WITH CHIPS NO BUN	4579	1094	73.0	24.8	56.4	10.5	53.8	3.0
CLASSIC CHEESE & BACON BURGER WITH CHIPS AND BUN	4158	993	55.7	15.1	80.2	12.2	40.1	3.4
CLASSIC CHEESE & BACON BURGER WITH CHIPS NO BUN	3459	826	52.1	14.7	54.3	9.0	35.9	2.7
ADD 1/4LB BURGER PATTY	894	214	15.3	6.9	0.1	0.1	19.0	0.2
ADD STREAKY BACON X2	263	63	4.0	1.3	0.2	0.1	6.5	0.9
ADD CHEESE SLICE	348	83	7.0	4.3	0.0	0.0	5.1	0.4
CHICKEN FAJITA BURGER WITH TORTILLA CHIPS AND BUN	3730	891	41.6	10.3	69.5	13.9	51.2	3.3
CHICKEN FAJITA BURGER WITH TORTILLA CHIPS NO BUN	3032	724	38.0	9.9	43.5	10.7	47.0	2.6
CHICKEN FAJITA BURGER WITH CHIPS AND BUN	4150	991	45.6	10.1	87.7	13.9	52.5	3.6
CHICKEN FAJITA BURGER WITH CHIPS NO BUN	3451	824	42.0	9.7	61.8	10.7	48.3	2.9
ADD STREAKY BACON X2	263	63	4.0	1.3	0.2	0.1	6.5	0.9
8OZ* RUMP WITH CHIPS	2793	667	26.0	7.3	54.8	5.8	57.7	0.8

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
8OZ* RUMP WITH SALAD	1747	417	15.3	6.4	16.1	8.8	55.2	0.4
8OZ* SIRLOIN WITH CHIPS	2793	667	25.7	6.8	54.8	6.2	57.9	0.8
8OZ* SIRLOIN WITH SALAD	1747	417	14.9	6.0	16.0	9.2	55.4	0.4
SMOTHERED CHICKEN WITH CHIPS	3102	741	32.6	8.1	60.7	13.9	51.9	3.8
UPGRADE TO DOUBLE SMOTHERED CHICKEN ADD	1222	292	9.8	5.3	10.3	7.9	40.4	1.9
CHICKEN TIKKA CURRY	2235	534	20.4	5.1	54.6	7.6	29.8	2.3
7OZ* GAMMON STEAK WITH CHIPS	2474	591	20.7	4.3	51.5	5.7	50.0	3.4
ADD 2 FRIED EGGS	904	216	17.0	3.6	0.1	0.1	15.9	0.0
ADD 2 PINEAPPLE RINGS	182	44	0.0	0.0	10.5	10.5	0.3	0.0
ADD ONE FRIED EGG & ONE PINEAPPLE RING	543	130	8.5	1.8	5.3	5.3	8.1	0.0
CHICKEN & RIBS COMBO	3782	903	40.5	9.1	68.2	19.7	66.8	3.6
UPGRADE TO A FULL RACK OF RIBS ADD	1434	342	18.9	6.9	15.3	11.5	28.1	1.4
CREATE YOUR OWN COBB SALAD	539	129	6.9	1.5	10.6	7.7	3.6	0.2
ADD CHARGRILLED CHICKEN	649	155	2.5	0.6	0.1	0.5	32.7	1.1
ADD BACON X2	263	63	4.0	1.3	0.2	0.1	6.5	0.9
ADD MATURE CHEDDAR	858	205	17.2	10.9	0.1	0.1	12.5	0.9
ADD 4OZ* RUMP STEAK	667	159	6.6	3.1	1.8	0.2	25.2	0.1
FRENCH DRESSING	274	66	5.4	0.5	4.1	3.2	0.1	0.4
HONEY & MUSTARD	251	60	3.4	0.4	6.8	5.9	0.5	0.2
THOUSAND ISLAND DRESSING	409	98	8.0	0.6	6.1	5.6	0.3	0.4
THAI GREEN CURRY	2640	631	28.7	20.3	77.0	10.9	13.9	1.8
ADD A GRILLED CHICKEN BREAST	649	155	2.5	0.6	0.1	0.5	32.7	1.1
NGCI SIDES								
MIXED SIDE SALAD	174	42	1.6	0.2	4.6	3.6	1.4	0.2
SKIN-ON CHIPS	1220	291	12.4	1.0	43.4	0.6	3.8	0.6
COLESLAW	573	137	9.8	0.7	8.8	6.6	1.5	0.7
CHEESEBURGER TOPPED CHIPS	2085	498	28.3	5.4	48.5	3.9	14.5	1.2
FANCY SHARING? GO LARGE	4170	996	56.6	10.9	97.1	7.9	28.9	2.5
NGCI DESSERTS								
ICE CREAM SUNDAE WITH CADBURY DAIRY MILK CARAMEL NIBBLE	2090	499	20.6	13.1	70.7	64.8	7.6	0.4
FRUIT SALAD	444	106	0.2	0.0	22.8	22.8	1.4	0.0
CHEESECAKE	2795	668	21.2	10.6	105.9	83.5	12.3	0.7

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
NGCI KIDS MENU								
NGCI KIDS STARTERS								
TORTILLA CHIPS	688	164	6.4	0.9	21.4	2.9	4.1	0.3
VEGAN OPTION AVAILABLE, JUST ASK	629	150	6.4	0.9	20.0	1.5	2.1	0.2
VEGGIE STICKS	124	30	0.3	0.0	3.8	3.7	2.6	0.1
NGCI KIDS MAINS								
4OZ* RUMP STEAK WITH CHIPS	1277	305	12.8	3.6	23.5	0.5	27.1	0.4
CHICKEN BREAST WITH CHIPS	935	223	7.4	0.8	21.8	0.5	18.3	0.8
NGCI KIDS SIDES								
2 MINI CORN ON THE COBS	200	48	1.1	0.2	5.7	1.5	2.2	0.0
BAKED BEANS	174	41	0.1	0.0	6.7	2.7	2.5	0.3
PEAS	197	47	0.4	0.1	6.3	3.3	3.1	0.0
VEGGIE STICKS	65	16	0.2	0.0	2.4	2.3	0.6	0.0
NGCI KIDS DESSERTS								
STRAWBERRY SMASH SUNDAE	523	125	6.9	4.7	13.3	10.7	2.3	0.1
VANILLA DAIRY ICE CREAM	606	145	6.7	4.2	16.2	12.9	4.6	0.1
FRUIT SALAD	209	50	0.1	0.0	10.8	10.8	0.6	0.0
NGCI SUNDAY ROAST MENU								
HAND-CARVED ROAST BEEF	5729	1368	81.9	21.0	108.1	18.2	45.6	2.7
GO LARGE (ADD SLICE OF BEEF AND PIG IN BLANKET)	648	155	10.3	4.0	1.7	0.3	13.8	0.5
SUCCULENT TURKEY	5316	1270	67.1	14.2	108.3	18.4	53.3	3.2
GO LARGE (ADD SLICE OF TURKEY AND PIG IN BLANKET)	511	122	5.3	1.7	1.7	0.4	16.4	0.7
HAND-CARVED GAMMON	5450	1302	75.3	18.0	109.3	18.2	42.6	5.0
GO LARGE (ADD SLICE OF GAMMON AND PIG IN BLANKET)	555	133	8.1	3.0	2.1	0.3	12.8	1.3
TRIO OF ROAST	5498	1313	74.8	17.8	108.6	18.3	47.1	3.6
ADD SLICE OF BEEF AND PIG IN BLANKET	648	155	10.3	4.0	1.7	0.3	13.8	0.5
ADD SLICE OF TURKEY AND PIG IN BLANKET	511	122	5.3	1.7	1.7	0.4	16.4	0.7
ADD SLICE OF GAMMON AND PIG IN BLANKET	555	133	8.1	3.0	2.1	0.3	12.8	1.3
SWEET POTATO & RED ONION TART	5317	1270	77.3	12.3	121.0	29.9	16.6	2.3
KIDS SUNDAY ROAST								
KIDS ROAST BEEF	2415	577	33.6	7.4	37.9	8.4	26.8	0.6
KIDS ROAST TURKEY	2266	541	24.9	3.0	42.4	9.2	32.3	1.3

Product/ Dish Description	Nutrition Information Per Portion							
	kJ	kcal	Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)
KIDS ROAST GAMMON	2356	563	30.3	5.5	43.1	9.1	25.2	2.5

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?		
PUB BRANDS NON-GLUTEN CONTAINING INGREDIENTS MENU AUTUMN WINTER 2023																												
STARTERS																												
CHEESE TOPPED POTATO DIPPERS						Yes																			No	No		
Potato Dippers (52706)																										Yes	Yes	
Soured Cream Reduced Fat (51047)						Yes																				No	Yes	
Mozzarella/Mildcheddar Mix (54491)						Yes																				No	Yes	
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes	
Onions Spring Bunch (54250)																										Yes	Yes	
Streaky Bacon Smoked Dry Cured (10002410)																										No	No	
CLASSIC PRAWN COCKTAIL						Yes	Yes		Yes					Yes												No	No	
Gluten Free Bread Slice (54731)						Yes																				No	Yes	
Paprika Pepper (48048)																											Yes	Yes
Seafood Sauce (54050)						Yes								Yes												No	Yes	
Salted Block Butter (10001077)							Yes																			No	Yes	
Warm Water Prawn 91-110 (10002189)									Yes																	No	No	
Cucumber Cat II (10003878)																										Yes	Yes	
Lemons (54602, 54722)																										No	Yes	
Lettuce Cos (54222)																										Yes	Yes	
Tomato M (54216)																										Yes	Yes	
TOMATO SOUP						Yes																				No	Yes	
Gluten Free Bread Slice (54731)						Yes																				No	Yes	
Tomato Soup																										Yes	Yes	
Fresh Herbs Parsley (54241)																										Yes	Yes	
LOADED NACHOS					Yes		Yes					Yes														No	No	
Nacho Cheese Sauce (10001897)							Yes																			No	Yes	
Fresh Herbs Coriander (54239)																										Yes	Yes	
Tortilla Chips (10003312)																										Yes	Yes	
Chillies Red (54235)																										Yes	Yes	
Onions Spring Bunch (54250)																										Yes	Yes	
Fresh Herbs Coriander (54239)																										Yes	Yes	
Tomato M (54216)																										Yes	Yes	
Limes (54604, 54603)																										No	Yes	
Onions Red (10002596)																										Yes	Yes	
ADD CHIPOTLE BEEF CHILLI					Yes		Yes					Yes														No	No	
Chunky Chipotle Chilli (10002695)					Yes		Yes					Yes														No	No	
VEGAN LOADED NACHOS																										Yes	Yes	
Fresh Herbs Coriander (54239)																										Yes	Yes	
Tortilla Chips (10003312)																										Yes	Yes	
Vegan Sliced Cheese																										Yes	Yes	
Chillies Red (54235)																										Yes	Yes	
Onions Spring Bunch (54250)																										Yes	Yes	
Tomato M (54216)																										Yes	Yes	

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
MAINS																											
BIG STACK BURGER WITH CHIPS, WITHOUT BUN						Yes	Yes						Yes													No	No
4oz Steak Burger (53533)																										No	No
Table Salt (54744)																										Yes	Yes
Vegan Burger Sauce (10002205)												Yes														Yes	Yes
Cheese Slices (51545)							Yes																			No	Yes
Chips Skin-On (54547)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Coleslaw Mix (10004058)																										Yes	Yes
Mayonnaise Light (54568)						Yes						Yes														No	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Pickled Cucumber Spears (10004312)												Yes														Yes	Yes
ADD NGCI BURGER BUN						Yes																				No	Yes
NGCI Burger Bun (10004004)						Yes																				No	Yes
MAINS																											
CLASSIC CHEESE & BACON BURGER WITH CHIPS, WITHOUT BUN						Yes	Yes						Yes													No	No
4oz Steak Burger (53533)																										No	No
Streaky Bacon Smoked Dry Cured (10002410)																										No	No
Table Salt (54744)																										Yes	Yes
Vegan Burger Sauce (10002205)												Yes														Yes	Yes
Cheese Slices (51545)							Yes																			No	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
Chips Skin-On (54547)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Coleslaw Mix (10004058)																										Yes	Yes
Mayonnaise Light (54568)						Yes						Yes														No	Yes
ADD NGCI BURGER BUN						Yes																				No	Yes
NGCI Burger Bun (10004004)						Yes																				No	Yes
MAINS																											
CHICKEN FAJITA BURGER WITH TORTILLA CHIPS, WITHOUT BUN					Yes		Yes					Yes	Yes													No	No
Chunky Chipotle Chili (10002695)					Yes		Yes					Yes														No	No
Avocado Halves (10000498)																										Yes	Yes
Chicken Breast Fillets (10004052)																										No	No
Soured Cream Reduced Fat (51047)							Yes																			No	Yes
Vegan Burger Sauce (10002205)												Yes														Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Fresh Herbs Coriander (54239)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
Limes (54604, 54603)																										No	Yes
Onions Red (10002596)																										Yes	Yes
Tortilla Chips (10003312)																										Yes	Yes
ADD NGCI BURGER BUN						Yes																				No	Yes
NGCI Burger Bun (10004004)						Yes																				No	Yes
ADD A PORTION OF SKIN-ON CHIPS																										Yes	Yes
Chips Skin-On (54547)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredients Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
BURGER UPGRADES																										
ADD 1/4LB STEAK BURGER																									No	No
4oz Steak Burger (53533)																									No	No
Table Salt (54744)																									Yes	Yes
ADD STREAKY BACON X2																									No	No
Streaky Bacon Smoked Dry Cured (10002410)																									No	No
ADD CHEESE SLICE							Yes																		No	Yes
Cheese Slices (51545)							Yes																		No	Yes
8OZ* RUMP STEAK & PEAS																										
Peas Grade A (53692)																									No	No
Table Salt (54744)																									Yes	Yes
8oz Fresh Rump (10001643)																									No	No
Tomato M (54216)																									Yes	Yes
ADD SKIN-ON CHIPS																										
Chips Skin-On (54547)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD MIXED SALAD																										
Cucumber Cat II (10003878)												Yes				Yes									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
French Dressing (53514)												Yes				Yes									Yes	Yes
Sweetcorn (10004024)																									Yes	Yes
8OZ* SIRLOIN STEAK & PEAS																										
Peas Grade A (53692)																									No	No
Table Salt (54744)																									Yes	Yes
8oz Fresh Sirloin (10001659)																									No	No
Tomato M (54216)																									Yes	Yes
ADD SKIN-ON CHIPS																										
Chips Skin-On (54547)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
ADD MIXED SALAD																										
Cucumber Cat II (10003878)												Yes				Yes									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Pepper Red (54226, 10000329)																									Yes	Yes
Cherry Tomatoes (10000328)																									Yes	Yes
French Dressing (53514)												Yes				Yes									Yes	Yes
Sweetcorn (10004024)																									Yes	Yes
SMOTHERED CHICKEN																										
BbQ Sauce (10003666)						Yes	Yes						Yes			Yes									No	No
Streaky Bacon Smoked Dry Cured (10002410)																									No	Yes
Mozzarella/Mildcheddar Mix (54491)							Yes																		No	Yes
Raw Chicken Fillet (10004054)																									No	No
Chips Skin-On (54547)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Coleslaw Mix (10004058)																									Yes	Yes
Mayonnaise Light (54568)						Yes						Yes													No	Yes
French Dressing (53514)												Yes				Yes									Yes	Yes
Lettuce Cos (54222)																									Yes	Yes
Tomato M (54216)																									Yes	Yes
UPGRADE TO DOUBLE-SMOTHERED CHICKEN ADD																										
BbQ Sauce (10003666)						Yes	Yes						Yes			Yes									No	No
Mozzarella/Mildcheddar Mix (54491)							Yes																		Yes	Yes
Raw Chicken Fillet (10004054)																									No	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredients Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
CHICKEN TIKKA CURRY						Yes																			No	No	
Fresh Herbs Coriander (54239)																										Yes	Yes
Long Grain Rice (10002397)																										Yes	Yes
Chicken Makhani Curry Hybrid						Yes																				No	No
ZOZ* GAMMON STEAK WITH CHIPS & PEAS																										No	No
Zoz Boomerang Gammon Steak (10001732, 10001733)																										No	No
Peas Grade A (53692)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
Chips Skin-On (54547)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
ADD PINEAPPLE RINGS																										Yes	Yes
Sliced Pineapple In Juice (10003876)																										Yes	Yes
ADD EGGS						Yes																				No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Cage Free Med Barn Eggs (10001067)						Yes																				No	Yes
ADD ONE OF EACH						Yes																				No	Yes
Sliced Pineapple In Juice (10003876)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Cage Free Med Barn Eggs (10001067)						Yes																				No	Yes
CHICKEN & RIBS COMBO						Yes						Yes				Yes										No	No
BBQ Sauce (10003666)																										Yes	Yes
Raw Chicken Fillet (10004054)																										No	No
Pork Rib New																										No	No
Chips Skin-On (54547)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Coleslaw Mix (10004058)																										Yes	Yes
Mayonnaise Light (54568)						Yes						Yes														No	Yes
French Dressing (53514)												Yes				Yes										Yes	Yes
Sweetcorn (10004024)																										Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Pepper Red (54226, 10000329)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
UPGRADE TO A FULL RACK OF RIBS																										No	No
BBQ Sauce (10003666)																										Yes	Yes
Pork Rib New																										No	No

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
BUILD A BREWERS HOUSE SALAD / BUILD A HOUSE SALAD																									Yes	Yes	
Avocado Halves (10000498)																										Yes	Yes
Sweetcorn (10004024)																										Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
ADD YOUR CHOICE OF TOPPING																											
ADD CHARGILLED CHICKEN																										No	No
Table Salt (54744)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Raw Chicken Fillet (10004054)																										No	No
ADD STREAKY BACON X2																										No	No
Streaky Bacon Smoked Dry Cured (10002410)																										No	No
ADD MATURE CHEDDAR CHEESE							Yes																			No	Yes
Cheddar (54446)							Yes																			No	Yes
ADD VIOLIFE SLICE																										Yes	Yes
Vegan Sliced Cheese																										Yes	Yes
ADD 4OZ RUMP STEAK																										No	No
Table Salt (54744)																										Yes	Yes
8oz Fresh Rump (10001643)																										No	No
ADD YOUR CHOICE OF DRESSING																											
ADD FRENCH DRESSING												Yes				Yes										Yes	Yes
French Dressing (53514)												Yes				Yes										Yes	Yes
ADD HONEY & MUSTARD								Yes				Yes														No	Yes
Honey & Mustard Dressing (10000049)								Yes				Yes														No	Yes
ADD MARIE-ROSE DRESSING							Yes					Yes														No	Yes
Seafood Sauce (54050)						Yes						Yes														No	Yes
SIDES																											
MIXED SIDE SALAD												Yes				Yes										Yes	Yes
French Dressing (53514)												Yes				Yes										Yes	Yes
Sweetcorn (10004024)																										Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Pepper Red (54226, 10000329)																										Yes	Yes
Cherry Tomatoes (10000328)																										Yes	Yes
SKIN-ON CHIPS																										Yes	Yes
Chips Skin-On (54547)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
COLESLAW							Yes					Yes														No	Yes
Coleslaw Mix (10004058)							Yes					Yes														Yes	Yes
Mayonnaise Light (54568)							Yes					Yes														No	Yes
CHEESEBURGER TOPPED CHIPS SINGLE & SHARER							Yes					Yes														No	No
4oz Steak Burger (53533)							Yes					Yes														No	No
Nacho Cheese Sauce (10001897)							Yes																			No	Yes
Vegan Burger Sauce (10002205)												Yes														Yes	Yes
Chips Skin-On (54547)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
Lettuce Cos (54222)																										Yes	Yes
Onions Red (10002596)																										Yes	Yes
Pickled Cucumber Spears (10004312)												Yes														Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
DESSERTS																											
ICE CREAM SUNDAE WITH CADBURY DAIRY MILK CARAMEL NIBBLES					Yes		Yes																		No	Yes	
Chocstix (54617)					Yes		Yes																			No	Yes
Dairy Aerosal Cream (52672)																										No	Yes
Vanilla Dairy Ice Cream (10003957)								Yes																		No	Yes
Cadbury Caramel Pieces (10001378)								Yes																		No	Yes
Chocolate Sauce NEW (10003676)					Yes																					Yes	Yes
Caramel Sauce NEW (10003675)							Yes																			No	Yes
FRUIT SALAD																										Yes	Yes
Del Monte Fresh Fruit (52205)																										Yes	Yes
Strawberries (54259)																										Yes	Yes
BANOFFEE CHEESECAKE					Yes	Yes	Yes																			No	Yes
Baked Cheesecake (10003082)							Yes																			No	Yes
Chocstix (54617)					Yes		Yes																			No	Yes
Vanilla Dairy Ice Cream (10003957)								Yes																		No	Yes
Caramel Sauce NEW (10003675)								Yes																		No	Yes
Bananas (10002199)																										Yes	Yes
KIDS NGCI MENU																											
KIDS NGCI STARTERS																											
TORTILLA CHIPS							Yes																			No	Yes
Tortilla Chips (10003312)							Yes																			Yes	Yes
Tomato M (54216)																										Yes	Yes
Fresh Herbs Mint (54242)																										Yes	Yes
Greek Yoghurt (53510)							Yes																			No	Yes
Cucumber Cat II (10003878)																										Yes	Yes
VEGAN TORTILLA CHIPS																										Yes	Yes
Tortilla Chips (10003312)																										Yes	Yes
Tomato M (54216)																										Yes	Yes
VEGGIE STICKS WITH DIP							Yes																			No	Yes
Carrots Medium (54609)																										Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Pepper Red (54226, 10000329)																										Yes	Yes
Fresh Herbs Mint (54242)																										Yes	Yes
Greek Yoghurt (53510)							Yes																			No	Yes
Cucumber Cat II (10003878)																										Yes	Yes
VEGAN VEGGIE STICKS																										Yes	Yes
Carrots Medium (54609)																										Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Pepper Red (54226, 10000329)																										Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?	
KIDS NGCI MAINS																											
4OZ* RUMP STEAK ONLY																									No	No	
8oz Fresh Rump (10001643)																										No	No
ADD SKIN-ON CHIPS																										Yes	Yes
Chips Skin-On (54547)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
ADD MINI JACKET POTATO																										Yes	Yes
Potato Mid (54227, 54255)																										Yes	Yes
CHICKEN BREAST ONLY																											
Chicken Breast Fillets (10004052)																										No	No
ADD SKIN-ON CHIPS																										Yes	Yes
Chips Skin-On (54547)																										Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																										Yes	Yes
ADD MINI JACKET POTATO																										Yes	Yes
Potato Mid (54227, 54255)																										Yes	Yes
PICK 2 SIDES																											
2 MINI CORN ON THE COBS																										Yes	Yes
Corn On Cob Bites (10002478)																										Yes	Yes
BAKED BEANS																										Yes	Yes
Baked Beans In Tomato Sauce (10001944)																										Yes	Yes
PEAS																										Yes	Yes
Peas Grade A (53692)																										Yes	Yes
VEGGIE STICKS																										Yes	Yes
Carrots Medium (54609)																										Yes	Yes
Cucumber Cat II (10003878)																										Yes	Yes
Pepper Red (54226, 10000329)																										Yes	Yes
KIDS NGCI DESSERTS																											
STRAWBERRY SMASH SUNDAE						Yes	Yes																			No	Yes
Dairy Aerosol Cream (52672)						Yes	Yes																			No	Yes
Frozen Strawberry Yogurt (10002481)						Yes	Yes																			No	Yes
Meringue Nests (54613)						Yes																				No	Yes
Strawberries (54259)																										Yes	Yes
VANILLA DAIRY ICE CREAM						Yes	Yes																			No	Yes
Chocstix (54617)						Yes	Yes																			No	Yes
Reduced Sugar Ice Cream Kids (10002011)						Yes	Yes																			No	Yes
FRUIT SALAD																										Yes	Yes
Del Monte Fresh Fruit (52205)																										Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
NGCI SUNDAY ROAST MENU																										
HAND-CARVED ROAST BEEF						Yes						Yes			Yes										No	No
Cracked Black Peppercorns (10004196)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Root Veg Mash (54584)						Yes																			No	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
Beef Topside Joint Frozen NI																									No	No
Stuffing Balls																									Yes	Yes
Honey Glazed Parsnips (10003226)																									No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Carrots Medium (54609)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Gravy (10002919)											Yes														No	No
Salted Block Butter (10001077)						Yes																			No	Yes
VINA ARROBA TEMPRANILLO RED (10003308)																Yes									No	No
GO LARGE, ADD A SLICE OF BEEF AND PIG IN BLANKET						Yes									Yes										No	No
Pig In Blanket (10001498)																									No	No
Salted Block Butter (10001077)						Yes										Yes									No	Yes
Beef Topside Joint Frozen NI																									No	No
SUCCULENT ROAST TURKEY						Yes						Yes			Yes										No	No
Cooked Sliced Turkey Breast (54112)																									No	No
Cracked Black Peppercorns (10004196)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Root Veg Mash (54584)						Yes																			No	Yes
Salted Block Butter (10001077)						Yes																			No	Yes
Stuffing Balls																									Yes	Yes
Honey Glazed Parsnips (10003226)																									No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Carrots Medium (54609)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Gravy (10002919)											Yes														No	No
Salted Block Butter (10001077)						Yes																			No	Yes
VINA ARROBA TEMPRANILLO RED (10003308)																Yes									No	No
GO LARGE, ADD A SLICE OF TURKEY AND PIG IN BLANKET						Yes									Yes										No	No
Cooked Sliced Turkey Breast (54112)																									No	No
Pig In Blanket (10001498)																Yes									No	No
Salted Block Butter (10001077)						Yes																			No	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - Pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - Pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
HAND-CARVED ROAST GAMMON							Yes					Yes				Yes									No	No
Cracked Black Peppercorns (10004196)																									Yes	Yes
Gammon Joint (10002566)																									No	No
Peas Grade A (53692)																									Yes	Yes
Root Veg Mash (54584)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Stuffing Balls																									Yes	Yes
Honey Glazed Parsnips (10003226)																									No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Carrots Medium (54609)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Gravy (10002919)												Yes													No	No
Salted Block Butter (10001077)							Yes																		No	Yes
VINA ARROBA TEMPRANILLO RED (10003308)																Yes									No	No
GO LARGE, ADD A SLICE OF GAMMON AND PIG IN BLANKET																Yes									No	No
Pig In Blanket (10001498)																Yes									No	No
Gammon Joint (10002566)																Yes									No	No
TRIO OF ROAST							Yes					Yes				Yes									No	No
Cooked Sliced Turkey Breast (54112)																									No	No
Cracked Black Peppercorns (10004196)																									Yes	Yes
Gammon Joint (10002566)																									No	No
Peas Grade A (53692)																									Yes	Yes
Root Veg Mash (54584)							Yes																		No	Yes
Salted Block Butter (10001077)							Yes																		No	Yes
Beef Topside Joint Frozen NI																									No	No
Stuffing Balls																									Yes	Yes
Honey Glazed Parsnips (10003226)																									No	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Carrots Medium (54609)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Gravy (10002919)												Yes													No	No
Salted Block Butter (10001077)							Yes																		No	Yes
VINA ARROBA TEMPRANILLO RED (10003308)																Yes									No	No
GO LARGE, ADD A SLICE OF BEEF AND PIG IN BLANKET							Yes									Yes									No	No
Pig In Blanket (10001498)																Yes									No	No
Beef Topside Joint Frozen NI																									No	No
Salted Block Butter (10001077)							Yes																		No	Yes
GO LARGE, ADD A SLICE OF TURKEY AND PIG IN BLANKET							Yes									Yes									No	No
Cooked Sliced Turkey Breast (54112)																									No	No
Pig In Blanket (10001498)																Yes									No	No
Salted Block Butter (10001077)							Yes																		No	Yes
GO LARGE, ADD A SLICE OF GAMMON AND PIG IN BLANKET																Yes									No	No
Pig In Blanket (10001498)																Yes									No	No
Gammon Joint (10002566)																Yes									No	No
SWEET POTATO & RED ONION TART																									Yes	Yes
Vegan Gravy (10001769)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Vegan Tart (10002818)																									Yes	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Carrots Medium (54609)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes

Dish/ Ingredient Name	Ingredient Contains Cereals containing gluten - wheat	Ingredient Contains Cereals containing gluten - rye	Ingredient Contains Cereals containing gluten - barley	Ingredient Contains Cereals containing gluten - oats	Ingredient Contains Soya Or Products thereof	Ingredient Contains Egg Or Products thereof	Ingredient Contains Milk Or Products thereof	Ingredient Contains Fish Or Products thereof	Ingredient Contains Crustaceans Or Products thereof	Ingredient Contains Molluscs Or Products thereof	Ingredient Contains Sesame Or Products thereof	Ingredient Contains Celery Or Products thereof	Ingredient Contains Mustard Or Products thereof	Ingredient Contains Peanut Or Products thereof	Ingredient Contains Lupin Or Products thereof	Ingredient Contains Sulphites	Ingredient Contains Tree Nuts - Almond?	Ingredient Contains Tree Nuts - Hazelnut?	Ingredient Contains Tree Nuts - Walnut?	Ingredient Contains Tree Nuts - Cashew?	Ingredient Contains Tree Nuts - pecan?	Ingredient Contains Tree Nuts - Brazil?	Ingredient Contains Tree Nuts - pistachio?	Ingredient Contains Tree Nuts - Macadamia?	Is the product suitable for Vegans?	Is the Product suitable for Vegetarians?
KIDS NGCI SUNDAY ROAST																										
KIDS ROAST BEEF						Yes																			No	No
Vegan Gravy (10001769)																									Yes	Yes
Peas Grade A (53692)																									Yes	Yes
Root Veg Mash (54584)						Yes																			No	Yes
Beef Topside Joint Frozen NI																									No	No
Potatoes Roast Cut (10003725)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Carrots Medium (54609)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
KIDS ROAST TURKEY						Yes																			No	No
Vegan Gravy (10001769)																									Yes	Yes
Cooked Sliced Turkey Breast (54112)																									No	No
Peas Grade A (53692)																									Yes	Yes
Root Veg Mash (54584)						Yes																			No	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Carrots Medium (54609)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
KIDS ROAST GAMMON						Yes																			No	No
Vegan Gravy (10001769)																									Yes	Yes
Gammon Joint (10002566)																									No	No
Peas Grade A (53692)																									Yes	Yes
Root Veg Mash (54584)						Yes																			No	Yes
Potatoes Roast Cut (10003725)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes
Carrots Medium (54609)																									Yes	Yes
Rapeseed Oil 100 Abv 2X10L (10002276)																									Yes	Yes